

Oceanids News

UC SAN DIEGO OCEANIDS BI-MONTHLY NEWSLETTER

VOL. LXI No. 2

December 23/January 24



Smiling Faces at the Fall Brunch at the Chancellor's house on October 28



OCEANIDS CREW 2023-2024

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(Membership, directory updates)
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Sounding Board: Nigella Hillgarth.....858 228-0446
Judy Vacquier.....858-361-0418
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Campus Focus Events: Carole Ziegler.....619-297-079
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Historian; TBD
Refreshment Reminder: MaryHanson.....858-456-1304
Sunshine Committee: Diana Vines.....858 459 8248
SDIS: Dorothy Parker.....858 453-6351

BOARD MEETINGS: first Thursday every month. Call president for location. Coffee and refreshments: 9:30 am, meeting starts at 10 am

OCEANIDS NEWS is the newsletter of Oceanids, a UCSD campus organization. Published bi-monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited and greatly appreciated. Address all submissions to: Oceanids News International Center 0049 9500 Gilman Drive, MC0049 La Jolla, CA 92093-0049 PLEASE NOTE The Post Office does not forward OCEANIDS NEWS. Please notify membership chairs of any change of address. Membership and/or subscriptions are \$35 per year

E-MAIL: oceanids@ucsd.edu and also email: renright@ucsd.edu and mwoonew@gmail.com

OCEANIDS ONLINE: <http://ccom.ucsd.edu/~oceanids/>



President's Message



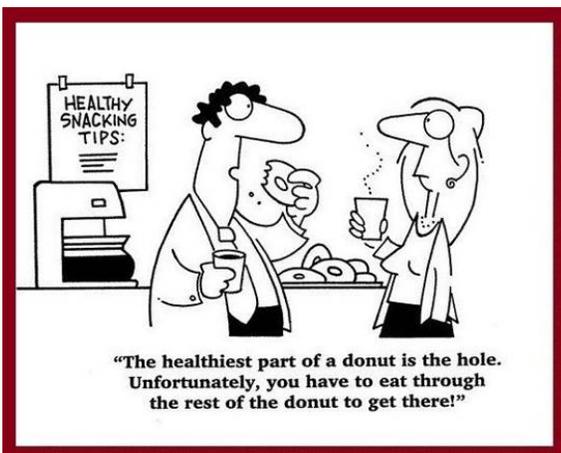
The Fall Brunch at the Chancellor's House on October 28 was an enjoyable affair. The food was delicious and Thespine arranged for beautiful weather. Thanks to Thespine for arranging such a memorable event.

The Spring Luncheon will be held at the Bali Hai once again. Reserve May 30, 2024, on your calendar. Announcements and registration will come closer to the date.

I haven't been out of San Diego since a May trip to Berkeley, but I will be driving to Tucson and Phoenix for Thanksgiving and again for Christmas.

I hope that all have a happy and a safe holiday season.

Jim Bunch
President, Oceanids



Wisdom of the Ages(?)

"The years between 50 and 70 are the hardest. You are always being asked to do things, and yet you are not decrepit enough to turn them down." - T.S. Elliot

"At age 20, we worry about what others think of us... at age 40, we don't care what they think of us... at age 60, we discover they haven't been thinking of us at all." - Ann Landers

"The older I get, the better I used to be." - Lee Trevino

"I was thinking about how people seem to read the Bible a lot more as they get older, and then it dawned on me — they're cramming for their final exam." - George Carlin

"To get back to my youth I would do anything in the world, except exercise, get up early, or be respectable." - Oscar Wilde

"The older we get, the fewer things seem worth waiting in line for." - Will Rogers

"I'm so old that my blood type is discontinued." - Bill Dana

"The older I get, the more clearly I remember things that never happened." - Mark Twain

"Old people shouldn't eat healthy foods. They need all the preservatives they can get." - Robert Orben

"When I was young, I was called a rugged individualist. When I was in my fifties, I was considered eccentric. Here I am doing and saying the same things I did then, and I'm labeled senile." - George Burns

Oceanids Gallery of Arts and Crafts welcomes horticulturist **Nancy Groves** and a sample of her extensive collection of bromeliads and other plants. Nancy is a long-time Board member of Oceanids, our liaison to the UCSD Retirement Association, and is also on its Board.

