

Oceanids News



UC SAN DIEGO OCEANIDS BI-MONTHLY NEWSLETTER

VOL. LXII No. 3

February/March 2025

Celebrating our Interest Groups (more on pages 8-10)



BRIDGE

MOVEABLE FEAST



GERMAN KAFFEEKLATSCH



CELLPHONE PHOTOGRAPHY



CAFE ESPANOL



BIRDING



Boogie
Boarding

HORTICULTURE



OCEANIDS CREW 2024-2025

BOARD OF DIRECTORS

Honorary Chair: Thespine Kavoulakis, Associate of the Chancellor

President: Jim Bunch..... 858-453-5765

“Oceanid of the Year” / Maxine White Award

Immediate Past President:

Nigella Hillgarth.....858 228-0446

1st Vice-President: Marion Spors.....858 459-3097
(Fall Brunch, Spring Lunch)

2nd Vice-President: Mary Cutchin ...858-729-3888
(Membership, directory updates)

Recording Secretary: Mary Hanson 858-456-1304

Treasurer: Jan Ouren.....858 273-1681

Financial Secretary: Liz Winant858-231-1496

Nominating Committee: Sophie Haimsohn, Anne-France Saillot, Judy Vacquier, Roswitha Enright, Hulya Saygin (cont), Olivia Werner (alt)

Parliamentarian: Barbara Bank858-484-4597

Interest Gr. Coordinator: Judy Vacquier
858-361-0418

Newcomers: Liz Fong Wills..... 858-454-6858

Historian; TBD

Refreshment Reminder: Mary Hanson 858-456-1304

Sunshine Committee: Diana Vines.....858 459 8248

SDIS: Dorothy Parker.....858 453-6351

OCEANIDS NEWS is the newsletter of Oceanids, a UCSD campus organization. Published bi-monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited and greatly appreciated. Address all submissions to: UC San Diego Oceanids
c/o ISEO - Student Center B
9500 Gilman Drive #0018
La Jolla, CA 92093-0018

PLEASE NOTE The Post Office does not forward OCEANIDS NEWS. Please notify membership chairs of any change of address. Membership and/or subscriptions are \$35 per year

E-MAIL: oceanids@ucsd.edu and also email: enrightroswitha@gmail.com and mwoonew@gmail.com

OCEANIDS ONLINE: <http://ccom.ucsd.edu/~oceanids/>

BOARD MEETINGS: first Thursday every month

Call president for location. Coffee and refreshments: 9:30 am, meeting starts at 10 am

President's Message

Beware! Several members of the Oceanids Board have received emails, purportedly from me, saying for them to use Zelle, PayPal, Venmo, or gift cards to pay an Oceanids expense and then they would be reimbursed.

If you ever receive any such request from me or anyone else, delete it or call me or whomsoever to find out if it is genuine. However, I can't imagine that I or anyone on the Board would ever make any such request. My guess is that they got our names and emails from the Oceanids website. We don't want to delete that information from the website. Everyone must just be wary of these scam artists and hackers.

I hope everyone is having a Happy New Year. Jim Bunch

This was a Facebook post, and I thought it was a brilliant idea. Below is a list of documents that you should scan and store on a flash drive and the cloud. If you are evacuated gathering those documents is already done. One less worry in a stressful time. Submitted by Barbara Bank

Stored	Scanned	Cloud	Documents
			Birth Certificates
			Passports/Visas
			Home insurance documents
			Car insurance documents and registration
			Health insurance documents/Medical Cards/ Medical Records/glass prescriptions
			Employment records
			Tax returns
			Drivers licenses
			Social Security Card
			Back-up ID (student ID, military, DD214,VA, etc.)
			Credit Cards
			Medical history
			Power of attorney
			Wills
			Concealed carry license
			Important phone numbers
			Titles/Deeds/etc
			Marriage License
			At least one statement from all financial accounts with account #, phone number, address, etc.
			All military and VA records
			Thumb drive with video of house and all contents
			Video of everything in house, all rooms, all drawers open, all closet contents, basement, garage, attic, including art work
			Vet records for your pets, including rabies and other information; would be needed for boarding

Oceanids Gallery of Arts + Crafts

by Jan Ouren

Oceanids' virtual gallery today explores the decorative or folk art of tole. We present the tole collection of Barbara Bank, long time Oceanids and our Board's Parliamentarian.

