

Oceanids News

UC SAN DIEGO OCEANIDS BI-MONTHLY NEWSLETTER

VOL. LIX No. 5

Summer 2022



"Wisdom doesn't necessarily come with age. Sometimes age just shows up all by itself." - Tom Wilson



OCEANIDS CREW 2021-2022



OCEANIDS NEWS

is the newsletter of Oceanids, a UCSD campus organization. Published bi-monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 15th OF THE MONTH FOR THE NEXT ISSUE.

Address all submissions to:

Oceanids News

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PLEASE NOTE

The Post Office does not forward OCEANIDS NEWS. Please notify membership chairs of any change of address. Membership and/or subscriptions are \$35 per year

OCEANIDS ONLINE

<http://ccom.ucsd.edu/>

~oceanids/

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NmKhillgarth@gmail.com

and also email:

renright@ucsd.edu

mwoonew@gmail.com

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Graduate Scholarships	Liz Winant 858-481-7447
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Newsletter Editor	Roswitha Enright..... 858-459-7375
Copy Editor	Judy Vacquier.....858-361-0418
Sounding Board	Nellie High-Iredale.....858-886-9223
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Emeriti Association Liaison	Kim Signoret-Paar.....858-395-9060
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Refreshment Reminder	Mary Hanson..... 858-456-1304
Sunshine Committee	Diana Vines..... 858-459-8248
SDIS	Dorothy Parker-----858-453-6351

BOARD MEETINGS: *first Thursday every month*

Oceanids **new office**, part of the International Faculty and Scholar Office, McGill Hall, Muir College

Coffee and refreshments: 9:30 am, meeting starts at 10:00 am.

You are welcome to attend.

The board meets via zoom for the time being. Call Nigella for link.

Dear Oceanids,

This week we had the Spring Luncheon at Bali Hai and it was wonderful to see many members that I had not seen for such a long time. It was a joy to meet in person again!



This is my last letter as President of Oceanids. It has been an honor and a pleasure even though it has been during such strange times for us all. Thank you for being so welcoming and helpful to me during my tenure. I look forward to continuing to be involved with Oceanids in the future.

I am so pleased to welcome Jim Bunch as the incoming President. Jim has worked tirelessly for Oceanids over the years and I am delighted he has accepted the position.

I hope you all have a great summer and I look forward to seeing many of you at the Fall Brunch.

Best Wishes,
Nigella

Dear Oceanids

Bravo and Congrats on the fine luncheon today. It was a privilege and pleasure to attend. The setting and program were fine and the food was very good. You successfully navigated the many months and difficulties of Covid and we can look forward to good years to come. One hopes that inflation and university policies will not make future Oceanid events too difficult.

Thank you very much for allowing me to attend. The event reminded of how much Liz enjoyed and benefitted from her many years of friendship and endeavors with you.

Please remind the university and all what many good things Oceanids is and does.

Yours truly,

Fred Bonkowski

UCSD Oceanids Board Slate was approved
at Oceanids Spring Luncheon
2022 - 2023

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President -Elect TBD

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(Membership)

Recording Secretary Mary Hanson

Treasurer Jan Ouren

Financial Secretary Liz Winant

Nominating Committee*

Olivia Dorman,
Bev Douglas
(alternate)
Steve Leon
(continuing)
Susan Starr

Welcome to the Oceanids' Spring Luncheon 2022!



the always popular "Grab'n Go" Table



Old friends getting together





New friends are meeting



Our current president Nigella Hillgarth



Our incoming president Jim Bunch

OCEANIDS INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are here to meet the many varied needs of the UCSD community. If you don't find an activity you would like to participate in, please contact Interest Group Coordinator *Judy Vacquier* (858) 361-0418 or jvacq@sbcglobal.net. If five or more Oceanids wish to start a new group, please let her know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us by contacting Mary Cutchin, 858-459-8074, marycutchin@yahoo.com or by submitting the application form in this issue.

Since the newsletter is posted on the Oceanids website we will, for security reasons, not publish addresses (with occasional exceptions). Please call the contact for the necessary information.

