

Oceanids News



UC SAN DIEGO OCEANIDS BI-MONTHLY NEWSLETTER

VOL. LVIII No. 4

February/March 2021



Slowly but surely things will get better

OCEANIDS CREW 2020-2021



OCEANIDS NEWS

is the newsletter of Oceanids, a UCSD campus organization. Published bi-monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 15th OF THE MONTH FOR THE NEXT ISSUE.

Address all submissions to:
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The Post Office does not forward OCEANIDS NEWS. Please notify membership chairs of any change of address. Membership and/or subscriptions are \$35 per year

OCEANIDS ONLINE

<http://ccom.ucsd.edu/~oceanids/>

E-MAIL

oceanids@ucsd.edu

Oceanids President:

NmKhillgarth@gmail.com

and also email:

renright@ucsd.edu

mwoonew@gmail.com

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| | |
|---|---|
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BOARD MEETINGS: *first Thursday every month*

Oceanids **new office**, part of the International Faculty and Scholar Office, McGill Hall, Muir College

Coffee and refreshments: 9:30 am, meeting starts at 10:00 am.

You are welcome to attend.

The board meets via zoom for the time being. Call Nigella for link.

PRESIDENT'S MESSAGE

This time last year I was on my way to Tanzania. It was a magical time spent in remote parts of the Serengeti with few people and many wild animals. While I was there we heard distant news about a new virus in China but it never occurred to us that this would be our last travel for some considerable time.



Now I am more hopeful than I have been for many months. Although the vaccine has been slow to arrive it looks as if it will not be long before we have some protection against COVID-19. So I am hopeful that this year I will be able to hug my friends and visit my family in Europe. The start to 2021 has been rocky at best, but I am hopeful that there is a much brighter future ahead for all of us. The assault on our democracy has shaken us to the core - it certainly shocked me deeply. As I write this a new President and Vice President are about to be inaugurated and I hope that the rest of 2021 will be the year we all hoped it would be when we celebrated the start of the new year.

During this pandemic we have focused on our interest groups in Oceanids and it's been a wonderful way to virtually keep in touch with one another, but it's possible to forget that our mission includes a strong educational component through graduate and undergraduate support at UCSD as well as helping academic visitors to the university.

I believe education is a cornerstone of democracy therefore our student support, and welcoming international visitors is an important contribution to education and contributes to the successful future of our country. A big thank you to all who support our student scholarships.

Very best to all of you and stay well and safe
Nigella

Many thanks to our generous donors

Last year was like no other in recent memory. However, our membership team donned masks and went onto the deserted campus to pick up the mail, kept track of membership dues and gifts, and kept the lights on for our Oceanids organization. Likewise the UCSD Foundation staff were working from home, but, one staff person came into the offices two mornings a week, so I could deliver checks and credit card donations to her. I had to call when I arrived as the building was completely shut down, but the deserted parking meant that I didn't have to worry about finding a parking space.

We thank the following members for generously supporting our fellowships, awards and campus projects.

Sea Hares to \$99: Penny Adler, Martha Denis, Patricia Nelson, Maryline Parca, Anne-France Saillot, Huyla Saigin, Diana Vines, Judith Wesling

Sea Urchins \$100 - \$199: Lou Bowles, Maryruth Cox, Deborah Day, Suzanne Evans, Barbara Fitzsimmons, Elizabeth Johnson, Miriam Kastner, Gaby Kuerman, Margaret Leinen, Vicki Lindblade, Christa McReynolds, Beate Menzel, Barbara Nemiroff, Teresa Norris, Judith Vacquier, Mihoko Vacquier, Elizabeth Winant

Sand Dollars \$200 - \$499: Suzanne Applebaum, Joan Bernstein, Katy Boyer, Roswitha Enright, Dorothy Ann Fanestil, Mary Hanson, Mary Lynn Hyde, Louise Keeling, Claudia Lowenstein, Georgina Sham, Johanna Thompson

Sea Horse \$1,000 - \$5,000: Ann McCammon, Kim Signoret Paar, Rachel York, Sibyl York.

Thank you for your support.
Liz Winant, Oceanids Financial Secretary

Rita Loyd Atkinson,

noted psychologist and longtime member of the UC San Diego campus community, passed away on Friday, December 25.