“The term horticulture literally means the culture of a garden. However, the term has taken on a broader context. Horticulture includes the production and use of plants for food, comfort, and beautification (<https://www.senecahs.org> › Introduction to Horticulture).” According to Wikipedia, “Horticulture is the cultivation of plants in gardens or greenhouses, as opposed to the field-scale production of crops characteristic of agriculture. It includes the cultivation of fruits, vegetables, nuts, seeds, herbs, sprouts, mushrooms, algae, flowers, seaweeds and non-food crops such as grass and ornamental trees and plants. It also includes plant conservation, landscape restoration, landscape and garden design, construction, and maintenance, and arboriculture, ornamental trees and lawns.”

Nancy and indeed many of us may well fit into the classification of horticulturist with our gardening activities. Below, you will read Nancy’s description of her journey as a horticulturist and view photos and a description of her favorite plants.

Bromeliads and All Plants by Nancy Groves

I began my interest in bromeliads seriously when I retired from UCSD in 2004 and then had a little time to travel and join the San Diego Bromeliad Society.

As I traveled to many parts of Peru, Ecuador, Australia, New Zealand, Brazil, and Mexico (mostly south eastern in Chiapas and Guatemala) I learned. Yes, I have also traveled Europe, China, Middle East, but bromeliads are exclusively a New World plant. In the U.S. they now grow outside in southern CA, TX, and Fla. You do not need a greenhouse to grow many bromeliads; mine are all outside. I am currently a member of the board of the Bromeliad Society International and a bromeliad judge. As I have met more plants and plant lovers, I have expanded my interests. **More photos on page 8**



Tillandsia lorenziana



Aechmea del Mar’

OCEANIDS' INTEREST GROUPS

are the backbone of our Oceanids organization. They are here to meet the many varied needs of UCSD families, especially those new to the UCSD campus and the community. If you don't find an activity you would like to participate in, please contact Interest Group Coordinator Judy Vacquier (858) 361-0418 or jvacq@sbcglobal.net. If five or more Oceanids wish to start a new group, please let her know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us by contacting Mary Cutchin, 858-459-8074, marycutchin@yahoo.com or by submitting the application form in this issue. Since the newsletter is posted on the Oceanids website we will, for security reasons, not publish addresses (with occasional exceptions). Please call the contact for the necessary information.

If you meet in person the chair has to fill out the FAS Event Liability Form and mail it to Beate Menzel
jrbmlmenzel@cox.net

BIRDING GROUP

Contacts: Liz Winant

(858) 231 1496, lizwinant@gmail.com

We meet on the 2nd Monday of the month during the academic year. Avisets, the Oceanids birding group will resume meeting after a summer break, on October 9 at San Elijo Lagoon visitor center at 8:30 am. The meeting location for November is tba.

Next outings: December 11 and January 8.

BOOGIE BOARDING BUDDIES

Contact: Liz Fong Wills ludditelizfong@gmail.com

We meet every Saturday at 9:30 am and/or Sunday at 10:30 am all year round when the ocean water temperature at La Jolla Shores is 55 degrees F. or more. However, attendance is when you can make it. You must bring your own boogie board plus wetsuit if you feel

the need for one. Depending upon how many come, I may or may not have spca in the driveway. Call (232-7545) before Thursday to let me know if you want to join us so that I can confirm that there are no riptides or other unpleasant problems on the day we go.

BOOK GROUP

Contacts: Janet Goff

(760)753-3472, *Liz Winant* (858) 231 1496

We meet on the second Tuesday morning of every month at 9:30 AM for chatting and 10 AM for review. Everyone is welcome; we are happy to greet new members who like to read a variety of fiction and non-fiction and who value good writing and a lively discussion. Please join us. We would love to have you in our jolly little group. Our gatherings consist of 5 or 6 or 7 of us and there's always room for more. Please be one of them.

