HUMOR IST, WENN MAN TROTZDEM LACHT (GERMAN PROVERB)
(A SENSE OF HUMOR MEANS TO LAUGH, REGARDLESS...)

I still can't believe people's survival instincts told them to grab toilet paper.

I'm going to stay up on New Year's Eve this year. Not to see the New Year in, but to make sure this one leaves.

If I had only known in March it would be my last time in a restaurant, I would have ordered dessert.

At the store there was a Big X by the register for me to stand on... I've seen too many Road Runner cartoons to fall for that one.

Having some states lock down and some states not lock down is like having a peeing section in a swimming pool.

Until further notice, the days of the week are now called, thisday, thatday, otherday, someday, yesterday, today & nextday.

The dumbest thing I've ever purchased was a 2020 planner.

When Does Season TWO of 2020 Start? I Do Not Like Season ONE.

They said a mask and gloves were enough to go to the grocery store.

They lied, everybody else had clothes on.

Keep in mind, even during a pandemic, no matter how much chocolate you eat, your earrings will still fit.

The buttons on my jeans have started social distancing from each other.

I never thought the comment "I wouldn't touch him/her with a 6 foot pole" would become a national policy, but here we are.
OCEANIDS CREW 2020-2021

BOARD OF DIRECTORS

Honorary Chair
Thespine Kavoulakis, Associate of the Chancellor

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Nigella Hillgarth .......... 858-228-0446

*Oceanid of the Year” / Maxine White Award
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Kim Signoret-Paar .......... 858-395-9060

President Elect
TBD

1st Vice-President
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(Fall Brunch, Spring Lunch)

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Liz Johnson .......... 858-412-3068

(Membership, directory updates)
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Liz Fong Wills .......... 858-454-6858
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Publicity and Website
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Roswitha Enright .......... 858-459-7375

Copy Editor
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Sounding Board
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Buildings & Grounds
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Campus Focus Events
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Jan Ouren ........ 858-273-1681

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Kim Signoret-Paar .......... 858-395-9060

Friends of Int’l. Center Liaison
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Retirement Association Liaison
Nancy Groves .......... 858-453-6486

Historian
TBD

Refreshment Reminder
Mary Hanson .......... 858-456-1304
Diana Vines .......... 858-459-8248

BOARD MEETINGS: first Thursday every month
Oceanids new office, part of the International Faculty and Scholar Office, McGill Hall, Muir College
Coffee and refreshments: 9:30 am, meeting starts at 10:00 am.
You are welcome to attend.
Greetings!

For many of us it was a very strange Thanksgiving this year, I know it was for me! Zooming with one’s family and friends cannot make up for face-to-face time in the holiday season. I hope all of you are well and safe during these tough times. The holidays and winter are upon us and it’s going to be a difficult time, however I am excited, as I hope you are, by the real possibility of good vaccines in the spring or early summer. I understand it is likely that everyone who wants a vaccine can have it by June 2021.

Oceanids will continue to be virtual during 2021 until we know it is really safe to be together again. Many of our groups are being very active and please consider joining one or more if you’re not already involved. Also Sounding Board has several interesting speakers lined up and I hope you will join us on zoom for these talks. Thank you for your support for Oceanids. Even though learning at UC San Diego is virtual students need our help more than ever, and the student free clinic is very important at this time.

In the meantime, I wish you all a very very Happy Holidays and New Year.

Nigella

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**VOLUNTEER OPPORTUNITIES**

- We have a number of volunteer opportunities for Oceanids. Please see if any of the following interest you!
- We would love to involve more members in Oceanids activities. Please email Kim Signoret-Paar kspaar@ucsd.edu and she will answer any questions about the “job” and connect you to the right person.

**Computer Software Installation and Database Conversion**

- This winter we will be installing a new computer for the Oceanids office and will be moving our membership database to a new program. If this is something that you love to do, please contact us.

**Kitchen Exchange Volunteers**

- A great group of volunteers works with Liz Fong-Wills (858 454-6858) on this signature project. New volunteers always welcomed.

Can’t find your latest orange Directory?