**VERY IMPORTANT FOR ALL INTEREST GROUP Chairs: Register your event at least 7 days in advance:
Send a copy of the registration form to Beate L. Menzel : jrbmlmenzel@cox.net**

AVI SET BIRDERS

Contacts: Liz Winant (858) 481-7447, lizwinant@gmail.com

Our birding group meets promptly at 8am the second Monday of each month **during the academic year**. The La Jolla group will meet at the corner of Dunaway Dr. and Glenwick Pl. in La Jolla. The North County birders will meet at a TBD location. We will carpool from these locations to sites around the county. Members will be called or e-mailed.

Next outings: Call chair.

Aviset, Oceanids birding group, has tried several ideas, all enthusiastically supported by our Aviset members. The group meets on the second Monday at 10am.

NEW INTEREST GROUP:

BOOGIE BOARDING BUDDIES

Contact: Liz Fong Wills Ludditelizfong@gmail.com

See page 7

BOOK GROUP

Contacts: Janet Goff (760)753-3472, Liz Winant (858) 481-7447

We are still Zooming on the second Tuesday morning of every month at 10 AM. We are delighted to welcome new members who enjoy a variety of fiction and nonfiction and who value good writing and a lively discussion. Please join us.

Please let us know of your latest BBF (Best Book Forever) - we're always seeking interesting titles and authors - old, new, overlooked, foreign in translation. Surprise us.

Here's the partial schedule for half the summer - more anon.

June 14 Remains of the Day by Kazuo Ishiguro 1989

July 12 Admiring Silence by Abdulrazak Gurnah 1996

Aug 9 and Sept 13 are under construction.

Since Abdulrazak Gurnah won the 2021 Nobel prize, his works are hard to come by. New copies of Admiring Silence available from Bookfinder (about \$10) are cheaper than the used ones (\$12)! SD City Library has an ebook and 9 holds on 8 copies. The County system has an ebook and three copies, one of which is available.

Next meetings: June 14.

CAFÉ ESPAÑOL

Contacts: Alicia 858 353-3878

Vicky Lindblade vlindblade@mac.com or (858)-452 1739

This conversation group is designed for fluent Spanish speakers who wish to keep up their Spanish and learn new vocabulary. We meet the second Thursday of the month at 2 p.m. One hour of conversation and one hour of reading aloud and group discussion. Call chair for more information.

Next meetings: Now on zoom! Call chair.

CAFÉ FRANÇAIS

Contact: Anne-France Saillot, afsailot@gmail.com

Dear Francophiles;

Please call chair about the next zoom meeting.

CELLPHONE PHOTOGRAPHY

Contact: Kim Signoret-Paar, kspaar@ucsd.edu

The group meets at a designated home on the second Thursday of each month at 11am for discussion and sharing of our cellphone photographs. Activities, such as field trips, will be communicated to the group's email list.

For more information, please contact Kim.

CINEMA SOIRÉE

Contact: Katie Boyer, ktpb@san.rr.com; (858) 273-6505

The group meets at a designated home on the **second Sunday** of each month (all year long) at 7:00pm for socializing; movie discussion starts at 7:30pm sharp. Light refreshments will be served. You will be contacted by e-mail about which movie to see and where to meet. For more information call Katie.

Next meetings: We are still meeting on zoom.

DAY BRIDGE

Contact: Beate Menzel jrbmlmenzel@cox.net or (619) 401-1557

We meet the **first and third Tuesdays** of the month all year long at various members' homes. We start at 10am and usually end at or before 3pm. Everyone brings her/his own lunch. The hostess will provide drinks. Call for information.

Next meetings: Call chair

EVENING BRIDGE

Contact: Barbara Bank at (858) 484-4597 or barbara@sdna1.ucsd.edu

The couples Evening Bridge Interest Group meets at 7:00pm on the **fourth Saturday** of the month all year long at one of our members' homes.

Next meetings: on hiatus

GARDENING WITH CALIFORNIA NATIVE PLANTS

Contact: Judy Vacquier (858) 361-0418 or jvacq@sbcglobal.net

This group will meet in April.

Contact Judy Vacquier for more information.

GOURMET GROUP

Contact: Susan Starr (858) 455-1630 susanstarr1@gmail.com

This is a group for those who like to try cooking new things. We meet several times a year, at members' homes, and each person brings an assigned dish or course. The group is currently full but if you'd like to be notified when there is an opening, or a new group is forming, please email Susan Starr at the address above.

