

# UC SAN DIEGO OCEANIDS BI-MONTHLY NEWSLETTER

VOL. LXI No. 1

October/November 2023

Associate of the Chancellor

Thespine Kavoulakis

cordially invites you to the

**Oceanids Fall Brunch** 

Date:

Saturday, October 28, 2023

Time:

10:30 am - 11:30 am Social Hour in the courtyard 11:30 - 1 pm Brunch on the patio

# **Address:**

Audrey Geisel University House 9630 La Jolla Farms Road La Jolla, CA 92037

# Inquiries:

Please contact Christiana Gerber Honnet at c1gerber@ucsd.edu or 858 334-3372

Complimentary valet parking

Limited space, carpool recommended

Invitations will be arriving by email

UC San Diego



**RSVP** by October 20

#### **OCEANIDS CREW 2022-2023**

# **BOARD OF DIRECTORS**

Honorary Chair: Thespine Kavoulakis, Associate of the Chancellor

President: Jim Bunch858-453-5765							
"Oceanid of the Year" / Maxine White Award							
Immediate Past President: Nigella Hillgarth858 228-0446							
1st Vice-President: Marion Spors858 459-3097							
(Fall Brunch, Spring Lunch)							
2nd Vice-President: Mary Cutchin858-729-3888							
(Membership, directory updates)							
Recording Secretary: Mary Hanson858-456-1304							
Treasurer: Jan Ouren858 273-1681							
Financial Secretary: Liz Winant858-231-1496							
Nominating Committee: Hulya Saygin, Beate Menzel,							
Ginny young (alternate), Judy Vacquier and Mary							
Hanson							
Parliamentarian: Barbara Bank858-484-4597							
Interest Gr. Coordinator: Judy Vacquier858-361-0418							
Newcomers: Liz Fong Wills 858-454-6858							
Georgina Sham858-459-1336							
Undergraduate Service Awards: Kim Signoret-Paar							
858-395-9060							
Graduate Scholarships: Liz Winant858-231-1496							
Publicity and Website: Mary Woo 858-481-6998							
Newsletter Editor: Roswitha Enright858-459-7375							
Copy Editor: Judy Vacquier858-361-0418							
Sounding Board: Nigella Hillgarth858 228-0446							
Judy Vacquier858-361-0418							
Buildings & Grounds: Mary Cutchin858-729-3888							
Campus Focus Events: Carole Ziegler619-297-0798							
Emeriti Association: Kim Signoret-Paar 858-395-9060							
Retirement Assoc.: Nancy Groves858-453-6486							
Historian; TBD							
Refreshment Reminder: MaryHanson858-456-1304							
Sunshine Committee: Diana Vines858 459 8248							
SDIS: Dorothy Parker858 453-6351							

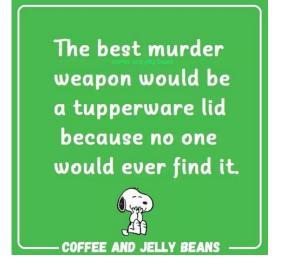
#### **BOARD MEETINGS: first Thursday every month**

Call president for location. Coffee and refreshments: 9:30 am, meeting starts at 10 am

OCEANIDS NEWS is the newsletter of Oceanids, a UCSD campus organization. Published bi-monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited and greatly appreciated. Address all submissions to: Oceanids News International Center 0049 9500 Gilman Drive, MC0049 La Jolla, CA 92093-0049 PLEASE NOTE The Post Office does not forward OCEANIDS NEWS. Please notify membership chairs of any change of address. Membership and/or subscriptions are \$35 per year

E-MAIL: oceanids@ucsd.edu and also email: renright@ucsd.edu and mwoonew@gmail.com

OCEANIDS ONLINE: <a href="http://ccom.ucsd.edu/~oceanids/">http://ccom.ucsd.edu/~oceanids/</a>



# President's Message

I hope everyone has had a good summer, and a healthy one. I didn't do any traveling this summer, but I had lots of visiting relatives. They love La Jolla!