For only $5.00 we will send you a new one. Just send a check to UCSD Oceanids, International Faculty and Scholar Office, 9500 Gilman Dr. La Jolla, CA 92093

What to give someone for Christmas who has (almost) everything?

How about a gift membership to Oceanids? (But get the consent first, please).

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![Image of the washing line with a basket of laundry]
During this pandemic I have spent time studying the birds in our yard. I decided to keep a photographic diary of the different species that use the garden. By doing so I got to know individuals really well and also recorded the natural rhythm of the bird community over the seasons. I found it enormously comforting to see nature flourishing in the midst of so much uncertainty and I wanted to share some of the birds with you.

When lockdown started in March the Yellow-rumped warblers were still here with our year-round residents, including the hummingbirds, the orange crowned Warblers, Black phoebes and the song sparrows. I decided to put up more bird-feeders to entice species that don’t normally come into the yard to move closer.

I would get occasional glimpses of lesser goldfinches, House finches and Morning doves, and so I put up a platform bird-feeder with mixed birdseed and I knew the house finches and doves would come flocking. They quickly found the feeder so I could sit on the couch and study the different colors of the males and even some of the females that are brightly colored.

I also wanted to encourage the subtly colored Lesser goldfinches, but I waited before I bought Nyjer seed for them. That was because I committed the gardening crime of allowing the milk thistles to flourish and go to seed in order to attract the goldfinches. It was a joy to watch them as I sat on the couch a few feet away and I could study their delicate plumage, and the dexterous way in which they plucked seeds from the flower heads and devoured them ferociously.

Yard birding really helped to take my mind off the realization of the seriousness of COVID-19, and that, even though official lockdown might end, isolation may continue in many ways for a long time to come. Birds gave me great comfort and joy during this time - especially when spring migration began. It was such an affirmation to see birds coming through as migration got underway. One morning such delight as a Warbling Vireo decided to spend the morning in our yard! Later the excitement watching Orange crowned Warblers darting in and out of the flowers looking for insects and following the insistent piercing cheap of their fledglings demanding to be fed. Also, one morning hearing again the sharp tac-tac sound of the Hooded orioles announcing their return and seeing the beautiful male with bright yellow and black plumage taking a quick drink at the hummingbird feeder by the front door. Later, as the summer progressed, watching the foolish antics of the oriole juveniles as they explored and played in the yard.

The garden is quiet now with just the resident birds left but Fall migration is underway and who knows what birds may visit! This week a migrating Townsend Warbler took a bath a few feet from me and a Wilson’s warbler flew by. Nature continues to bring me hope and nurture in this extraordinarily difficult time.
San Diego Independent Scholars Lecture Series
To be placed on the mailing list for this series, contact <sandiegoindependentscholars@gmail.com>

1:30 pm on Saturday, January 16, 2021
Topic: Indonesia and the Origins of Modern Humans

Christopher Wills, Ph.D., Professor of Biological Sciences Emeritus, U.C. San Diego
Professor Wills received his B.A. and M.Sc. in biology from the University of British Columbia in 1960 and 1962, and a Ph.D. in genetics from the University of California at Berkeley in 1965. His research interests include the maintenance of genetic variability in human populations, the forces that maintain variation in complex ecosystems such as rainforests and coral reefs, the evolution of diseases, and the evolution of our species.

A recent book, “The Darwinian Tourist: Viewing the World Through Evolutionary Eyes” (2010) was called “probably the year’s most important travel book” by Condé Nast Traveler.

Indonesia is a vast archipelago of more than 17,500 islands, spread over an area as wide as the continental United States. It encompasses the most geologically active parts of the Pacific’s vast “ring of fire,” and is home to 127 active volcanoes. Its people are incredibly diverse, Muslim, Christian and animist, and some have lived there for at least 50,000 years. Indeed, the islands of Indonesia have been on the path of major migrations of close relatives of our species for almost two million years.

SDIS is hosting a Zoom bash to celebrate completion of the COVID-19 booklet

Sunday, Dec 6, 2-4 pm

We will have short readings from authors who wish to do so. We will also screen share photos that were submitted.