Next meetings: on hiatus

MOVEABLE FEAST I

Contact: Liz Fong Wills (858) 454-6858; lizfongwills@yahoo.com
This dining-out group is currently at capacity but we are taking a wait list

Next meeting: on hiatus

MOVEABLE FEAST II

Contact: Mary Cutchin (858) 459-8074 or marycutchin@yahoo.com
This group meets every other month for drinks at a member's house. From there we carpool to the restaurant. Contact Mary Cutchin for information and reservations.

Next meeting: Call Mary.

PIANO AND CHAMBER SOIRÉE

Contact: Judy Vacquier (858) 361-0418 or jvacq@sbcglobal.net

This group is for amateurs who need a motivation to practice and want to perform in a relaxed, fun setting among friends. We welcome piano, chamber instruments and voice, classical, jazz and popular music, solos and ensembles.

The Piano and Chamber Music Soiree has been meeting monthly by zoom Attendance has been maximum, and we've been meeting for three hours each time. Members record their piece using Voice Memos, or the video camera on their cell phone, and send it to Michael, who acts as our emcee. We may now try meeting in small groups to zoom, so at least we get to hear some of the music live.

Next meetings. Call chair.

SOUNDING BOARD

Contact: Nellie High,-Iredale: 858-886 9223; nellie@looklajollahomes.com

Sounding Boards are always on the first Thursday of the month at noon . Next meeting call Nellie..

TAPAS ON THURSDAY

Contact: Barbara Bank <bbank@ucsd.edu>

This is a new interest group. We meet at noon on the third Thursday of the month to enjoy tapas and conversation. Depending on the number of members at the monthly gathering either half or all the attendees bring tapas to share.

Next meetings: on hiatus

WEDNESDAY COFFEE

Contact: Georgina Sham 858-459-1336

Mary Woo (858) 481-6998 & (858) 336-3642 (cell)

Jennie Chin enjien1@hotmail.com

Come join our social group of Oceanids, newcomers, postdocs, students, and their children for refreshments at the International Center every Wednesday, 10am-12 noon **during the academic year.** You'll make friends and learn strange and wonderful American customs.

Visit the KITCHEN EXCHANGE where newcomers can rent kitchen, household, and baby equipment for a small fee.

WE HAVE MOVED TO THE CONTAINER next to the former International Center parking lot, at parking lot P 416.

Next meetings: on hiatus

WINE TASTING I

Contact: Alicia Flores Meneses at virginiacisne@yahoo.com or 858-353 3878

WINE TASTING II

Contact: Barbara Scholz (858) 350-6014 or bscholz@hotmail.com
Exploring the taste sensations of a new wine or an old vintage, this group meets on Fridays or Sundays. Members rotate as hosts. This group is again open to new members.

Wine Tasting meeting hosting by Alicia using Zoom.

At your place you will have a bottle of the wine that you selected and get the following information: brand, year, properties, price, and store where you buy it. You will try your chosen wine and rate it from 1 to 4 during our meeting. Call chair for more information.

WITS II

Contact: Bev Douglas (858) 453-4938

WITS II uses the principles of NAIC to study and evaluate companies for stock purchases. We meet on the 4th Wednesday at 2pm

Next meeting: Call Bev..

Boogie Boarding

We invite you to join the newest Oceanids interest group for boogie boarding on Saturdays and/or Sundays. We have found to our delight that wet suits give enough protection to enjoy this sport year round when the weather, water temp and wave conditions permit. But when the water warms up wet suits aren't needed. The exercise is gentle and helps greatly with strength and balance, and it is wonderful to share the fun! Both men and women are welcome! If interested, send your email address to ludditelizfong@gmail.com and you will receive an email each Thursday night after ten pm telling you if we are going to meet Saturday morning at 10 am and/or Sunday morning at 11 am. You should bring your own boogie board, sunscreen, wetsuit or lycra suit or just swimsuit, booties and meet us at the home of one of us that is near the main life-guard station at La Jolla Shores. But please note that street parking is a real challenge during the summer, so it would be a good idea to carpool or park at a friend's in La Jolla Shores, or maybe both!

Oceanids Gallery of Arts and Crafts

By Jan Ouren

Last year, Oceanids News opened the Oceanids Gallery of Arts and Crafts, a virtual exhibition space. This issue features **Heli Hofmann**, an Oceanid and artist.

Born in Bavaria, Germany, Heli began painting while raising two daughters. In the 70's she and her children emigrated to La Jolla, where she met and married a distinguished UCSD faculty physician and joined Oceanids. She is known to many of us through her connection to Oceanids and her prolific artwork.