I am sad to report that the Kitchen Exchange has closed after 48 years. We all thank Liz Fong Wills for her tireless work all these years. She has been presented the Oceanids Special Service Award for chairing this valuable service for 48 years.



The first annual **Elizabeth H. L. Bonkowsky Memorial Lecture**, "Lessons for the Global Contest Between Autocracy and Democracy", will be held on Monday, October 9, at 5-6:15pm on the UC San Diego Great Hall. Liz was president and a long-time member of Oceanids. We herewith cordially invite all the Oceanids to the discussion The lecture will **not be online**.

For more information and to register please click on the a link below. https://gps-ucsd.zohobackstage.com/ LessonsfortheGlobalContestBetweenAutocracyandDemocracy

Some members have asked about how to give money gifts to Oceanids. Here is the information that I have received.

Year-end Tax Tip: QCD

If you are at least 70 1/2 years old and want to make a tax advantageous gift to support Oceanids, consider making a Qualified Charitable Distribution (QCD) from your IRA account.

If you meet the age criterion, you can make a charitable donation up to \$100,000 each year directly from your IRA. Your gift will also count towards your required minimum distribution if you take one, and will reduce your taxable income.

To learn more about this simple way to make a gift to support Oceanids, contact Elise S. Wald, JD, LLM, Executive Director, Office of Gift Planning, at 858-761-8457 or eswald@ucsd.edu.

Our Fall Luncheon will be at University House on Saturday, October 28. An invitation will be coming per email later. I hope to see you there.

Jim Bunch

# Oceanids Gallery of Arts and Crafts by Jan Ouren

Last year, Oceanids News announced the opening of the Oceanids Gallery of Arts and Crafts, a virtual exhibition space. This issue features Mary Woo, an Oceanid Board member, our webmaster and a participant in several Oceanids interest groups.

Since the 1980's, Mary Woo has been creating quilts and needlework. Mary learned quilting from a single class she shared with a friend. Her process starts with a detailed plan of each, exploring ideas and patterns, designing the quilt, choosing fabrics and colors, positioning and repositioning the elements of the quilt. Mary focuses on fabrics and colors. For example, one of the quilts below has over 100 fabrics, none repeated. It takes about a year, maybe two, for her to create a large quilt. She has generously given quilts as awards and presents to Oceanids members including past presidents. She keeps others for posterity, especially the hand-sewn ones, and gives others away.

Displayed below are several of her quilts and one needlework piece from her collection at home. All represented here have a floral theme, imaginary bouquets of flowers and plants. For this exhibition, they have been resized to enable us to spotlight the creativity, inventiveness and handicraft of Mary's work. Enjoy!

To contact Mary about her work, please write her at mwoonew@gmail.com.

We encourage members to submit one of your art or craft works, to be published in our newsletter--available online to members and the public. To exhibit your work, please send a picture of your work and a short artist's statement, to jouren5353@gmail.com.







Oceanids News



# Requiem for the Oceanids Kitchen Exchange

The best part of volunteering at the Kitchen Exchange, over its long wonderful life of 48 ½ years, was getting to know the people, both the volunteers and people from around the world that we helped. The longest-term volunteers were Elsa Weinstein, Ilse Warschawski, Maryruth Cox, Louise Keeling, Estelle Shabetai, Jim Chase, Sonya Wainright Keeling, Liz Johnson, Rosie Enright and Judy Vacquier.

The idea was to help newcomers to the campus with kitchen gear, which they could rent for a nominal sum. The Exchange quickly took on a life of its own, and gradually grew in efficiency and in the range of things that it offered.

Ilse was especially valuable because, before she volunteered her garage as a home for the Exchange, it had a very disruptive existence. My husband Chris would come home from work around 6 pm each day and find the living room full of jet-lagged husbands and children, while the wives were in my study going through the boxes of dishes, pots and pans, glasses etc., putting together what they needed to live in La Jolla for a year or sometimes more. Chris hinted that perhaps we could find a slightly less utterly disruptive way to do this. The awkward problem was solved when Ilse volunteered the use of half of their two-car garage, just 2 blocks from UCSD. If there were children, Ilse would take the kids into her back garden and encourage them to look for ripe strawberries or to pull up baby carrots to nibble on. The kids had a fabulous time and let their mothers concentrate on choosing dishes etc. The KE was at the Warschawski garage for ten years before moving to an addition at the back of the UCSD International Center. During this time the Exchange's offerings grew to include baby cribs and vacuum cleaners.