Born in 1929 in Richmond, Virginia, she met her husband, Richard Atkinson, as a fellow graduate student. They moved to California in 1954. A new chapter opened in their lives with Richard's appointment as chancellor of UC San Diego in 1980. Rita immediately established herself as an important asset to the university. Among others she served on the Oceanid Board, and we remember her opening the Chancellor's home for some of our functions.

Liz Bonkowsy:

Several years ago, Rita donated a significant amount to Oceanids and asked us to do something special with it. We had been discussing some sort of emergency fund for international students and her donation gave us the opportunity to set it up. Most Oceanids have traveled abroad and know what it must be like to face an unexpected emergency far from home. The fund has been a wonderful asset giving us the possibility of helping students, often in heart-breaking situations, who have no financial resources to cover the unexpected. The UCSD administration has been very careful with its suggestions, bringing students to our attention only when all else has failed. Of course we keep the matters confidential but we - and the student offices - have been gratified that we had the means to help these students. We kept Rita informed of the circumstances in which we used the money. After our initial funding was somewhat depleted, Rita assisted other Oceanid donors to keep the account at a useful level.

Ruth Stern: Thoughts about Rita Atkinson

We of the UCSD community and associates thereof are so fortunate to have had Rita Atkinson among our friends - and she would certainly have said the same about us!

She fulfilled the many obligations of her elevated status in the statewide as well as the local community. But I think the more personal familiar role in the UCSD setting was especially delightful to her, and she took advantage of opportunities to maintain close connections outside of her more official duties. So we see her on a Sunday morning socializing with a self-selected group who are drinking coffee and downing bagels while Rita indulges in her favorite breakfast libation - beer. In this setting, and in neighborhood walks when feasible, she kept up with

the activities and events which gave her great pleasure. She was actively interested in Oceanids and got to their events and lectures whenever she could. Oceanids played a unique role in her famed philanthropy. She would make a generous donation and rely on the Board to decide how best to use it. Her lively curiosity stayed with her at all times as her wide coterie of friends could attest to. The members of the Oceanids Board all felt connected - as did so many others.

We are lucky to be able to memorialize Rita to ourselves whenever we see her building, playground and other "mementos". She is, and will continue to be, loved and missed.

1935 - 2020

Mariette Kobrak died at home in San Diego, California, on December 25, 2020. She was born in the Netherlands and worked many years as an accomplished accountant in La Jolla.

Mariette had been a longtime Oceanid and spoke at one of the Sounding Board meetings as a member of the San Diego League of Women Voters.

Long time Oceanids member **Odette Filloux** passed away December 29th. Her family has posted a beautiful obituary. Click on the link, then click on obituaries, then type in Odette Filloux in the search box.

fillouxdaggett@mindspring.com

Her friend Maryruth Cox remembers:

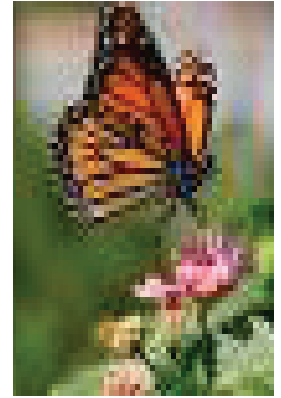
When Odette first came to La Jolla with husband Jean and baby Francis, they lived in a small house next to a commercial building in La Jolla Shores. I was introduced to Odette: She needed a washing machine and I had an extra one.

We both had small children and found many interests in common. We exchanged lessons for the children: Odette taught our girls French, and I started Francis on the piano.

Both of our families loved to go camping, especially in Mexico. We drove to the head of the Gulf of California in Sonora and camped by the shallow tidepools. There was a species of grunion that ran in the daytime and filled the pools. The children soon discovered that they could catch the little fish with their bare hands. We fried the fish whole and all had a delicious dinner.

That night we slept under the stars. It was a magical time.

Monarch Butterflies as a Therapy for Covid-19
by Chris Wills, Prof Emeritus, Biology



After my wife Liz and I managed to get out of Raja Ampat, Indonesia at the end of March (we were two of the last people to transit through the Singapore Airport), we found ourselves back in San Diego. It seemed that one moment we were swimming with whale sharks and watching birds of paradise mating, and the next we were stuck in quarantine at home. It was disorienting!

