

Oceanids News

UC SAN DIEGO OCEANIDS BI-MONTHLY NEWSLETTER

VOL. LXIII No. 1

October/November 2025

UC San Diego



OCEANIDS FALL MEMBERSHIP BRUNCH

SAVE THE DATE: Saturday, November 1, 2025

TIME: 11:00 AM - 1:30 PM

Members will receive formal invitation via email

LOCATION: Audrey Geisel University House
9630 La Jolla Farms Road
LaJolla, California 92037

OCEANIDS CREW 2025-2026

BOARD OF DIRECTORS

Honorary Chair: Thespine Kavoulakis, Associate of the Chancellor

Co-Presidents: Mary Hanson.... 858-456-1304
Liz Winant858-231-1496

Immediate Past President: Jim Bunch

Co-1st Vice-Presidents: Barbara Bank 858-484-4597
Mary Woo.....858-481-6998

2nd Vice-President: Mary Cutchin ...858-729-3888
(Membership, directory updates)

Recording Secretary: Janet Ambrozek..858-272 2726

Treasurer: Jan Ouren.....858 273-1681

Financial Secretary: Liz Winant858-231-1496

Nominating Committee: Anne-France Saillet,
Marion Spors, Judy Vacquier, Janet Ambrozek, Joan Stevens (alt)

Parliamentarian: Barbara Bank858-484-4597

Interest Gr. Coordinator: Judy Vacquier
858-361-0418

Newcomers: Liz Fong Wills..... 858-454-6858

Historian; TBD

Refreshment Reminder: Mary Hanson 858-456-1304

Sunshine Committee: Diana Vines.....858 459 8248

SDIS: Dorothy Parker.....858 453-6351

OCEANIDS NEWS is the newsletter of Oceanids, a UCSD campus organization. Published bi-monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited and greatly appreciated. Address all submissions to: UC San Diego Oceanids
c/o ISEO - Student Center B
9500 Gilman Drive #0018
La Jolla, CA 92093-0018

PLEASE NOTE The Post Office does not forward OCEANIDS NEWS. Please notify membership chairs of any change of address. Membership and/or subscriptions are \$35 per year

E-MAIL: oceanids@ucsd.edu and also email: enrightroswitha@gmail.com and mwoonew@gmail.com

OCEANIDS ONLINE: <http://ccom.ucsd.edu/~oceanids/>

BOARD MEETINGS: first Thursday every month. Oceanids are invited to attend/observe.

Call president for location. Coffee and refreshments: 9:30 am, meeting starts at 10 am

“

Did you ever wonder what is happening at the monthly board meeting? Our co-presidents Mary Hanson and Liz Winant are having a great time in Europe right now. Judy Vacquier is helping out with the first meeting of the year on Thursday, October 2. Here is the agenda of reports:

**AGENDA Oceanids Board Meeting 10/2/2025
 at Roswitha Enright's home**

Approval of minutes from the September 4 th meeting	Janet Ambrozek
Presidents' report	none
Co-VP's for Events	Barbara Bank and Mary Woo
VP Membership	Mary Cutchin
Treasurer's Report	none this month
Financial Secretary's report	none this month
Parliamentarian	Barbara Bank
Interest Group Co-ordinator	Judy Vacquier
Newsletter Editor	Roswitha Enright
Webmaster	Mary Woo
Newcomers	Liz Fong Wills
Corresponding Secretary	Chris Chase
Sunshine	Diana Vines
Undergraduate Service Awards	Kim Signoret-Paar
Retirement Association	Kim Signoret-Paar
Emertius Association Liason	Nancy Groves

The Fall Quarter at UCSD starts as I am writing this. However, the foreign student office at UCSD still doesn't know how many international students we will have this year. The Oceanids Newcomers Committee is going ahead and planning as if the international students will be able to get their interviews and visas soon. We have some exciting events planned.



The first event is coming up soon. On Sunday November 2, Chris Chase and Liz Fong Wills will take international students and scholars to Barrio Logan to see the pillars of Chicano Park painted in the style of Diego Rivera, along with some ofrendas (home alters) for Day of the Dead. The idea is to show the new international students and scholars some aspects of California's diverse communities that they might not be aware of. We will see people celebrating the Mexican holiday to honor and remember deceased loved ones by welcoming their spirits back to visit the living. We will see some ofrendas decorated with photos, favorite foods and drinks, along with possessions of the

deceased. Day of the Dead (Dia de los Muertos) is a cultural celebration that blends Indigenous pre-Columbian traditions and Spanish Catholic customs. Liz knows of a good (and inexpensive) Mexican lunch place. We will finish by jumping back on to the Trolley and going to Old Town to see the festival's commercial celebration with dancers and lots of mariachi music. There will be shops where students can buy tchotchkes to send home. Note: Many of the 58 participants on the first year we did this outing were from Spain or Central South America, and they had never heard of Dia de los Muertos and wanted to see what this Mexican holiday was all about! All of us learned something in the 7 hour excursion into another world!