Oceanid members who contributed to the project include: Nigella Hilgarth, Teresa Norris, Nan Oselett, Dave Parker, Dorothy Parker, Kim Signoret-Paar, Chris Wills, Liz Wills, Martha Dennis, Janet Goff, Ursula Moede, Thespine Kavoulakis, Liz Bonkowsky, Barbara Bank and Nancy Groves. They and their friends (which I guess means pretty much all Oceanids) are warmly invited. RSVP to sandiegoindependentscholars@gmail.com.

Persons who wish to be permanently placed on our mailing list can indicate that and then they have to RSVP only once.
OCEANIDS INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are here to meet the many varied needs of the UCSD community. If you don’t find an activity you would like to participate in, please contact Interest Group Coordinator Judy Vacquier (858) 361-0418 or jvacq@sbcglobal.net. If five or more Oceanids wish to start a new group, please let her know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us by contacting Mary Cutchin, 858-459-8074, marycutchin@yahoo.com or by submitting the application form in this issue.

Since the newsletter is posted on the Oceanids website we will, for security reasons, not publish addresses (with occasional exceptions). Please call the contact for the necessary information.

VERY IMPORTANT FOR ALL INTEREST GROUP Chairs: Register your event at least 7 days in advance:
Send a copy of the registration form to Beate L. Menzel : jrblmenzel@cox.net

AVI SET BIRDERS
Contacts: Liz Winant (858) 481-7447, lizwinant@gmail.com
Our birding group meets promptly at 8am the second Monday of each month during the academic year. The La Jolla group will meet at the corner of Dunaway Dr. and Glenwick Pl. in La Jolla. The North County birders will meet at a TBD location. We will carpool from these locations to sites around the county. Members will be called or e-mailed.
Next outings: ??.
Aviset, Oceanids birding group, has tried several ideas, all enthusiastically supported by our Aviset members. Call chair for our next adventure.

BOOK GROUP
Contacts: Janet Goff (760)753-3472, Liz Winant (858) 481-7447
We Zoom meet on the second Tuesday morning of every month at 10 AM. Everyone is welcome; we are happy to greet new members who like to read a variety of fiction and non-fiction and who value good writing and a lively discussion. Please join us.
What do you readers (book group or not) think of a graphic novel in the spring? “Maus I and II” by Art Spiegelman, “Fun Home” by Alison Bechdel and “Persepolis I and II” by Marjane Satrapi are some titles under consideration. Please let us know, and of other books you like.

CAFÉ ESPAÑOL
Contacts: Beate Menzel jrblmenzel@cox.net or (619) 401-1557
Vicky Lindblade vlindblade@mac.com or (858)-452 1739
This conversation group is designed for fluent Spanish speakers who wish to keep up their Spanish and learn new vocabulary. We meet the second Thursday of the month at 2 pm. One hour of conversation and one hour of reading aloud and group discussion. Call chair for more information.
Next meetings: ??
We will meet twice a month instead of just monthly. Alicia has been kind enough to accommodate us by hosting the meetings as she does with her Spanish classes.

CAFÉ FRANÇAIS
Contact: Hulya Saygin hulyasaygin@yahoo.com
Dear Francophiles;
Please call chair about the next zoom meeting.

CELLPHONE PHOTOGRAPHY
Contact: Kim Signoret-Paar, kspaar@ucsd.edu
The group meets at a designated home on the second Thursday of each month at 11am for discussion and sharing of our cellphone photographs. Activities, such as field trips, will be communicated to the group’s email list. For more information, please contact Kim.

CINEMA SOIRÉE
Contact: Katie Boyer, ktpb@san.r.r.com; (858) 273-6505
The group meets at a designated home on the second Sunday of each month (all year long) at 7:00pm for socializing; movie discussion starts at 7:30pm sharp. Light refreshments will be served. You will be contacted by e-mail about which movie to see and where to meet. For more information call Katie.
Next meetings: ??
The Cinema Soiree bunch is watching movies on Netflix or Prime and holding our meetings via Zoom. Interest is good and an amazing number of movies is available on those 2 sites. We are enjoying being able to stay in touch. We are lucky to have a Zoom connection that accommodates an unlimited number, so if anyone is interested in joining, contact Katie Boyer at ktpb@san.r.r.com.