Date "Title" by Author / Host / Reviewer

Dec 12 "People of Darkness" by Tony Hillerman / TBA / Jim Bunch
Jan 9 "Killers of the Flower Moon" by David Grann / TBA / Steve Leon.

CAFE ESPAÑOL

Contacts: Alicia 858 353-3878

353-3878; Vicky Lindblade vlindblade@mac.com or (858)-452 1739
This conversation group is designed for fluent Spanish speakers who wish to keep up their Spanish and learn new vocabulary.

We meet the second Thursday of the month at 2 p.m. in person and occasionally the 4th Thursday by zoom from 2 p.m. to 3:30 p.m. One hour of conversation and one hour of reading aloud and group discussion. Call chair for more information.

CAFÉ FRANÇAIS

Anne-France Saillot,

af.saillot@gmail.com

We still meet every 2nd Wednesday of the month starting October. We continue to talk about general societal topics which create lively debates !We take every opportunity to check on grammar rules and vocabulary. We meet from 12:00 to 3:00.

Meetings: December 13 and January 10.

CELLPHONE PHOTOGRAPHY

Contact: *Kim*

Signoret-Paar, kspaar@outlook.com

The group meets on Zoom on the second Thursday of each month at 10 am to noon for discussion/ demonstration/ instruction and sharing of our cellphone photographs. Activities, such as field trips, will be communicated to the group's email list. For more information, please contact Kim.

Next meetings: December 14 and January 18.

CINEMA SOIRÉE

Contact: Jim Bunch at jbunch@ucsd.edu

The group meets (in normal times) at a designated home on the second Sunday of each month (all year long) at 7:00pm for socializing; movie discussion starts at 7:30pm sharp. Light refreshments will be served. You will be contacted by e-mail about which movie to see and where to meet.

Next meeting: December 10 and January 14.

DAY BRIDGE

Contact: Beate Menzel

jrbmlmenzel@cox.net or (619) 401-1557

We meet the first and third Tuesdays of the month all year long at various members' homes. We start at 10am and usually end at or before 3pm. Everyone brings her/his own lunch. The hostess will provide drinks. Call for information.

December 5+19 and January 6+16.

GERMAN KAFFEKLATSCH

Contact: Roswitha Enright 858 459-7375 (renright@ucsd.edu)

This group is for beginners and experienced German speakers alike. Guaranteed no pressure. Just come on the 3rd Tuesday at 3pm and have a good time. Only German spoken. If you want to join, please

contact Roswitha. TIME: 3 PM TO 4:30 PM.
Next meetings: October 17 and November 21.

MOVEABLE FEAST II

Contact: Mary Cutchin (858) 729 3888 or marycutchin@yahoo.com

Next Dinner? Call Mary

PIANO AND CHAMBER SOIRÉE

The Piano Soiree will meet at the home of Judy Vacquier on Sunday, December 17 at 4:00 pm. Please note this is one hour later than usual.

The Piano Soiree will meet in January on Sunday, January 28, at 3 pm. Please contact the chair, Judy Vacquier, for location.

Next meeting: December 17 and January 28.

SOUNDING BOARD

Contact: Nigella Hillgarth, 858 228-0446 Judy Vacquier, 858 361-0418
See page 7 for December 7 lecture. On hiatus from January 2024.

TAPAS ON THURSDAY

Contact : Barbara Bank bbank@ucsd.edu

Tapas on Thursday meets at 11:30 A.M. on the 3rd Thursday of the month, at member's homes. Everyone brings a tapa to share. It may be sweet or savory. We frequently choose a theme for that month's tapas and have a delightful time while sharing food and friendship. The strength of our group is the warmth we share. If you wish to join us, please contact Barbara Bank (bbank@ucsd.edu) to be added to our mailing list.

Next meeting: December 21 and January 18.

WEDNESDAY COFFEE

Contacts: Georgina Sham, gbsham@gmail.com. Lynn Jahn, lynnjahn@gmail.com.
Come join our social group of Oceanids, newcomers, postdocs, students, and their children for refreshments and craft activities every Wednesday, 10am-12 noon. You'll make friends, learn strange, wonderful American customs. Please contact Georgina or Lynn for more information.