Maryruth Cox was also especially valuable because she drew little pictures on the drawers of the items that each one of them contained. Although most of our customers knew some English, the names of kitchen tools in English were often unknown and would lead to games of 20 questions. Pictures helped! Maryruth was the most faithful volunteer and was always there so that the rest of us didn't feel guilty when we accompanied our hubbies to faraway places.

We had an unusual pair of volunteers in Louise Keeling and Sonya Wainright Keeling, a mother-in-law and daughter-in-law whose work periods were separated by the Covid pandemic. Judy Vacquier was invaluable in finding solutions during the pandemic when we were not allowed on campus. Rosie Enright was a magician and managed to store some KE items in her already-crowded one-car garage!

During this wonderful time the KE customers were coming from all over the world, and many became our lifelong friends even though they stayed at UCSD for a sabbatical year or just one or two postdoc years.

One favorite customer was Dr. Jessica Wong, a psychiatrist born in Malaysia who married a German MD who specializes in the biology of alcoholism. Because of her visa Jessica was not allowed to work here, so she took classes and volunteered at the Friends Resale Shop. Without telling anyone, she took everything out of the old Resale Shop and washed all the walls and windows during the Christmas break. That was the first and last time that ever happened! Jessica had lots of energy and told lovely stories. My favorite was about her doing the equivalency of a medical internship year in Sabah, a beautiful but primitive province of Malaysia on the island of Borneo. Visiting remote villages on a regular basis involved crossing gorges on rope bridges. Raised in Kuala Lumpur, Jessica was really scared the first time. But the nurse with her said: "Dr. Wong, put your hands on my shoulders, close your eyes and I will lead you across the bridge. The driver will carry the boxes of medical supplies for you." Soon Jessica was able to carry the boxes across the rope bridges herself, and she loved her work. Afterwards, working at Ramsdell, the big American military base in Germany, was not as much fun, with no rope bridges!

Some of you may have been lucky enough to hear a concert by two of our KE customers: Carlo, an Italian postdoc of Lu Sham's, had studied both theoretical physics and classical piano. By chance, he sat next to Chichung Lie, a Chinese/Indonesian/German neurologist postdoc-ing at the Salk, at a Moveable Feast I

dinner. Chichung was born in Germany and played the violin in the German Army. The two talked about how much they enjoyed playing music with others. The only problem was that Carlo did not have a piano here, but we did! Thus, every Sunday morning, the two young men came and played classical music together. The only hitch was that they had to promise to put on a concert for Newcomers. One lovely February night, 64 of us enjoyed a piano and violin recital at the home of Walter and Judith Munk on their century-old Steinway. And the encore was still another concert at the Munks' at the annual Newcomer Memorial Day potluck, with the house and garden full of happy listeners!

When Maryruth looked at the records for 1989, she counted 90 KE customers (singles, couples, families). That year was not unusually busy. I can't begin to try to calculate the total number of customers during our 48 ½ years of renting kitchen equipment to short term visitors to UCSD.

I could go on and on, telling tales about our many customers, because they were so very interesting! The sad end of the KE, triggered by the Covid shutdown and by changes on the campus, is a great loss to us volunteers too. The weekly welcome/Orientation meetings with potential new friends have ended for us. And so has a wonderful link with people from around the world.

Liz Fong Wills

# **IN MEMORIAM**

**Frances D. Gillin** Long-time Oceanid Fran Gillin died on March 30 after a short illness. After moving to La Jolla in 1982 with her husband, Fran worked as a research Microbiologist at UC San Diego until her retirement in 2012. She was a beloved member of Café Espanol and Cinema Soiree movie groups.

**Louise Arnold** died on May 9. She was 101 years old. She had been a valued member of Oceanids for many years. Carole Ziegler remembers her as part of the parent organization of Oceanids interest group "People to People".

