

Oceanids News

UC SAN DIEGO OCEANIDS BI-MONTHLY NEWSLETTER

VOL. XLXVII No. 3

February 2020-March 2020



NEW INTEREST GROUPS:
GARDENING WITH CALIFORNIA NATIVE
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SDIS public lecture, “Ice Age
Discoveries”, page 8

CARTA Public Symposium, “Ex-
ploring the Origins of Today’s
Humans”, page 8.

Sounding Board, Feb. 6
“Building Culture and Community”

I miss the 90s
when bread was
still good for you,
and no one knew
what kale was.

**“Vaping”
back in
my day.**



Sounding Board, March 5
“Lessons from the End of Representative
Democracy in Rome”

OCEANIDS CREW 2019-2020



OCEANIDS NEWS

is the newsletter of Oceanids, a UCSD campus organization. Published bi-monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 15th OF THE MONTH FOR THE NEXT ISSUE.

Address all submissions to:
Oceanids News

International Center 0049
9500 Gilman Drive, MC0049
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PLEASE NOTE

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OCEANIDS ONLINE

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and also email:

renright@ucsd.edu

mwoonew@gmail.com

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BOARD MEETINGS: *first Thursday every month*

Oceanids **new office**, part of the International Faculty and Scholar Office, McGill Hall, Muir College

Coffee and refreshments: 9:30 am, meeting starts at 10:00 am.

You are welcome to attend.

PRESIDENT'S MESSAGE



Tired of staring at a screen?

No computer?

No printer?

If you cannot print out the newsletter from the website we can still send it to you by snail mail. It might get there a couple of days late and it will only be in black and white. Just let me know and tell a friend.

Roswitha Enright- renright@ucsd.edu

Greetings from your president having a wonderful time watching lion cubs (end of January 2020)



VOLUNTEER OPPORTUNITIES

We have a number of volunteer opportunities for Oceanids. Please see if any of the following interest you! We would love to involve more members in Oceanids activities. Please email Kim Signoret-Paar kspar@ucsd.edu and she will answer any questions about the "job" and connect you to the right person.

Hiking San Diego Interest Group – Drivers

A great opportunity to meet visiting scholars and students from around the world. They do not have cars, but look forward to hiking around San Diego County with this interest group. Consider joining the group and being one of the drivers for our International Newcomers.

Bird Count at UC of California reserve.

(see page 4)

Food to appreciative Students (contact Liz Wills)

Computer software installation and database conversion

This winter we will be installing a new computer for the Oceanids office and will be moving our membership database to a new program. If this is something that you love to do, please contact us.

Kitchen Exchange Volunteers

A great group of volunteers works with Liz Fong-Wills (858 454-6858) on this signature project. New volunteers always welcomed.





**VOLUNTEERS
WANTED FOR
UCSD RE-
SERVES** Kendall Frost Marsh

Did you know that UCSD has four reserves in four local natural environments, where undergraduate and graduate research is conducted? In addition to the research, public uses include K-12 and continuing education classes, extracurricular activities for all levels of students, public agency visits, group tours, etc.

As an official support organization for UCSD, Oceanids is seeking to enlarge our footprint beyond our traditional roles of student financial support, support for newcomers, and sharing our diverse hobbies & interests.

We would like to support UCSD with our time & expertise and there are many ways to do this. One such opportunity has presented itself in the form of volunteering at UCSD's several reserves.

These reserves are very important sites protecting our unique local habitats. Oceanids birding group were lucky enough to visit one such site - the Kendall Frost Marsh Mission Bay Reserve recently. In the effort to make such sites more accessible there is an urgent need for volunteers to help guide interested members of the public.

Would you like to volunteer at The Kendall Frost Marsh Reserve or Scripps Coastal Reserve? You can learn about these & other UCSD Reserves by going to nrs.ucsd.edu

Liz Winant, Birding Chair

By Oceanid Jan Ouren
Galveston is in the middle of a huge flyway from Canada to Mexico called the Central Flyway. It's similar to the Pacific Flyway that crosses California but about four times larger in acres (58 million acres versus 12.6 million acres). Two other flyways cross the United States, the Mississippi Flyway (3.5 million acres) and the Atlantic Flyway (43.8 million acres). What counts are the priority bird species that fly these routes. The Central Flyway has 24 priority species, including the Sandhill Crane. Known best for their gathering in the wetlands of the Platte River, Nebraska, they also stop in Galveston, Texas, on their way to Mexico. (Audabon.com)

On my annual Christmas visit to my sister in Texas, birding in the marshes of Galveston is one of our usual activities. We did see a couple of shy Sandhill Cranes with a young one in a field, but too far to



photograph. Our next stop however was the mudflats nearby. Here I saw my very first killdeer whose photo appears above. The killdeer is a kind of plover,

also found in these same mudflats. Apparently common and noisy with its loud call, the killdeer is medium-migratory bird, living year round in the southern U.S. So perhaps, if you are birding in the San Diego area, you too may see a killdeer, marked by its two black breast bands.