Liz Wills

UC San Diego Oceanids' Meet and Greet

September 2025

This month, Oceanids begins a new, newsletter column to introduce you to one or more of its 225 members. Our featured member in this issue is the professional singer, songwriter and musician Iris Moné. Iris joined Oceanids some two years ago and participates in Café Francaise, one of Oceanids' popular interest groups. French is her third language and she wanted to continue to speak French after moving to San Diego with her husband.

Born in northeastern Italy, Iris and her family moved to Switzerland where she began her schooling and was learning piano at age five. Fluent in Italian and German, she began to study French in primary school. She sang in the church choir, took up the flute and guitar, and started a girl's band in her teens. She first composed song lyrics in Italian, then later in English to match her growing interest in funk, Rhythm & Blues and soul music.



In 2009, Iris began her solo career, releasing videos and CDs. She was a finalist of The Voice, appeared on many albums, performed at the Belly Up (CA), the Bitter End (NYC), the Montreux Festival, at the EXPO Milano, and sang the National Anthem at San Diego's Petco Park. You can follow her on these social media links:

www.instagram.com/iris.mone

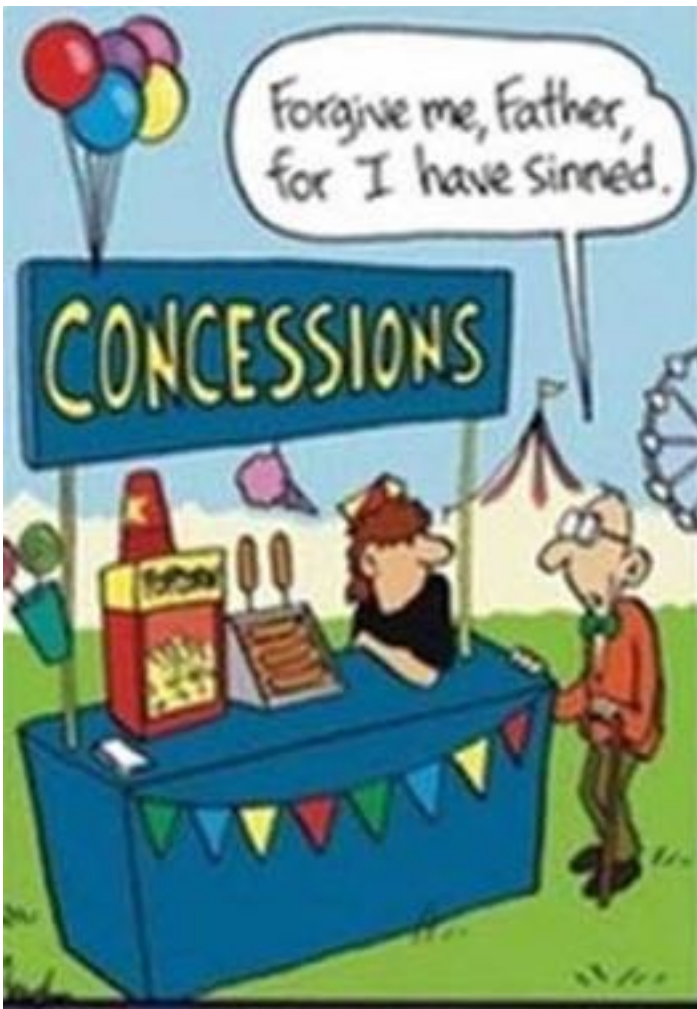
www.facebook.com/irismonemusic

www.youtube.com/IrisMone

But, on January 5th, 2026, you can also hear Iris Moné in person at the La Jolla Athenaeum's free Monday Noon Concert. Thank you, Iris, for the outstanding interview!

If you'd like to participate by suggesting a member to feature, or by letting members get to know you better in this column, please get in touch.

Best regards, Jan Ouren, jouren5353@gmail.com



I don't know if Facebook has ever caused the lame to walk but it has sure caused the dumb to speak.



OCEANIDS' INTEREST GROUPS

are the backbone of our Oceanids organization. They are here to meet the many varied needs of UCSD families, especially those new to the UCSD campus and the community. If you don't find an activity you would like to participate in, please contact Interest Group Coordinator Judy Vacquier (858) 361-0418 or jvacq@sbcglobal.net. If five or more Oceanids wish to start a new group, please let her know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us by contacting Mary Cutchin, 858-459-8074, marycutchin@yahoo.com or by submitting the application form in this issue. Since the newsletter is posted on the Oceanids website we will, for security reasons, not publish addresses (with occasional exceptions). Please call the contact for the necessary information.