**Charlotte Mamorsky died** in May. She, too, had been a member of Oceanids for a long time. She was active in the "Cinema Soiree" interest group for many years.

**Carol Schultz** passed away on May 28. Carol came to the UCSD community in 1960 when her husband Sheldon (Shelly) joined the founding physics faculty. In 1962, Carol was the first editor of Bear Facts, the Oceanids newsletter which has been continuously published since then. She was President and Co-President of Oceanids from 1994 to 1997 and was Oceanid of the Year in 1998. She was an active member of the Oceanids board, including managing the undergraduate service awards, for many years.

**Barbara Penn** died suddenly on September 2. Barbara had been a very much beloved member of the Oceanids Bridge group. She knew everything about the game and was gracious in winning and losing. Always willing to host, always cheerful and accomodating. We will miss her terribly.

We are sorry to report the passing of **Mary McIlwain**. Mary was a longtime active member of the Oceanids Board. Her role for many years, which she enjoyed, was as Financial Secretary. She received all the awards given by Oceanids: Oceanid of the Year in 2005 and 2013, Maxine E White Outstanding Service Award in 2003, and Oceanids Special Service Award in 2009.

Mary and Carl enjoyed several Interest Groups, including the Piano Soiree, where they both played the flute. Mary and Carl came to UCSD in 1962.

# **OCEANIDS' INTEREST GROUPS**

are the backbone of our Oceanids organization. They are here to meet the many varied needs of UCSD families, especially those new to the UCSD campus and the community. If you don't find an activity you would like to participate in, please contact Interest Group Coordinator Judy Vacquier (858) 361-0418 or jvacq@sbcglobal.net. If five or more Oceanids wish to start a new group, please let her know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us by contacting Mary Cutchin, 858-459-8074, marycutchin@yahoo.com or by submitting the application form in this issue. Since the newsletter is posted on the Oceanids website we will, for security reasons, not publish addresses (with occasional exceptions). Please call the contact for the necessary information.

If you meet in person the chair has to fill out the FAS Event Liability Form and mail it to Beate Menzel jrblmenzel@cox.net

# **OCEANIDS BIRDING GROUP**

Contacts: Liz Winant (858) 231 1496, lizwinant@gmail.com
We meet on the 2nd Monday of the month during the academic year. Avisets, the Oceanids birding group will resume meeting after a summer break, on October 9 at San Elijo Lagoon visitor center at 8:30 am. The meeting location for November is tba.

Next outings: October 9 and November 13.

## **BOOGIE BOARDING BUDDIES**

Contact: Liz Fong Wills ludditelizfong@gmail.com
We meet every Saturday at 9:30 am and/or Sunday at 10:30 am all year round when the ocean water temperature at La Jolla Shores is 55 degrees F. or more. However, attendance is when you can make it. You must bring your own boogie board plus wetsuit if you feel the need for one. Depending upon how many come, I may or may not have a parking spot for you in our driveway. Please call (858 232-7545) before Thursday to let me know if you want to join us so

# CAFE ESPAÑOL

Contacts:

Alicia 858 353-3878; Vicky Lindblade vlindblade@mac.com or

(858)-452 1739 This conversation group is designed for fluent Spanish speakers who wish to keep up their Spanish and learn new vocabulary.

We meet the second Thursday of the month at 2 p.m. in person and occasionally the 4th Thursday by zoom from 2 p.m. to 3:30 p.m. One hour of conversation and one hour of reading aloud and group discussion. Call chair for more information.

# CAFÉ FRANÇAIS Anne-France Saillot,

af.saillot@gmail.com

We still meet every 2nd Wednesday of the month starting October, to the exception of this September as we say our goodbyes to one of our long time members who is moving out of state. We continue to talk about general societal topics which create lively debates!We take every opportunity to check on grammar rules and vocabulary. We meet from 12:00 to 3:00.

Meeting: October 11 and November 8.