WINE TASTING I + II

Contact: Alicia Flores Meneses at virginiacisne@yahoo.com or 858-353 3878

WITS (Women's Intuitive Trading Society)

Contact: Olivia Werner at owerner13@gmail.com Wits uses the principles of NAIC companies. We meet on the 4th Wednesday. Please call chair for more information

OCEANIDS MEMBERSHIP UPDATES

NEW MEMBERS:

Geeta Antony – Email: platinum668@att.net; C: 858-349-4844

Lynn Jahn: Spouse / Partner– Jim; Email: lynnjahn@gmail.com;

C: 858-864-2950

Marilyn Vaughan: Spouse / Partner – Cliff Bergman;

Email: marvaughan3320@gmail.com; C: 515-231-5341

Wilma White: Spouse / Partner – Peter White
Email: wilmawhite@hotmail.com; H: 858-592-9201; C: 858-774-8120

Kathleen Whitten: Email: kwhitten79@yahoo.com

Virginia Young: Email: virginiay@gmail.com C: 619-793-8525

Richard Flowerree: Spouse / Partner – Charlotte; H: 858-484-8028; C: 619-517-1500;

Email: rflowerree@san.rr.com

Yelena Zolotukhina: Spouse – Igor Kidniz; C: 858-603-8300;

Email: ikidniz56@yahoo.com

UPDATES:

Pamela Amor – H: 858-694-0322; C: 858-342-0362

Lynne Anderson – C: 651-592-6784

Shirley Babior – Email: shirleybabior@gmail.com

Fred Bonkowsky – 508 246-1633

Email: fbonkov@post.harvard.edu

Sue Corringham – Email:

scorryingham@hotmail.com

Flora Kennedy – H: 858-293-3061

Lorraine Schacher – Email: lorainefs@sbcglobal.net

Joan Stevens – Email: j.maryste@gmail.com

Laurette Verbinski – Email: lverbinski@gmail.com

Erika Walter – Email: erikawalter1936@gmail.com;

C – 858-210-8741

Liz Wills – Email: lizfong2@gmail.com

Mary Cutchin,

Membership

In Memoriam

Barbara Nemiroff passed away this August in Colorado. She was a long-time member of Oceanids. She and her husband Bob were faithful attendees at Sounding Board and she enjoyed the Avi-Set birding group. She and Bob donated some fabulous Huichol yarn paintings to our first eBay auction.

Sounding Board is a series of seven lectures during the academic year, the first Thursday of the month at 12 noon. Sponsored by UC San Diego Oceanids and the UC San Diego Faculty Club. **We are meeting online via Zoom.** The waiting room opens at noon. The presentation starts at 12:10 pm.

Chairs: Nigella Hillgarth and Judy Vacquier

Exciting update for the Oceanids Sounding Board, our new URL is

https://www.youtube.com@ucsd_oceanids_soundingboard

December 7, 2023

Join Zoom Meet

<https://ucsd.zoom.us/j/2392094686>

Meeting ID: 239 209 4686

This meeting will be by Zoom starting at 11:30. Participants will be let in from the waiting room starting at 12:00. The talk will start at 12:10 pm.

Speaker: **Charles Kennel**, Distinguished Professor, Vice-Chancellor, and Director emeritus at the Scripps Institution of Oceanography at the University of California, San Diego.

Title: On Thinking Planets



Dr. Kennel will discuss his thoughts on the future of humanity with special emphasis on our environmental impact on the planet, artificial intelligence, space exploration, and many other fascinating ideas recently laid out in an article by the same name in the journal Nautilus.

Dr. Kennel was educated in astronomy and astrophysics at Harvard and Princeton. At UCLA's Department of Physics and its Institute for Geophysics and Planetary Physics he pursued research and teaching in theoretical space plasma physics and astrophysics, eventually chairing the Physics Department. He served as UCLA's Executive Vice Chancellor, its chief academic officer, from 1996 to 1998.