DAY BRIDGE
Contact: Beate Menzel jrblmenzel@cox.net or (619) 401-1557
We meet the first and third Tuesdays of the month all year long at various members’ homes. We start at 10am and usually end at or before 3pm. Everyone brings her/his own lunch. The hostess will provide drinks. Call for information.
Next meetings: on hiatus

EVENING BRIDGE
Contact: Barbara Bank at (858) 484-4597 or barbara@shna1.ucsd.edu
The couples Evening Bridge Interest Group meets at 7:00pm on the fourth Saturday of the month all year long at one of our members’ homes.

GARDENING WITH CALIFORNIA NATIVE PLANTS:
This is a new interest group focusing on learning how to use California native plants in our gardens to attract wildlife, birds, butterflies and pollinators, and to reduce the need for water and chemicals. We will meet at each others’ homes, and take field trips to local nurseries, public and private garden tours, plant workshops, and more. Contact Judy Vacquier at jvacq@sbcglobal.net for details.
The Gardening with California Native Plants group met by Zoom since the shutdown. We took photos of our native plants and shared them on Zoom. We plan to meet again soon.

GERMAN KAFFEEKLATSCH
Contact: Roswitha Enright (858) 459-7375 (renright@ucsd.edu)
This group is for beginners and experienced German speakers alike. Guaranteed no pressure. Just come on the 3rd Tuesday at 3pm and have a good time. Only German spoken. If you want to join, please contact Roswitha.

Next meetings: ??
We are meeting for our German conversation per zoom on the 3rd Tuesday of each month at 3 pm. If you want to join us please contact Jim Bunch (858) 453-5765 for the zoom information.

GOURMET GROUP
Contact: Susan Starr (858) 455-1630 susanstarr1@gmail.com
This is a group for those who like to try cooking new things. We meet several times a year, at members’ homes, and each person brings an assigned dish or course. The group is currently full but if you’d like to be notified when there is an opening, or a new group is forming, please email Susan Starr at the address above.

Next meetings: on hiatus

HIKING IN AND AROUND SAN DIEGO COUNTY
Contact: Jim Bunch (858) 453-5765
We need drivers to take interested hikers to the start of the hikes. If you are interested in hiking please call the chair. If there are going to be enough drivers the hike will be on.

Next possible hikes: on hiatus for lack of drivers.

MOVEABLE FEAST I
Contact: Liz Fong Wills (858) 454-6858; lizfongwills@yahoo.com
This dining-out group is currently at capacity but we are taking a wait list

Next meeting: on hiatus

MOVEABLE FEAST II
Contact: Mary Cutchin (858) 459-8074 or marycutchin@yahoo.com
This group meets every other month for drinks at a member’s house. From there we carpool to the restaurant. Contact Mary Cutchin for information and reservations.

Next meeting: on hiatus

PIANO AND CHAMBER SOIRÉE
Contact: Judy Vacquier (858) 361-0418 or jvacq@sbcglobal.net
This group is for amateurs who need a motivation to practice and want to perform in a relaxed, fun setting among friends. We welcome piano, chamber instruments and voice, classical, jazz and popular music, solos and ensembles. We usually meet the third or fourth Sunday at 3 pm.

Next meetings: ??
The Piano and Chamber Music Soiree has been meeting monthly by zoom Attendance has been maximum, and we’ve been meeting for three hours each time. Members record their piece using Voice Memos, or the video camera on their cell phone, and send it to Michael, who acts as our emcee. Also, our former member Martine, who moved to Texas, can attend now!

Next zoom meetings: Call chair.

SOUNDING BOARD
Contact: Nellie High-Lredale: 858-886 9223; nellie@looklajollahomes.com
Sounding Boards are always on the first Thursday of the month at noon at the Faculty Club.