## **CELLPHONE PHOTOGRAPHY**

Contact: Kim Signoret-Paar, kspaar@outlook.com
The group meets on Zoom on the second Thursday of each month at 10 am to noon for discussion/demonstration/instruction and

that I can confirm that there are no riptides or other unpleasant problems on the day we go.

# **BOOK GROUP**

Contacts: Janet Goff

(760)753-3472, Liz Winant (858) 231 1496

We meet on the second Tuesday morning of every month at 9:30 AM for chatting and 10 AM for review. Everyone is welcome; we are happy to greet new members who like to read a variety of fiction and non-fiction and who value good writing and a lively discussion. Please join us. Those sentiments still stand. These days, though, The Mighty Oceanids Book Goup is stumbling around between Zoom and in-person meetings on someone's patio. This changes daily, it seems. We also are quite reduced in number and would benefit from the participation of you and your friends. We would love to have you in our jolly little group. Our gatherings consist of 5 or 6 or 7 of us and there's always room for more. Be one of them.

Oct 10 "Mrs Dalloway" by Virginia Woolf / TBA / Janet Goff sharing of our cellphone photographs. Activities, such as field trips, will be communicated to the group's email list. For more information, please contact Kim.

Next meetings: October 12 and November 9.

# **CINEMA SOIRÉE**

Contact: Jim Bunch at jbunch@ucsd.edu

The group meets (in normal times) at a designated home on the second Sunday of each month (all year long) at 7:00pm for socializing; movie discussion starts at 7:30pm sharp. Light refreshments will be served. You will be contacted by e-mail about which movie to see and where

Next meeting: October 8 and November 12.

#### **DAY BRIDGE**

Contact: Beate Menzel

jrblmenzel@cox.net or (619) 401-1557

We meet the first and third Tuesdays of the month all year long at various members' homes. We start at 10am and usually end at or before 3pm. Everyone brings her/his own lunch. The hostess will provide drinks. Call for information.

Next meetings: October 3+17, November 7+21.

# **GERMAN KAFFEEKLATSCH**

Contact: Roswitha Enright 858 459-7375 (renright@ucsd.edu) This group is for beginners and experienced German speakers alike. Guaranteed no pressure. Just come on the 3rd Tuesday at 3pm and have a good time. Only German spoken. If you want to join, please ccontact Roswitha. TIME: 3 PM TO 4:30 PM.

Next meetings: October 17 and November 21.

#### MOVEABLE FEAST II

Contact: Mary Cutchin (858) 729 3888 or marycutchin@yahoo.com This group meets every couple of months for drinks at a member'shouse. From there we carpool to the restaurant. Next dinner call Mary. Contact Mary for information and reservations.

# PIANO AND CHAMBER SOIRÉE

Contact: Judy Vacquier (858) 361-0418 or jvacq@sbcglobal.net This group is for amateurs who need a motivation to practice and want to perform in a relaxed, fun setting among friends. We welcome piano, chamber instruments and voice, classical, jazz and popular music, solos and ensembles. Piano Soiree will meet The piano soiree will meet in the home of Anita Weedmark on October 22 and in the home of Susan Kirkpatrick on November 19 both at 3

Next meetings: October 22 and November 19.

#### SOUNDING BOARD

Contact: Nigella Hillgarth, 858 228-0446 Judy Vacquier, 858 361-0418 Sounding Boards are always on the first Thursday of the month at

Next meetings: October 5 and November 2. See page 9 for speakers.



## TAPAS ON THURSDAY

Contact : Barbara Bank <u>bbank@ucsd.edu</u>

Tapas on Thursday meets at 11:30 A.M. on the 3rd Thursday of the month, at member's homes. Everyone brings a tapa to share. It may be sweet or savory. We frequently choose a theme for that month's tapas and have a delightful time while sharing food and friendship. The strength of our group is the warmth we share. If you wish to join us, please contact Barbara Bank (bbank@ucsd.edu) to be added to our mailing list. Next meeting is October 19 and November 16.

## WEDNESDAY COFFEE

Contacts: Georgina Sham, gbsham@gmail.com. Lynn Jahn, lynnjahn@gmail.com. Come join our social group of Oceanids, newcomers, postdocs, students, and their children for refreshments and craft activities every Wednesday, 10am-12 noon. You'll make friends, learn strange, wonderful American customs. Please contact Georgina or Lynn for more information.