If you meet in person the chair has to fill out the FAS Event Liability Form and mail it to Beate Menzel jrbmlmenzel@cox.net

BIRDING GROUP

*Contacts: Liz Winant (858) 231 1496,
lizwinant@gmail.com*

We meet on the 2nd Monday of the month during the academic year.

Avisets, the Oceanids birding group will resume meeting after a summer break, on October 9 at San Elijo Lagoon visitor center at 8:30 am. The meeting location for November is TBA.

Next outings: October 13, November 10.

BOOK GROUP

*Contact: janet goff
<janetrgoff@hotmail.com, Liz Winant
lizwinant@gmail.com*

We meet on the second Tuesday morning of every month at 9:30 AM for chatting and 10 AM for review. Everyone is welcome; we are happy to greet new members who like to read a variety of fiction and non-fiction

and who value good writing and a lively discussion. Please join us.

We would love to have you in our jolly little group. Our gatherings consist of 8 or 9 of us and there's always room for more. Please be one of them. We meet at the Cardiff Cove Clubhouse; please contact either of us for directions.

Date Leader "Title"/Author Snacks
OCT 14 Marcia "Solar Storms"/Linda Hogan
Kathy

NOV 13 Sue "The Salt Path"/Raynor Winn
Steve

Here's the December info for those who like to read ahead:

DEC 9 John "The Centaur"/John Updike
Janet

Next meetings: Oct 14 and Nov 11.

BOOGIE BOARDING BUDDIES

*Contact: Liz Fong Wills
ludditelizfong@gmail.com*

We meet every Saturday at 9:30 am and/or Sunday at 10:30 am all year round when the ocean water temperature at La Jolla Shores is 55 degrees F. or more. However, attendance is when you can make it. You must bring your own boogie board plus wetsuit if you feel the need for one.

Depending upon how many come, I may or may

We meet on the second Tuesday morning of every month at 9:30 AM not have space in the driveway. Call (232-7545) before Thursday to let me know if you want to join us so that I can confirm that there are no riptides or other unpleasant problems on the day we go.

CAFE ESPAÑOL *Contacts: Alicia
858 353-3878 353-3878; Vicky Lindblade
vlindblade@mac.com or (858)-452 1739*

This conversation group is designed for fluent Spanish speakers who wish to keep up their Spanish and learn new vocabulary.

We meet the second Thursday of the month in person from 2 p.m. to 3:30 p.m. One hour of conversation and one hour of reading aloud and group discussion. Call chair for more information.

Next meeting: Oct. 9 and Nov 13.

CAFÉ FRANÇAIS *Contacts: Anne-
France Saillot, af.saillot@gmail.com*

For who loves the French language and wants to practice listening and speaking French, our group welcomes you ! Our members come from all over the world. Every reunion, we discuss a topic and learn new vocabulary. We meet every 2nd Wednesday of the month at 10:00 to 12:00 from October to May.

Meeting: Oct 8 and Nov 12.

CELLPHONE PHOTOGRAPHY

*Contact: Kim Signoret-Paar,
kspaar@outlook.com*

The group meets on Zoom on the second Thursday of each month at 10 am to noon for discussion/ demonstration/ instruction and sharing of our cellphone photographs. Activities, such as field trips, will be communicated to the group's email list. For more information, please contact Kim.

Next meetings: Oct 9 and Nov 13

CINEMA SOIRÉE

Contact: Jim Bunch at jlbunch@ucsd.edu

The group meets (in normal times) at a designated home on the second Sunday of each month (all year long) at 7:00pm for socializing; movie discussion starts at 7:30pm sharp. Light refreshments will be served. You will be contacted by e-mail about which movie to see and where the discussion takes place.

Next meeting: Oct 12 and Nov 9.

DAY BRIDGE *Contact: Beate Menzel**jrblmenzel@cox.net or (619) 401-1557*

We meet the first and third Tuesdays of the month all year long at various members' homes. We start at 10am and usually end at or before 3pm. Everyone brings her/his own lunch. The hostess will provide drinks. Call for information.

Next meetings: Oct 7+21 and Nov 4+18.

GERMAN KAFFEEKLATSCH*Contact: Roswitha Enright 858 459-7375**(renright@ucsd.edu)*

This group is for beginners and experienced German speakers alike. Guaranteed no pressure. Just come on the 3rd Tuesday at 3pm and have a good time. Only German spoken. If you want to join, please ccontact Roswitha. TIME: 3 PM TO 4:30 PM.