Tole, which is a French word meaning tin, began in the 18th century in Germany. The art form quickly spread to other European countries, especially Holland, Norway and Sweden. German immigrants settling in Pennsylvania brought the culture and techniques of tole with them.

Tole encompasses the painting of everyday household items, on tin or wood for the most part, to enhance or decorate them. Originally, it involved oil paint and lacquer to protect the paint and retain the item's usefulness. Today, acrylics are widely used. Flowers, fruit, color and patterns are the usual subjects of tole, but holiday, family and humorous themes can also be a focus. Antique tole work, especially that on tin, is highly collectible and can be expensive. Tole painting in North America was revived in the 1960s, but later waned as evidenced by the closing of the Society of Decorative Painters and Museum of Decorative Arts. Two local chapters of the Society still exist.

Barbara has some 20 pieces of artists' tole in her collection and over 100 pieces of her own decorative work, primarily on furniture. Here she presents four pieces in her collection by renown American tole artists with whom she has taken classes over the last 30+ years. All works are painted on wood. First is a work on carved wood by Jo Sonja Jansen, considered the foremost decorative artist in America today.

Many of you may recognize tole work but did not know that we have an Oceanids member practicing the art of tole. Thank you, Barbara, for sharing your collection with us.

If you have your own art/craft or a collection of another artist's work that you'd like to exhibit in the Oceanids Gallery of Arts and Crafts, please contact Jan Ouren, listed in the Oceanids directory.

Carved Elf figure painted by Jo Sonja



Bentwood Box with Angel on top painted by Lilo Fruewirth, a talented needlework and tole artist, designer and author.



Bonita artist Bobbie Takashima has taught classes all over the world. Barbara writes that she has painted with her in person and online, and considers her to be a dear friend. Bobbie's work has her familiar motif of a witch.

Mary Jane Todd who is famous for her decorative work featuring fruit and Santas.



New Members

Jean-Pierre Amor - Spouse / Partner - Pamela; Email: pamor@san.rr.com; C: 858-342-0362

Jennifer Elbert-Rasmussen - Spouse / Partner - Lars; Email: thejenrasmussen@gmail.com; C: 760-505-9138

Cindy Tozer - Email: cindy.tozer@yahoo.com; C: 858-602-2098

Carol Spong; Email: carol@carolspong.com; Cell: 619-994-2205

Susan Horowitz; Email: suhorowitzmd@gmail.com; Cell: 619-261-6016

Ursula Pfeffer; Email: uptour6@gmail.com; Cell: 206-817 0309

Membership Updates:

Irene Allison -Mt. Pleasant NC 29464

Geeta Antony: new address

Karen Andrews - C: 858-539-5765

Janet Chrispeels - C: 858-337-6392

Roswitha Enright - C: 858-945-7358

Farideh Fakhrai - C: 858-337-1201; Email: faridehfhooshmand@gmail.com

Barbara Giammona - C: 619-884-7143;

Candace Kohl - Email: ckohlucsdedu@icloud.com

Barbara Scholz - C: 858-353-1350

Joan Stevens - Email: joanrstevens@gmail.com

Patricia Stuart - C: 651-332-4298

Laurette Verbinski - Email: lmverbinski@gmail.com

Kathleen Whitten - C: 858-822-8123

Jennie Chin Email: gottaro2016@gmail.com

Shirley Babior: new address

Barbara Bank - Email: barbarabank6@gmail.com

Barbara Fitzsimmons - Cell: 858-361-9038

Loraine Schacher - Email: lorainef@roadrunner.com

Monica Valentino - Email: monicavalentinosd@gmail.com

Wilma White - Email: wilmalizwhite@hotmail.com

Mary A. Cutchin, Vice-President - Membership C: 858-729-3888

OCEANIDS' INTEREST GROUPS

are the backbone of our Oceanids organization. They are here to meet the many varied needs of UCSD families, especially those new to the UCSD campus and the community. If you don't find an activity you would like to participate in, please contact Interest Group Coordinator Judy Vacquier (858) 361-0418 or jvacq@sbcglobal.net. If five or more Oceanids wish to start a new group, please let her know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us by contacting Mary Cutchin, 858-459-8074, marycutchin@yahoo.com or by submitting the application form in this issue. Since the newsletter is posted on the Oceanids website we will, for security reasons, not publish addresses (with occasional exceptions). Please call the contact for the necessary information.