TAPAS ON THURSDAY
Contact: Barbara Bank <bbank@ucsd.edu>
This is a new interest group. We meet at noon on the third Thursday of the month to enjoy tapas and conversation. Depending on the number of members at the monthly gathering either half or all the attendees bring tapas to share. We have enjoyed new and delicious treats and best of all enjoyed the delightful company of fellow Oceanids. If you would like to join our group, please contact the chairperson.

Next meetings: on hiatus

WEDNESDAY COFFEE
Contact: Georgina Sham 858-459-1336
Mary Woo (858) 481-6998 & (858) 336-3642 (cell) Jennie Chin enjien1@hotmail.com
Come join our social group of Oceanids, newcomers, postdocs, students, and their children for refreshments at the International Center every Wednesday, 10am-12 noon during the academic year. You’ll make friends and learn strange and wonderful American customs.

Visit the KITCHEN EXCHANGE where newcomers can rent kitchen, household, and baby equipment for a small fee.
WE HAVE MOVED TO THE CONTAINER next to the former International Center parking lot, at parking lot P 416.

Next meetings: on hiatus

WINE TASTING I
Contact: Alicia Flores Meneses at virginiacisne@yahoo.com or 858-353 3878
WINE TASTING II
Contact: Barbara Scholz (858) 350-6014 or bscholz@hotmail.com
Exploring the taste sensations of a new wine or an old vintage, this group meets on Fridays or Sundays. Members rotate as hosts. This group is again open to new members.

Wine Tasting meeting hosting by Alicia using Zoom on...
At your place you will have a bottle of the wine that you selected and get the following information: brand, year, properties, price, and store where you buy it. You will try your chosen wine and rate it from 1 to 4 during our meeting. Call chair for more information.

WITS II
Contact: Bev Douglas (858) 453-4938
WITS II uses the principles of NAIC to study and evaluate companies for stock purchases. We meet on the 4th Wednesday from 3:30 to 5pm.

Next meeting: on hiatus
Oceanids Gallery of Arts and Crafts
Presented by Jan Ouren

This summer, Oceanids News announced the opening of the Oceanids Gallery of Arts and Crafts, a virtual exhibition space. This issue features Cliff McReynolds, a professional artist, an Oceanid and a participant in our Cinema Soiree.

As evidenced by his inclusion in Who’s Who in American Art since 1978, **Cliff McReynolds** has been an important and vital contributor to American Art for nearly 30 years. His art has been shown prominently in galleries throughout the world and his paintings are featured in the collections of major corporations, art institutes, and private collectors throughout the world.

Stoned In La Jolla 11” x 18” 1997 © Copyright Cliff McReynolds

To contact Cliff about his work, please visit his website, cliffmcreynoldsart.com.

We encourage members to submit one of your art or craft works, to be published in our newsletter--available online to members and the public. To exhibit your work, please send a .jpg of your work and a short artist’s statement, to jouren5353@gmail.com.
Sounding Board is a series of seven lectures during the academic year, the first Thursday at 12
noon, sponsored by UC San Diego Oceanids and the UC San Diego Faculty Club.
Due to the COVID-19 restrictions, we are adapting to meet online Via Zoom. This presentation is
free of charge. Organized and presented by Nellie High-Irsdale

December 3, 2020
Dana Henderson, Feeding San Diego:

“Hunger and Food Rescue: how we use food rescue as a tool for solving
hunger in San Diego county while reducing our county’s carbon footprint”

Feeding San Diego (FSD) provides more than 31.2 million meals to people
facing hunger through a decentralized rescue and distribution network.
We distribute meals in partnership with more than 320 local charities,
schools, faith communities, meals sites, and food pantries.
An introduction to FSD’s decentralized model will discuss how diverting
food from the landfill not only helps solve hunger in San Diego County, but
also saves over 24,000 metric tons of CO2 equivalent from being emitted
into the atmosphere. In addition, we will discuss the impact of COVID on
this model and the path forward.