#### WINE TASTING I + II

Contact: Alicia Flores Meneses at virginiacisne@yahoo.com or 858-353 3878

#### SDIS news: SDIS SPEAKER SERIES FOR 2023-2024

Edward Lewis Goldberg, MD

October 21, 2023, 1:30 - 3:00 pm PST

"Presidential Health Matters"

Don Norman, PhD

November 18, 2023, 1:30 - 3:00 pm PST

"Design for a Better World"

Tom English, PhD

January 20, 2024, 1:30 - 3:00 pm PST

"Can We Successfully Resolve the Climate Crisis"

Tom Pham

February 17, 2023, 1:30 - 3:00 pm PST

"What Wisdom Must be Like for One Who is Actually

Wise".

Chris Niebauer, PhD

March 16, 2024, 1:30 - 3:00 pm PST

"No Self No Problem: How Neuropsychology is Catching Up with Buddhism"

Rigdon Currie

April 20, 2024, 1:30 - 3:00 pm PST

"Photojournalism of Birding"

Gwenyth Mapes, PhD

May 18, 2024, 1:30 - 3:00 pm PST

"Frida Kahlo and her Art"

For more information please contact dorothylparker@gmail.com

#### **SOUNDING BOARD**

• Sounding Board is a series of seven lectures during the academic year, the first Thursday of the month at 12 noon. Sponsored by UC San Diego Oceanids and the UC San Diego Faculty Club. **We are meeting online via Zoom**. The waiting room opens at noon. The presentation starts at 12:10 pm.

Chairs: Nigella Hillgarth and Judy Vacquier

Exciting update for the Oceanids Sounding Board, our new URL is

https://www.youtube.com@ucsd\_oceanids\_soundingboard

**October 5, 2023** Zoom link will be posted on Oceanids website and sent by listserv a few days before the meeting. This meeting will be by Zoom starting at 11:30. The talk will start at 12:10 pm.

**Stuart Sandin, Ph.D.**, Professor, Oliver Chair in Marine Biodiversity and Conservation Science, Director, Center for Marine Biodiversity and Conservation (CMBC), Scripps Institution of Oceanography, UC San Diego

"Visualizing the present and planning our future of marine ecosystems"

Stuart Sandin is a community ecologist, specifically investigating how organisms interact in complex marine communities. His research focuses largely on the ecology of coral reefs, with the goal of finding effective management and restoration approaches for this threatened ecosystem. Dr. Sandin is Director of the Center for Marine Biodiversity and Conservation (CMBC) at Scripps Institution of Oceanography. The CMBC exists to promote a holistic, interdisciplinary approach in the education of future leaders in marine biodiversity and conservation.



Dr. Sandin received a BS in ecology, behavior, and evolution from UC San Diego, and a PhD in ecology and evolutionary biology from Princeton University.

https://ucsd.zoom.us/j/2392094686 (Meeting ID: 2392094686)

November 2, 2023 This meeting will be by Zoom.

The talk will start at 12:10 pm

Joanne Ferraro, PhD, Professor Emerita, San Diego State University

"The Renaissance and the Wider World"

Joanne Ferraro's presentation, based on her new book forthcoming with Bloomsbury Academic in early 2024, offers fresh perspectives on a key period in European history called "The Renaissance." This period has traditionally been centered on the Italian peninsula between the fourteenth and sixteenth centuries, but Professor Ferraro's study underlines how the florescence of science, medicine, the humanities, and the arts and crafts



had

deeper origins and was of profound global importance. Joanne M. Ferraro is Albert W. Johnson Distinguished Professor of History Emerita at San Diego State University. She is the author of Marriage Wars in Late Renaissance Venice (2001), which won both the Helen and Howard R. Marraro Book Prize from the Society for Italian Historical Studies and the Society for the Study of Early Modern Women Book Prize. She is also the author of Venice: History of the Floating City (2012), Nefarious Crimes, Contested Justice: Illicit Sex and Infanticide in the Republic of Venice, 1557- 1789 (2008) and Family and Public Life in Brescia, 1580-1650 (1993). Joanne M. Ferraro is the general editor of Bloomsbury's six-volume set, A Cultural History of Marriage (2019). Dr. Ferraro received her BA, MA and PhD in History from UCLA.