Casting about for something to do, we observed that the milkweed plants Liz had added to our back garden were full of Monarch butterfly caterpillars, and adult Monarchs were flying everywhere. Over the next several weeks I used a variety of closeup equipment to make a movie of all the life stages of this remarkable insect. At one point we were tracking thirteen caterpillars. The most challenging bits to photograph were an egg hatching and the swift transition from larva to pupa, since you never know when these things will happen. Sometimes we would watch all day, only for the awaited transition to happen during the night!

The Monarch, as you know, can fly long distances — as shown on the map below. Now, on the West Coast, some populations have taken up year-round residence. These beautiful butterflies can make birds sick because as larvae they feed on milkweed sap, which is full of cardiac glycosides. To help these threatened insects, you can plant milkweed plants!
Here is the YouTube link to the movie on the Monarch butterfly life cycle: https://www.youtube.com/watch?v=wfYrDqF_4rM

This article is being reprinted from “COVID-19: getting through” a booklet compiled by the San Diego Independent Scholars to record our experiences during the 2020 pandemic.

Voltaire (1694-1778):
“Those who can make you believe absurdities can make you commit atrocities.”

OCEANIDS IS OPEN TO ALL WHO ARE INTERESTED IN UCSD

Print your name as you would like it to appear in the OCEANIDS DIRECTORY. Check here if you don't want to be listed: _____

Name: _____ Spouse's Name: _____

Address: _____

City, State, Zip: _____ Type of Membership: _____

Home Phone: _____ Work Phone: _____

Cell #: _____ Email: _____

ANNUAL MEMBERSHIP: \$35; SUSTAINING: \$250 & LIFE MEMBERSHIP: \$500

All gifts, memorials and dues are **tax deductible** when made payable to “UC San Diego Foundation”.

Please write the purpose on the “Memo” line.

Send check(s) & completed form to:

OCEANIDS 0049, 9500 GILMAN DR MC 0049, LA JOLLA, CA 92093-0049

OCEANIDS INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are here to meet the many varied needs of the UCSD community. If you don't find an activity you would like to participate in, please contact Interest Group Coordinator *Judy Vacquier* (858) 361-0418 or jvacq@sbcglobal.net. If five or more Oceanids wish to start a new group, please let her know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us by contacting *Mary Cutchin*, 858-459-8074, marycutchin@yahoo.com or by submitting the application form in this issue.

Since the newsletter is posted on the Oceanids website we will, for security reasons, not publish addresses (with occasional exceptions). Please call the contact for the necessary information.

**VERY IMPORTANT FOR ALL INTEREST GROUP Chairs: Register your event at least 7 days in advance:
Send a copy of the registration form to**

AVI SET BIRDERS

Contacts: *Liz Winant* (858) 481-7447, lizwinant@gmail.com

Our birding group meets promptly at 8am the second Monday of each month **during the academic year**. The La Jolla group will meet at the corner of Dunaway Dr. and Glenwick Pl. in La Jolla. The North County birders will meet at a TBD location. We will carpool from these locations to sites around the county. Members will be called or e-mailed.

Next outings: ??.

Aviset, Oceanids birding group, has tried several ideas, all enthusiastically supported by our Aviset members. The group meets on the second Monday at 10am.

BOOK GROUP

Contacts: *Janet Goff* (760)753-3472, *Liz Winant* (858) 481-7447

At the moment, we Zoom meet on the second Tuesday morning of every month at 10 AM. Everyone is welcome; we are happy to greet new members who like to read a variety of fiction and non-fiction and who value good writing and a lively discussion. Please join us.

Date "Title" by Author / Host / Reviewer

Feb 9 "The Hand That First Held Mine" by Maggie O'Farrell / Zoom / TBA

Mar 9 "God's Secretaries: The Making of The King James Bible" by Adam Nicolson / Zoom / TBA and of other books you like.

CAFÉ ESPAÑOL

Contacts: *Beate Menzel* jrbmlmenzel@cox.net or (619) 401-1557

Vicky Lindblade vlindblade@mac.com or (858)-452 1739

This conversation group is designed for fluent Spanish speakers who wish to keep up their Spanish and learn new vocabulary. We meet the second Thursday of the month at 2 p.m. One hour of conversation and one hour of reading aloud and group discussion. Call chair for more information.