If you meet in person the chair has to fill out the FAS Event Liability Form and mail it to Beate Menzel jrbmlmenzel@cox.net

BIRDING GROUP

Contacts: Liz Winant

(858) 231 1496, lizwinant@gmail.com

We meet on the 2nd Monday of the month during the academic year. Avisets, the Oceanids birding group will resume meeting after a summer break, on October 9 at San Elijo Lagoon visitor center at 8:30 8:30 am. The meeting location for November is TBA.

Next outings: February 10 and March 10.

BOOK GROUP *Contact: janet goff <janetrgoff@hotmail.com,*

Liz Winant lizwinant@gmail.com We meet on the second Tuesday morning of every month at 9:30 AM for chatting and 10 AM for review. Everyone is welcome; we are happy to greet new members who like to read a variety of fiction and non-fiction and who value good writing and a lively discussion. Please join us. We would love to have you in our jolly little group. Our gatherings consist of 9 or 10 of us and there's always room for more. Please be one of them.

Date	"Title" by Author / Host / Reviewer
FEB 11	"The Alienist" by Caleb Carr / CCC* / Joan Onffroy
MAR 11	"The Boys in the Boat" by Daniel James Brown / CCC* / Jim Bunch

* Cardiff Cove Clubhouse

BOOGIE BOARDING BUDDIES

Contact: Liz Fong Wills ludditelizfong@gmail.com

We meet every Saturday at 9:30 am and/or Sunday at 10:30 am all year round when the ocean water temperature at La Jolla Shores is 55 degrees F. or more. However, attendance is when you can make it. You must bring your own boogie board plus wetsuit if you feel the need for one. Depending upon how many come, I may or may We meet on the second Tuesday morning of every month at 9:30 AM not have spca in the driveway. Call (232-7545) before Thursday to let me know if you want to join us so that I can confirm that there are no riptides or other unpleasant problems on the day we go.

CAFE ESPAÑOL

Contacts: Alicia 858 353-3878

353-3878; Vicky Lindblade vlindblade@mac.com or (858)-452 1739
This conversation group is designed for fluent Spanish speakers who wish to keep up their Spanish and learn new vocabulary. We meet the second Thursday of the month at 2 p.m. in person and occasionally the 4th Thursday by zoom from 2 p.m. to 3:30 p.m. One hour of conversation and one hour of reading aloud and group discussion. Call chair for more information.

CAFÉ FRANÇAIS

Contacts: Anne-France Saillot,

af.saillot@gmail.com

We still meet every 2nd Wednesday of the month starting October, to the exception of this September as we say our goodbyes to one of our long time members who is moving out of state. We continue to talk about general societal topics which create lively debates !We take every opportunity to check on grammar rules and vocabulary. We meet from 12:00 to 3:00.

Meeting: February 12 and March 12..

CELLPHONE PHOTOGRAPHY *Contact: Kim*

Signoret-Paar, kspaar@outlook.com

The group meets on Zoom on the second Thursday of each month at 10 am to noon for discussion/demonstration/instruction and sharing of our cellphone photographs. Activities, such as field trips, will be communicated to the group's email list. For more information, please contact Kim.

Next meetings: February 13 and March 13.

CINEMA SOIRÉE

Contact: Jim Bunch at jbunch@ucsd.edu

The group meets (in normal times) at a designated home on the second Sunday of each month (all year long) at 7:00pm for socializing; movie discussion starts at 7:30pm sharp. Light refreshments will be served. You will be contacted by e-mail about which movie to see and where the discussion takes place.

Next meeting: February 9 and March 9.

DAY BRIDGE

Contact: Beate Menzel

jrbmenzel@cox.net or (619) 401-1557

We meet the first and third Tuesdays of the month all year long at various members' homes. We start at 10am and usually end at or before 3pm. Everyone brings her/his own lunch. The hostess will provide drinks. Call for information.

Next meetings: February 4+18 and March 4+18.

GERMAN KAFFEEKLATSCH

Contact: Roswitha Enright 858 459-7375 (renright@ucsd.edu)

This group is for beginners and experienced German speakers alike. Guaranteed no pressure. Just come on the 3rd Tuesday at 3pm and have a good time. Only German spoken. If you want to join, please contact Roswitha. TIME: 3 PM TO 4:30 PM.

Next meetings: February 18 no meeting in March..

HORTICULTURE, a new Interest Group for all who love plants and like to care for them.

Contact: Nancy Groves, (858) 453-6486; nancygroves@me.com

MOVEABLE FEAST II

Contact: Mary Cutchin

(858) 729 3888 or marycutchin@yahoo.com

This group meets every couple of months for drinks at a member's house. From there we carpool to the restaurant.