# Going Home

I came to America, from England in 1972 for an exciting job, which necessitated moving to Dallas Texas for a twelve month training period. Then I was supposed to move back to England. But as is probably obvious, things did not work out that way. I didn't set out to be an ex-pat but I guess you really only have one home, the place where you were born and went to school.

Flying low to land at Gatwick airport, the patchwork quilt of fields and small villages tells me I'm home. My attitude when I arrive is so different. I complain loudly about the congested I5 freeway in California, but happily sit on the very slow moving M25 motorway that circles London. I don't mind the clogged motorways. As we drive through the very familiar countryside of my childhood the roads get narrower and narrower, and temporary stop lights for road works, more common. I love it all.

My parents downsized to a lovely little house in a small village just two miles from the town of Rye where I was born. This is where I head to, almost every year since I was married. To me this area on the channel coast almost directly below London has everything I need. Fabulous beaches, stunning rural countryside, and the town of Rye built on a hill with a wall around it historically built to keep out the French. Stepping inside my house feels like putting on a familiar, warm glove. All it takes is a quick walk to the Village Stores and word gets round that we are back. If you feel like a chat you are welcome for a cup of coffee every Monday morning at the village hall. The bowling green welcomes new comers every Thursday for a friendly game of bowls. Feel like meeting friends for a lunch time snack, the local pub has you covered.

Once we have settled in and recovered from jet lag we get our garden furniture out of storage and days go by as

I soak up the beauty of my garden.



This is the view from my kitchen window, why would I want to go to noisy, busy London? One thing that will drag me away from my garden is the prospect of fresh Dover Sole bought right for the fishing boats at Rye Fish market. Rye has a small fishing fleet which for years seemed to be on the brink of collapsing. Once Brexit was proposed the doom and gloomers said for sure this will be the end of the Rye fishing fleet. Not only was this not true, but the market for their catch has boomed and they have opened a little cafe in the parking lot where you can get oysters, shrimp cocktails and other fishy delicacies. Rye Bay scallops are the best I have ever tasted.

Memories of home are often centered around food. So for the six weeks I am home I load up on butcher made sausages, all forms of lamb for which this region is famous, fabulous cheeses both English and European, and wonderful bacon and ham. There are three bakers in Rye where you can buy warm crusty bread, and don't get me started on tarts. Treacle tart anyone?

I feel so fortunate to be able to keep in touch with my home.

Now, England in winter is a different story...

Liz Winant

Oceanids News

# OCTOBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
		Day Bridge		Board Mtg Sounding Board		
8	9	10	11	12	13	14
Cinema soiree zoom	Birding	Book Group zoom	Cafe Francais	Cafe Espanol Cellphone Photography		
15	16	17	18	19	20	21
		Day Bridge German		Tapas		
22	23	24	25	26	27	28
Piano Soiree						Fall Brunch
29	30	31				

# **NOVEMBER 2023**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
				Board Meeting Sounding Board		
5	6	7	8	9	10	11
		Day Bridge	Cafe Francais	Cafe Espanol Cellphone Photography		
12	13	14	15	16	17	18
Cinema Soiree zoom	Birding	Book Group zoom		Tapas		
19	20	21	22	23	24	25
Piano Soiree		Day Bridge German				
26	27	28	29	30		

# WELCOME NEWCOMERS!

UCSD Oceanids 9500 Gilman Drive La Jolla, CA 92093-0049

OCEANIDS IS AN OFFICIAL SUPPORT GROUP OF THE UNIVERSITY OF CALIFORNIA, SAN DIEGO, PROMOT- ING FRIENDSHIP AND SHARED INTERESTS, OPEN TO ALL WHO ARE INTERESTED IN THE SUCCESS AND WELFARE OF THE UNIVERSITY OF CALIFORNIA.