Next meetings: February 11 and 25.

We will meet twice a month instead of just monthly. Alicia has been kind enough to accommodate us by hosting the meetings as she does with her Spanish classes.

CAFÉ FRANÇAIS

Contact: *Hulya Saygin* hulyasaygin@yahoo.com

Dear Francophiles;

Please call chair about the next zoom meeting.

CELLPHONE PHOTOGRAPHY

Contact: *Kim Signoret-Paar*, kspaar@ucsd.edu

The group meets at a designated home on the second Thursday of each month at 11am for discussion and sharing of our cellphone photographs. Activities, such as field trips, will be communicated to the group's email list. For more information, please contact Kim.

Next meetings: ??

*The Cellphone Photography Group is meeting on Zoom monthly – the 2nd Thursday of the month at 11 am. We share photos and tips about taking photographs with our cellphones. In August we have started to use a website/book for our projects: "Seeing Fresh: The Practice of Contemplative Photography" <http://seeingfresh.com/> If you are interested in joining us, contact *Kim Signoret-Paar* kspaar@outlook.com*

CINEMA SOIRÉE

Contact: *Katie Boyer*, ktpb@san.rr.com; (858) 273-6505

The group meets at a designated home on the **second Sunday** of each month (all year long) at 7:00pm for socializing; movie discussion starts at 7:30pm sharp. Light refreshments will be served. You will be contacted by e-mail about which movie to see and where to meet. For more information call Katie.

Next meetings: ??

*The Cinema Soiree bunch is watching movies on Netflix or Prime and holding our meetings via Zoom. Interest is good and an amazing number of movies is available on those 2 sites. We are enjoying being able to stay in touch. We are lucky to have a Zoom connection that accommodates an unlimited number, so if anyone is interested in joining, contact *Katie Boyer* at ktpb@san.rr.com..*

DAY BRIDGE

Contact: *Beate Menzel* jrbmlmenzel@cox.net or (619) 401-1557

We meet the **first and third Tuesdays** of the month all year long at various members' homes. We start at 10am and usually end at or before 3pm. Everyone brings her/his own lunch. The hostess will provide drinks. Call for information.

Next meetings: on hiatus

EVENING BRIDGE

Contact: *Barbara Bank* at (858) 484-4597 or barbara@sdna1.ucsd.edu

The couples Evening Bridge Interest Group meets at 7:00pm on the **fourth Saturday** of the month all year long at one of our members' homes.

Next meetings: on hiatus

GARDENING WITH CALIFORNIA NATIVE PLANTS:

This is a new interest group focusing on learning how to use California native plants in our gardens to attract wildlife, birds, butterflies and pollinators, and to reduce the need for water and chemicals. We will meet at each others' homes, and take field trips to local nurseries, public and private garden tours, plant workshops, and more.

The Gardening with California Native Plants group met

by Zoom since the shutdown. We took photos of our native plants and shared them on Zoom. We plan to meet again soon.

GERMAN KAFFEEKLATSCH

Contact: Roswitha Enright (858) 459-7375 (renright@ucsd.edu)
This group is for beginners and experienced German speakers alike. Guaranteed no pressure. Just come on the **3rd Tuesday at 3pm** and have a good time. Only German spoken. If you want to join, please contact Roswitha. **TIME: 3 PM TO 4:30 PM**
Next meetings: ??

We are meeting for our German conversation per zoom on the 3rd Tuesday of each month at 3 pm. If you want to join us please contact Jim Bunch (858) 453-5765 for the zoom information.

GOURMET GROUP

Contact: Susan Starr (858) 455-1630 susanstarr1@gmail.com
This is a group for those who like to try cooking new things. We meet several times a year, at members' homes, and each person brings an assigned dish or course. The group is currently full but if you'd like to be notified when there is an opening, or a new group is forming, please email Susan Starr at the address above.
Next meetings: on hiatus

HIKING IN AND AROUND SAN DIEGO COUNTY

Contact: Jim Bunch (858) 453-5765
We need drivers to take interested hikers to the start of the hikes. If you are interested in hiking please call the chair. If there are going to be enough drivers the hike will be on.
Next possible hikes: on hiatus for lack of drivers.