Next dinner call Mary. Contact Mary for information and reservations.

PIANO AND CHAMBER SOIRÉE

Contact: Judy

[Vacquier](mailto:jqvacq@sbcglobal.net) (858) 361-0418 or jqvacq@sbcglobal.net

The Piano Soiree will meet Sunday February 23 at 3:00 pm at the home of Susan Kirkpatrick. The March meeting will be held at the home of Vicky Yablonsky on March 23 at 3:00 pm. The attendees will be notified by email one week before. If interested, please contact Judy Vacquier.

Next meetings: February 23 and March 23.

TAPAS ON THURSDAY

Contact : Barbara Bank

bbank@ucsd.edu

The strength of our group is the warmth we share. If you wish to join us, please contact Barbara Bank (bbank@ucsd.edu) to be added to our mailing list. We meet on the third Thursday of the month, at member's homes. Everyone brings a tapa to share. It may be sweet or savory. We frequently choose a theme for that month's tapas and have a delightful time while sharing food and friendship.

Next meeting is February 20 and March 20.

WEDNESDAY COFFEE

Contacts: Georgina

Sham, gbsham@gmail.com. Lynn Jahn, lynnjahn@gmail.com.

Come join our social group of Oceanids, newcomers, learn strangewonderful American customs. Please contact Georgina or Lynn for more information.

WINE TASTING Contact Alicia Flores Meneses at virginiacisne@yahoo.com or 858-353 3878

MORE GREAT CHOICES FOR JOINING AN INTEREST GROUP

OCEANIDS BOOK GROUP

Everything you always wanted to know but were afraid to ask

We'd like to introduce you to our Oceanids Book Group, the oldest interest group within Oceanids.

We were formed in the 1950's and are still going strong 70 years later. Three of our authors have

been awarded The Nobel Prize *after* we read them: J.M. Coetzee, Orban Pamuk and Olga Tokarczuk.

As time passes, readers often find themselves in a "bubble" - the same genres/authors again and again. The variety that a book club brings is a new perspective, new writing and ideas, and of course, more books mean less screen time.

We are a friendly group and would love to have some new people join in on the fun.

Be one of them.

Janet Goff, Book Group co-chairperson along with Liz Winant





Piano soirée members perform at a recent performance in a member's home. The Piano Soirée has been meeting and making music for each other monthly since 2006

First Wine Tasting meeting in 2025 at Charles Perrin's home



Tapas on Thursday

We are a warm and welcoming group who enjoy each others' company, while sharing yummy treats. We meet on the third Thursday of the week, and bring a dish for that month's themes. Past themes have been: Food from the Fifties, Tea, Oktoberfest, A new dish you discovered over the Holidays, and Heart Healthy Foods



**The Café Francais Group
is going strong!**



**The cinema soiree movie group enjoys talking about a movie all
have seen in their own time either in the cinema or on netflix**

(This is just a small part of our large group)



FEBRUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
		Day Bridge	Wednesday Coffee	Board Mtg		
9	10	11	12	13	14	15
Cinema soiree	Birding	Book Group	Wednesday Coffee Cafe Francais	Cafe Espanol Cellphone Photography		
16	17	18	19	20	21	22
		Day Bridge German	Wed. Coffee	Tapas		
23	24	25	26	27	28	
Piano Soiree			Wed. Coffee			

MARCH 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
				Board Meeting		
2	3	4	5	6	7	8
		Day Bridge	Wednesday Coffee	Cafe Espanol Cellphone Photography		
9	10	11	12	13	14	15
Cinema Soiree	Birding	Book Group	Wednesday Coffee Cafe Francais			
16	17	18	19	20	21	22
		Day Bridge German	Wednesday Coffee	Tapas		
23	24	25	26	27	28	
Piano Soiree						

Piano Soiree

WELCOME NEWCOMERS!
UC San Diego Oceanids
c/o ISEO - Student Center B
9500 Gilman Drive #0018
La Jolla, CA 92093-0018

OCEANIDS IS AN OFFICIAL SUPPORT GROUP OF THE UNIVERSITY OF CALIFORNIA, SAN DIEGO, PROMOTING FRIENDSHIP AND SHARED INTERESTS, OPEN TO ALL WHO ARE INTERESTED IN THE SUCCESS AND WELFARE OF THE UNIVERSITY OF CALIFORNIA.