Dana Henderson is currently the Director of Programs at Feeding San
Diego and has been with the organization for five years. She has a BA from the University of Cali-
fornia in San Diego in International Studies and an MA in Latin American and Hemispheric Studies
from the George Washington University. After graduate school, Dana gave a year of service through
AmeriCorps VISTA at the International Rescue Committee in Silver Spring, MD and was subsequent-
ly hired, staying with the IRC for three years. From there, Dana made the big decision to move to the
Dominican Republic and spent two years working for a community based non-profit, before returning
to San Diego to start her work with Feeding San Diego in December of 2015 as the Programs
Manager.

OCEANIDS IS OPEN TO ALL WHO ARE INTERESTED IN UCSD

Print your name as you would like it to appear in the OCEANIDS DIRECTORY. Check here if you don’t want to be listed: ____

Name: __________________________________________________________ Spouse’s Name: _______________________

Address: _______________________________________________________________________________________________

City, State, Zip: __________________________________________________ Type of Membership: _______________________

Home Phone: ______________________________ Work Phone: __________________________

Cell #: ______________________________________ Email: ________________________________

ANNUAL MEMBERSHIP: $35; SUSTAINING: $250 & LIFE MEMBERSHIP: $500
All gifts, memorials and dues are tax deductible when made payable to “UC San Diego Foundation”.
 Please write the purpose on the “Memo” line.

Send check(s) & completed form to:
WHY?

Why do men’s clothes have buttons on the right while women’s clothes have buttons on the left? When buttons were invented, they were very expensive and worn primarily by the rich. Since most people are right-handed, it is easier to push buttons on the right through holes on the left. Because wealthy women were dressed by maids, dressmakers put the buttons on the maid’s right! And that’s where women’s buttons have remained since.

Why do ships and aircraft use ‘mayday’ as their call for help?
This comes from the French word m’aidez - meaning ‘help me’ - and is pronounced, approximately, ‘mayday.’

Why are zero scores in tennis called ‘love’
In France, where tennis became popular, the round zero on the scoreboard looked like an egg and was called ‘l’oeuf,’ which is French for ‘the egg.’ When tennis was introduced in England, it was mispronounced ‘love.’

Why is shifting responsibility to someone else called passing the buck’?
In card games, it was once customary to pass an item, called a buck (often a knife with a “buck” handle), from player to player to indicate whose turn it was to deal. If a player did not wish to assume the responsibility of dealing, he would ‘pass the buck’ to the next player.

Why do people clink their glasses before drinking a toast?
In earlier times it used to be common for someone to try to kill an enemy by offering him a poisoned drink. To prove to a guest that a drink was safe, it became customary for a guest to pour a small amount of his drink into the glass of the host. Both men would drink it simultaneously. When a guest trusted his host, he would only touch or clink the host’s glass with his own.

Why are people in the public eye said to be ‘in the limelight’?
Invented in 1825, limelight was used in lighthouses and theatres by burning a cylinder of lime which produced a brilliant light. In the theatre, a performer ‘in the limelight’ was the Centre of attention.

Why is someone who is feeling great ‘on cloud nine’?
Types of clouds are numbered according to the altitudes they attain, with nine being the highest cloud. If someone is said to be on cloud nine, that person is floating well above worldly cares.

In golf, where did the term ‘Caddie’ come from?
When Mary Queen of Scots went to France as a young girl, Louis, King of France, learned that she loved the Scots game ‘golf.’ He had the first course outside of Scotland built for her enjoyment. To make sure she was properly chaperoned (and guarded) while she played, Louis hired cadets from a military school to accompany her.

Mary liked this a lot and when she returned to Scotland (not a very good idea in the long run), she took the practice with her. In French, the word cadet is pronounced ‘ca-day’ and the Scots changed it into caddie.

Why are many coin collection jar banks shaped like pigs?
Long ago, dishes and cookware in Europe were made of dense orange clay called ‘pygg’. When people saved coins in jars made of this clay, the jars became known as ‘pygg banks.’ When an English potter misunderstood the word, he made a container that resembled a pig. And it caught on.
### ZOOM DECEMBER 2020

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WELCOME NEWCOMERS!

UCSD Oceanids
9500 Gilman Drive, MC 0049
La Jolla, CA 92093-0049

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