MOVEABLE FEAST I

Contact: Liz Fong Wills (858) 454-6858; lizfongwills@yahoo.com
This dining-out group is currently at capacity but we are taking a wait list

Next meeting: on hiatus

MOVEABLE FEAST II

Contact: Mary Cutchin (858) 459-8074 or marycutchin@yahoo.com
This group meets every other month for drinks at a member's house. From there we carpool to the restaurant. Contact Mary Cutchin for information and reservations.
Next meeting: on hiatus

PIANO AND CHAMBER SOIRÉE

Contact: Judy Vacquier (858) 361-0418 or jvacq@sbcglobal.net
This group is for amateurs who need a motivation to practice and want to perform in a relaxed, fun setting among friends. We welcome piano, chamber instruments and voice, classical, jazz and popular music, solos and ensembles. We usually meet the third or fourth Sunday at 3 pm.

The Piano and Chamber Music Soiree has been meeting monthly by zoom Attendance has been maximum, and we've been meeting for three hours each time. Members record their piece using Voice Memos, or the video camera

on their cell phone, and send it to Michael, who acts as our emcee. Also, our former member Martine, who moved to Texas, can attend now!

Next zoom meetings: Feb. 28 and Mar. 28

SOUNDING BOARD

Contact: Nellie High, -Iredale: 858-886 9223; nellie@looklajollahomes.com

Sounding Boards are always on the first Thursday of the month at noon at the Faculty Club. See page 9 for details.

TAPAS ON THURSDAY

Contact: Barbara Bank <bbank@ucsd.edu>

This is a new interest group. We meet at noon on the third Thursday of the month to enjoy tapas and conversation. Depending on the number of members at the monthly gathering either half or all the attendees bring tapas to share. We have enjoyed new and delicious treats and best of all enjoyed the delightful company of fellow Oceanids. If you would like to join our group, please contact the chairperson.

Next meetings: on hiatus

WEDNESDAY COFFEE

Contact: Georgina Sham 858-459-1336

Mary Woo (858) 481-6998 & (858) 336-3642 (cell)

Jennie Chin enjen1@hotmail.com

Come join our social group of Oceanids, newcomers, postdocs, students, and their children for refreshments at the International Center every Wednesday, 10am-12 noon **during the academic year**. You'll make friends and learn strange and wonderful American customs.

Visit the KITCHEN EXCHANGE where newcomers can rent kitchen, household, and baby equipment for a small fee.

WE HAVE MOVED TO THE CONTAINER next to the former International Center parking lot, at parking lot P 416.

Next meetings: on hiatus

WINE TASTING I

Contact: Alicia Flores Meneses at virginiacisne@yahoo.com or 858-353 3878

WINE TASTING II

Contact: Barbara Scholz (858) 350-6014 or bscholz@hotmail.com
Exploring the taste sensations of a new wine or an old vintage, this group meets on Fridays or Sundays. Members rotate as hosts. This group is again open to new members.

Wine Tasting meeting hosting by Alicia using Zoom.

At your place you will have a bottle of the wine that you selected and get the following information: brand, year, properties, price, and store where you buy it. You will try your chosen wine and rate it from 1 to 4 during our meeting. Call chair for more information.

WITS II

Contact: Bev Douglas (858) 453-4938

WITS II uses the principles of NAIC to study and evaluate companies for stock purchases. We meet on the 4th Wednesday from 3:30 to 5pm.

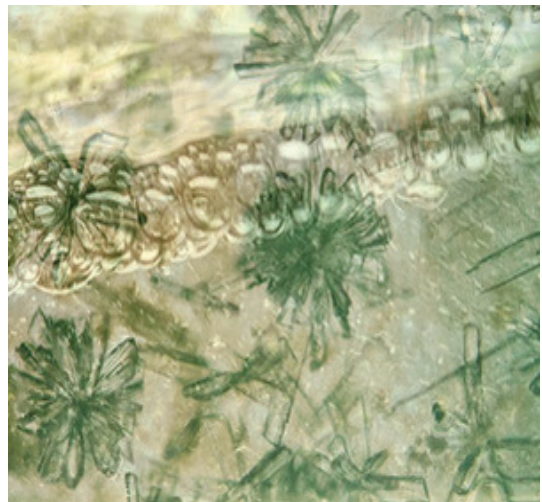
Next meeting:

Oceanids Gallery of Arts and Crafts Presented by Jan Ouren

In 2020, Oceanids News announced the opening of the Oceanids Gallery of Arts and Crafts, a virtual exhibition space. This issue features the President of UC San Diego Oceanids, Nigella Hillgarth. Nigella Hillgarth is a biologist, environmental advocate, and photographer. She is the former Executive Director of the Birch Aquarium at Scripps and former President and CEO of the New England Aquarium. Nigella has combined her passion for science and the environment with photography and public speaking. She is particularly interested in expressing the environmental issues that face us through images that capture the beauty of our planet but remind us of the enormous problems we have to tackle today. After a career in science and outreach, Nigella uses photography and art to visualize climate change in ways that seize the attention of the public and urge them to learn more. Although the science behind our understanding of climate change is fairly well understood, details of our climate system are still being unraveled. As the Climate Science Alliance Climate Art Fellow of 2019, Nigella worked with researchers from NSF's Center for Aerosol Impacts on Chemistry of the Environment (based at Scripps Institution of Oceanography). These scientists are exploring the role of atmospheric chemistry and movement of microbes to tell the story of a changing climate and its impact on the planet and its inhabitants. They designed a series of experiments called SEAScape, proposed to help us understand the complex physical- chemical-biological connections between ocean and atmosphere on our warming and polluted planet under controlled conditions. Nigella created an exhibit of 16 photographs called 'Through the Lens of SEAScape' designed to showcase the wonder and achievement of creating breaking waves under controlled conditions in order to understand the biological, physical, and chemical reactions that happen when waves break and relating that back to the open ocean. Many of the images are abstract including the two images shown here. The microbes and molecules so critical to the SEAScape experiments are not visible to the human eye, so she superimposed microscopic images of microbes and salt crystals from the experimental tank on top of images of waves in the experiment to emphasize their importance.



Microbes on a crashing wave



Microbes on a bubble layer

To contact Nigella about her work, please visit her website, <https://www.nhillgarthphotography.com> or her Instagram account, <https://www.instagram.com/nhillgarth/>.

We encourage members to submit one of your art or craft works, to be published in our newsletter-available online to members and the public. To exhibit your work, please send a .jpg of your work and a short artist's statement, to jouren5353@gmail.com.

SOUNDING BOARD

- Sounding Board is a series of seven lectures during the academic year, the first Thursday
- at 12 noon, sponsored by UC San Diego Oceanids and the UC San Diego Faculty Club.
- Due to the COVID-19 restrictions, we are adapting to meet online Via Zoom. This presentation is free of charge. Organized and presented by Nellie High-Irdsdale

Thursday, February 4, 2021 @ 12 pm.

Online via Zoom, please click this link to join: <https://ucsd.zoom.us/j/2392094686?pwd=NUNnWndFNHlqS3NnbVk2TktXMEkzQT09>

Nigella Hillgarth, Ph.D.
"Serengeti: Endless Plains"

A glimpse into the fauna of fascinating ecosystems in Northern Tanzania and the vital role of Keystone species in this system. The talk will be illustrated by photographs of some of the species and landscape that makes up this remarkable area. A few examples of keystone species will be included from California and the North West as well.

Nigella Hillgarth is a biologist, environmental advocate and photographer concerned with the impacts of climate change on ocean and coastal ecosystems. Nigella Hillgarth was Executive Director of the Birch Aquarium at Scripps Institution of Oceanography, UC San Diego where she produced the first major exhibit on climate change on the West Coast. Nigella was born in Ireland and received her Bachelor's degree in Zoology from Oxford University in the UK as well as her Ph.D in Evolutionary Biology.



Thursday, March 4, 2021 @ 12 pm.