From 1994 to 1996, Dr. Kennel was Associate Administrator at NASA and Director of Mission to Planet Earth, a global Earth science satellite program. From 1998 to 2006, he was Director and Dean of the Scripps Institution of Oceanography and Vice Chancellor of Marine Sciences at the University of California, San Diego.

NO SOUNDING BOARD IN JANUARY

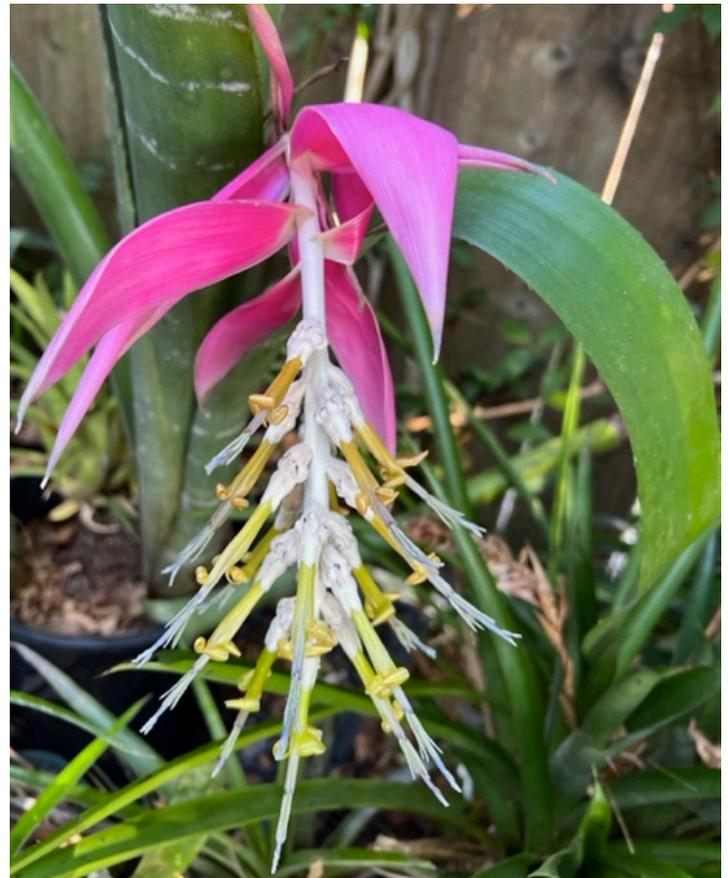
Oceanids Newcomers will have their annual whale watching trips on Sunday January 28, 2024 from 9 to 12 and 12:30 to 3:30 pm. As usual, we will have our own special guide, a PhD mammalogist, on the Legacy whale watching boat and on campus for a pre-trip orientation lecture. Please note that we are using the Legacy boat (rated 4.9!) but charging only half the usual price (\$27 for adults and \$14 for all children including babies). For more information, and to find out about time and place for the pre-orientation lecture please contact lizfong2@gmail.com in December.



More of Nancy Groves beautiful bromeliads photos



Aechmea
'Pinot Noir'



Billbergia 'Zebrinia'