Heli works in oil on canvas and in a style called post-impressionism, a style influenced by Franz Marc, Alexej Jawlensky and others. Most of her paintings are large, square in shape and vibrantly colorful. She finds many subjects for her paintings in California missions, flower fields, sunsets and cloud formations. Most of her work is in private collections in Europe. She is listed in the *California Art Review* and the *Encyclopedia of Living Artists*.

Heli in her studio



The Pier at Ahlbeck





California Mission



Terracotta Pot

To contact Heli about her work, please write her at helihofmann@gmail.com

We encourage members to submit one of your art or craft works, to be published in our newsletter- available online to members and the public.

To exhibit your work, please send a jpg of your work and a short artist's statement, to jouren@gmail.com.

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Elisabeth Marti, - January 16, 1939 to April 3, 2022-

Elisabeth, or Elsbet as she was known to many of us, died after a severe illness.

Elisabeth was born in a small village in Switzerland in the only schoolhouse where her father was the teacher. She attended a teacher's seminar in Bern/Switzerland and became a teacher in 1959. She moved with her husband, a UCSD chemist, to La Jolla in 1965. Her passion was early music and she joined the UCSD Madrigal Singers in 1957 and became one of the founding members of the Early Music Society of San Diego. Elsbet was a long-time member of Oceanids and served as their treasurer. She enjoyed many Oceanid activities, and she and her husband often joined the Hiking Group.

We will miss her.

SOUNDING BOARD

.....will return in October

Six Hundred Thousand Cranes

One of America's best kept nature secrets is the astonishing migration of the Sandhill Cranes through Nebraska.

In March I flew to the little town of Kearney, Nebraska on the Platte River. Every Spring eighty percent of the world's Sandhill Cranes fly North from their wintering grounds in the South to breed in Alaska, Canada and Siberia. Nebraska is the perfect place for these birds to stop, rest and feed on their long journey. They have been migrating through this area for millions of years. The Platte River is a braided river - wide and shallow with many small, grassy islands. The cranes roost on the islands at night safe from coyotes. Much of the ancient grasslands surrounding the river has been lost but the gleanings from the corn fields provide an excellent food source for the birds and the farmers don't mind as it helps to clean the fields.

I was attending a nature photography workshop designed around the crane migration. Each day we rose before dawn and drove a few miles to the local Audubon Sanctuary where we walked down to the river in darkness and settled into a large blind. At first light we opened the blind windows and began to make out shapes on the river as far as the eye could see. Soon we could make out thousands of cranes packed on the islands and suddenly a cacophony of sound - calls and the rush of wings as the cranes took off in front of us. There were 600,000 or so cranes on the river while we were there and at least 30,000 in front of our blind alone! In the evening the cranes fly in waves down to the river at dusk. Watching cranes come in with the setting sun behind them is an unforgettable sight. We don't have to travel to Africa to see great migrations - we have a magnificent one here!

Nigella Hillgarth



Dancing Cranes



Crane Clouds

Clever Words/ new defined terms:

1. ARBITRATOR
A cook that leaves Arby's to work at McDonald's.
2. BERNADETTE
The act of torching a mortgage.
3. BURGLARIZE
What a crook sees through.
4. AVOIDABLE
What a bullfighter tries to do.
5. COUNTERFEITER
Workers who put together kitchen cabinets.
6. LEFT BANK
What the bank robbers did when their bag was full of money.
7. HEROES
What a man in a boat does.
8. PARASITES
What you see from the Eiffel Tower.
9. PARADOX
Two physicians.
10. PHARMACIST
A helper on a farm.
11. RELIEF
What trees do in the spring.
12. RUBBERNECK
What you do to relax your wife.
13. SELFISH
What the owner of a seafood store does.
14. SUDAFED
Brought litigation against a government official.

WELCOME NEWCOMERS!

**UCSD Oceanids
9500 Gilman Drive, MC 0049
La Jolla, CA 92093-0049**

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OCEANIDS IS AN OFFICIAL SUPPORT GROUP OF THE UNIVERSITY OF CALIFORNIA, SAN DIEGO, PROMOTING FRIENDSHIP AND SHARED INTERESTS, OPEN TO ALL WHO ARE INTERESTED IN THE SUCCESS AND WELFARE OF THE UNIVERSITY OF CALIFORNIA.