Online via Zoom, please click this link to join: <https://ucsd.zoom.us/j/2392094686>

Edward Watts, Ph.D. Chair, Department of History UCSD
Alkiviadis Vassiliadis Endowed Chair and Professor of History
"Roman decline, renewal, and how to talk about political change productively"

One of the most common themes that Romans express across more than 1600 years of their history is that their state is in a decline. In the Republic, ambitious politicians attacked those voices in the establishment by promising to end a Roman decline. But Romans also sometimes used a different rhetoric that emphasized a collective effort to repair problems in their society. While the rhetoric of decline promoted division, this Roman rhetoric of renewal encouraged cooperation and affirmed the unity of Rome.

Edward Watts received his Ph.D. in History from Yale University in 2002. His research interests center on the intellectual and religious history of the Roman Empire and the early Byzantine Empire. His first book, "City and School in Late Antique Athens and Alexandria" explains how the increasingly Christian upper class of the late antique world used a combination of economic and political pressures to neutralize pagan elements of the traditional educational system.



MEMBERSHIP UPDATE

Many thanks to all of you who have sent in your membership renewals for 2021 along with many generous donations. We are all well aware of just how challenging this past year has been for everyone but are also very encouraged by how many of you continue to remain engaged through our Zoom interest groups.

We hope to prepare our new Oceanids Directory in the near future. If you have not yet returned your 2020-2021 Annual Membership Renewal form, please do so by the end of February so that we can include your information in this new printing. If by chance you have lost track of the renewal form we sent out in September, please contact either Mary Cutchin (858 729 3888 / marycutchin@gmail.com) or Liz Johnson (503 504 8564 / liz/lenj@gmail.com) and we will send a form to you. You may also find it on the Oceanids website home page.

We look forward to eventually being able to gather together to enjoy our usual wonderful schedule of events!

Liz Johnson / Mary Cutchin
Membership Co-Chairs
UCSD Oceanids



OKIANS...(Winston Churchill loved them) are figures of speech in which the latter part of a sentence or phrase is surprising or unexpected, frequently humorous.

Where there's a will, I want to be in it.

Since light travels faster than sound, some people appear bright until you hear them speak.

War does not determine who is right - only who is left.

Knowledge is knowing a tomato is a fruit. Wisdom is not putting it in a fruit salad.

They begin the evening news with 'Good Evening,' then proceed to tell you why it isn't.

Women will never be equal to men until they can walk down the street with a bald head and a beer gut, and still think they are sexy.

A clear conscience is the sign of a fuzzy memory.

You do not need a parachute to skydive. You only need a parachute to skydive twice.

I used to be indecisive. Now I'm not so sure.

You're never too old to learn something stupid.

Change is inevitable, except from a vending machine.

I relabeled all of the jars in my wife's spice rack. I'm not in trouble yet....but the thyme is cumin.

For all interested in the S. D. Free Clinic:
After years of devoting so much of herself, her time and her heart to Free Clinic, Dr. Ellen Beck is stepping down from her role as Director, and will remain involved in Free Clinic as a faculty advisor and teacher.

ZOOM FEBRUARY 2021

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------------|----------------------|---------------------|---------------------|---|----------------------|----------------------|
| | | | | BOARD MEETING Sounding Board | | |
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | Avi Set Birders 8 | Book Group 9 | Café Francais 10 | Café Español Cellphone Photography 11 | 12 | 13 |
| Cinema Soireé 14 | 15 | Kaffeeklatsch 16 | 17 | 18 | Wine Tasting I 19 | 20 |
| Piano and Chamber Soireé 21 | 22 | 23 | 24 | Café Español 25 | 26 | Evening Bridge 27 |
| Piano and Chamber Soireé 28 | | | | | | |

ZOOM MARCH 2021

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------------|----------------------|---------------------|---------------------|---|----------------------|----------|
| | | | | BOARD MEETING Sounding Board | | |
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | Avi Set Birders 8 | Book Group 9 | Café Francais 10 | Café Español Cellphone Photography 11 | 12 | 13 |
| Cinema Soireé 14 | 15 | Kaffeeklatsch 16 | 17 | 18 | Wine Tasting I 19 | 20 |
| 21 | 22 | 23 | 24 | Café Español 25 | 26 | 27 |
| Piano and Chamber Soireé 28 | 29 | 30 | 31 | | | |

WELCOME NEWCOMERS!

**UCSD Oceanids
9500 Gilman Drive, MC 0049
La Jolla, CA 92093-0049**

RETURN SERVICE REQUESTED

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