Out of Africa

Nigella Hillgarth

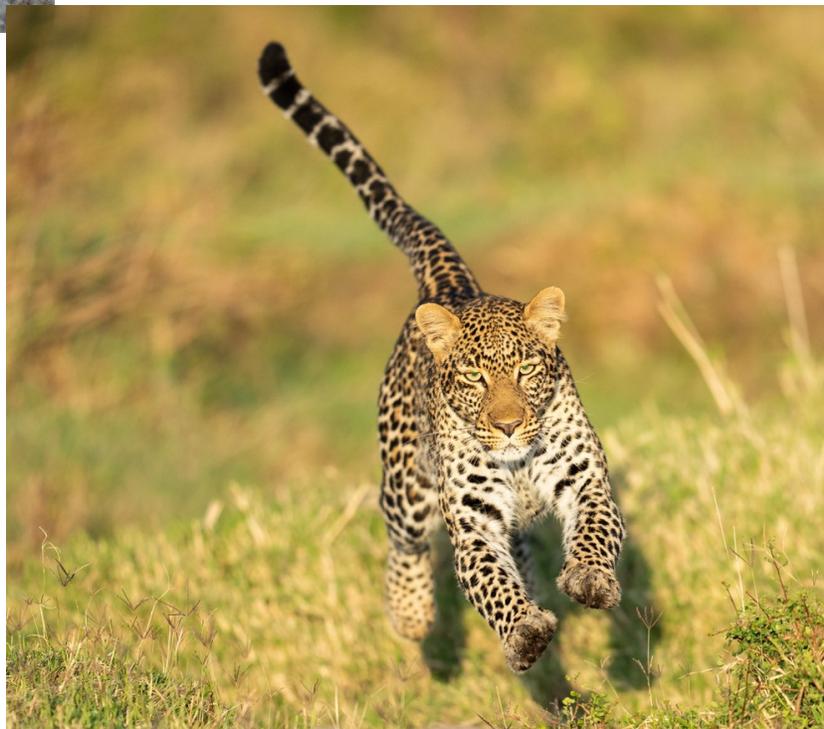
In September I went on a photographic safari to Kenya that I had planned for a long time. For a biologist like myself African animals are fascinating. There are still so many large wild animals living free in their natural habitat and living and interacting in the same ways they have for thousands if not millions of years. As a photographer it is a great place to go to get wonderful shots and the light can be amazing.

Let me give you a glimpse of a typical day: We are in the Southern Masai Mara and my tent is surrounded by Acacia trees with the savanna stretching away into the distance. When I wake in the morning the tent canvas flaps gently in the morning breeze and the birds begin to call. First light appears as I drink a cup of coffee and pack my cameras for the day. At 6am we set off to find lions or leopards and other wonderful animals that live in the African bush. Early morning is my favorite part of the day before it gets too hot, and many animals are out and the light for photography is good. I have been to East Africa a twice before but this is my first visit to Kenya. This morning we saw lions and then we had a wonderful leopard sighting. It is rare to see leopards out in the open for

long but this female was very relaxed. Elephants and giraffes grazed nearby and beautiful birds were everywhere. We came back to camp in the heat of the day and went out again in the evening for a few more hours. In the afternoon we left in plenty of time to drive to the river where the Wildebeest are migrating across the river to Tanzania. It began to rain but still the animals cross the river. It's an extraordinary sight as animals struggle to cross without being swept away by the strong current or attacked by a crocodile. The sun came out and we go to see a pride of lions our guide hears about on



the radio. As photographers we abstain from the famous 'sundowners' that one usually has on safari. This is because its the 'golden hour' of light and an especially good time for photography. Here are a few of the photographs I took during this wonderful trip.



DECEMBER 2023

					1	2
3	4	5	6	7	8	9
		Day Bridge	Wednesday Coffee	Board Mtg Sounding Board		
10	11	12	13	14	15	16
Cinema soiree	Birding	Book Group zoom	Wed. Coffee Cafe Francais	Cafe Espanol Cellphone Photography		
17	18	19	20	21	22	23
Piano Soiree		Day Bridge German	Wed. Coffee	Tapas		
24/31	25	26	27	28	29	30
				WITS		

JANUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
		Day Bridge	Wednesday Coffee	Board Meeting		
7	8	9	10	11	12	13
	Birding	Book Group	Cafe Francais Wednesday Coffee	Cafe Espanol		
14	15	16	17	18	19	20
Cinema Soiree		Day Bridge German	Wednesday Coffee	Tapas Cellphone Photography		
21	22		24	25	26	27
				WITS		
28 Piano Soiree	29	30	31			

WELCOME NEWCOMERS!

**UCSD Oceanids
9500 Gilman Drive
La Jolla, CA 92093-0049**

OCEANIDS IS AN OFFICIAL SUPPORT GROUP OF THE UNIVERSITY OF CALIFORNIA, SAN DIEGO, PROMOTING FRIENDSHIP AND SHARED INTERESTS, OPEN TO ALL WHO ARE INTERESTED IN THE SUCCESS AND WELFARE OF THE UNIVERSITY OF CALIFORNIA.