Next meetings: Oct 21 and Nov 18.

HORTICULTURE, a new Interest Group for all who love plants and like to care for them.*Contact: Nancy Groves,
(858) 453-6486; nancygroves@me.com***MOVEABLE FEAST II***Contact: Mary Cutchin (858) 729 3888 or
marycutchin@yahoo.com*

This group meets every couple of months for drinks at a member's house. From there we carpool to the restaurant.

Next dinner call Mary.

PIANO AND CHAMBER SOIRÉE*Contact: Judy Vacquier (858) 361-0418 or
jvacq@sbcglobal.net*

The Piano Soiree will meet Sunday, October 26, host Michael Gorman; November 23 Host Carol Hertzberg. The attendees will be notified by email one week before. If interested, please contact Judy Vacquier.

Next meetings: Oct 26 and Nov 23.

TAPAS ON THURSDAY *Contact :**Barbara Bank bbank@ucsd.edu*

The strength of our group is the warmth we share. If you wish to join us, please contact Barbara Bank (bbank@ucsd.edu) to be added to our mailing list. We meet on the third Thursday of the month, at member's homes. Everyone brings a tapa to share. It may be sweet or savory. We frequently choose a theme for that month's tapas and have a delightful time while sharing food and friendship.

Next meeting is Oct 16 and Nov 20.

WEDNESDAY COFFEE **Contacts:****Georgina Sham, gbsham@gmail.com.**

Lynn Jahn, lynnjahn@gmail.com. Come join our social group of Oceanids, newcomers, learn strangewonderful American customs. Please contact Georgina or Lynn for more information.

WINE TASTING Contact Alicia Flores Meneses at

virginiacisne@yahoo.com or 858-353 3878

IN MEMORIAM

We are very sorry to report the passing of Oceanid **Carole Ziegler** on May 10. Carole was born in Chicago in 1946. She was President of Oceanids for three years and was a very active member for many years, including with People to People. She regularly led camping trips in the Anza Borrego Desert for Newcomers. She had a personal project to back-pack the Pacific Crest Trail, in order. On May 10, 2025 she was backpacking the PCT with a former student at mile 600 in the mountains of the Sequoia National Forest and suffered a fatal cardiac arrest. She earned a Masters degree in geochemistry in Washington D.C.. For the past 20 years Carole taught geology and geography at Southwestern College. She will be missed.



Oceanid **Lucie Walther** passed away in June, 2025. She will be remembered fondly by many Oceanids for her energy, enthusiasm and competence in so many of her activities she enjoyed. She was an active member of Cafe Francais and was a big help with membership mailings of renewal letters and directories. She was awarded the Maxine E. White Outstanding Service Award in 2011 for her efforts. In addition to having her own mailing and shipping business, she was an avid tennis player. Lucie was born in the small village of Courchapoix in Switzerland. She came to the US as an au pair and met her husband in English classes. Lucie and her husband both passed away in 2025 and are survived by their two daughters Jacqueline and Peggy and twin grandchildren.

OCTOBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			Wednesday Coffee			
5	6	7	8	9	10	11
		Day Bridge	Wednesday Coffee Cafe Francais	Cafe Espanol Cellphone Photography		
12	13	14	15	16	17	18
Cinema Soiree	Birding	Book Group	Wednesday Coffee	Tapas		
19	20	21	22	23	24	25
		Day Bridge German	Wednesday Coffee			
26	27		29	30	31	
Piano Soiree			Wednesday Coffee			

NOVEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
				Board Meeting		SPRING LUNCHEON
2	3	4	5	6	7	8
		Day Bridge	Wednesday Coffee			
9	10	11	12	13	14	15
Cinema Soiree	Birding	Book Group	Wednesday Coffee Cafe Francais	Cellphone Photography Cafe Espanol		
16	17	18	19	20	21	22
		Day Bridge German	Wednesday Coffee	Tapas		
23/30	24	25	26	27	28	29
Piano Soiree						

WELCOME NEWCOMERS!
UC San Diego Oceanids
c/o ISEO - Student Center B
9500 Gilman Drive #0018
La Jolla, CA 92093-0018

OCEANIDS IS AN OFFICIAL SUPPORT GROUP OF THE UNIVERSITY OF CALIFORNIA, SAN DIEGO, PROMOTING FRIENDSHIP AND SHARED INTERESTS, OPEN TO ALL WHO ARE INTERESTED IN THE SUCCESS AND WELFARE OF THE UNIVERSITY OF CALIFORNIA.