HIKING FOR THE SENIOR CROWD

Ah, hiking on December 14 to the Santa Ysabel Reserve West. We had been there before and I remembered the beautiful meadows with the curious cows. No cows in December, but it was still very beautiful. The three young ladies in my car from Germany and Brazil chatted amiably. We met the other hikers under the guidance of our leader Jim Bunch at Dudley's bakery in Santa Ysabel to get some baked goodies, then back to the starting point of the hike. All went well, my dog Lissa was eagerly checking out each squirrel hole. There was a steep descent into a valley where a peaceful creek was flowing. I followed the young people with Lissa on leash who were jumping from one stone to the next fording the creek. I had taken off my boots at an earlier visit, but now, in winter? Surely, I could,.... Well, I slipped and fell and found myself in the creek on my back like a beetle turned over by a mischievous hand. The water flowed, Lissa pulled and I was helped up, soaking wet up to my chest. Most of the hike was behind us but I decided to turn back. No point in getting icy cold. So Lissa and I turned around, hiked the few miles back to the car where I turned on the heat full blast. What now? Of course, I had to wait for my passengers. After sharing my lunch with Lissa I drove 7 miles to the town of Julian where the weekend tourists were taking in the shop windows. Still dripping wet I found myself in one of the more likely clothing establishments where a friendly clerk helped me to a complete make-over. It felt great to get out of the wet clothes. On heavy socks, no shoes, I made my way back to the illegally parked car and back to the start of the hike. The wait was not too long. My passengers arrived, slightly shaken by news of another mishap which had happened to the only other senior in the group. But that is another story.

Roswitha Enright



SO YOU THINK YOU KNOW EVERYTHING???

A cat has 32 muscles in each ear.
A crocodile cannot stick out its tongue.
A dragonfly has a life span of 24 hours.
A goldfish has a memory span of three seconds.
A "jiffy" is an actual unit of time for 1/100th of a second.
A shark is the only fish that can blink with both eyes.
A snail can sleep for three years.
An ostrich's eye is bigger than its brain.
Babies are born without kneecaps. They don't appear until the child reaches 2 to 6 years of age.
Butterflies taste with their feet.
Cats have over one hundred vocal sounds. Dogs only have about 10.
"Dreamt" is the only English word that ends in the letters "mt".
February 1865 was the only month in recorded history not to have a full moon until February 2018.
In the last 4,000 years, no new animals have been domesticated.
If you are an average American, in your whole life, you will spend an average of 6 months waiting at red lights.
It's impossible to sneeze with your eyes open.
Leonardo Da Vinci invented the scissors.
Maine is the only state whose name is just one syllable.
No word in the English language rhymes with month, orange, silver, or purple.
Our eyes are always the same size from birth, but our nose and ears never stop growing.
Peanuts are one of the ingredients of dynamite.
The cruise liner, QE2, moves only six inches for each gallon of diesel that it burns.
The microwave was invented after a researcher walked by a radar tube and a chocolate bar melted in his pocket.
The sentence: "The quick brown fox jumps over the lazy dog" uses every letter of the alphabet.
The winter of 1932 was so cold that Niagara Falls froze completely solid.
The words 'racecar,' 'kayak' and 'level' are the same whether they are read left to right or right to left (palindromes).
There are only four words in the English language which end in "dous": tremendous, horrendous, stupendous, and hazardous.
There are two words in the English language that have all five vowels in order: "abstemious" and "facetious."
Tigers have striped skin, not just striped fur.
Winston Churchill was born in a ladies' room during a dance.
Women blink nearly twice as much as men.
Your stomach has to produce a new layer of mucus every two weeks; otherwise it will digest itself.
True or False?

.....

Having fun whale watching

OCEANIDS INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are here to meet the many varied needs of the UCSD community. If you don't find an activity you would like to participate in, please contact Interest Group Coordinator *Judy Vacquier* (858) 361-0418 or jvacq@sbcglobal.net. If five or more Oceanids wish to start a new group, please let her know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us by contacting *Mary Cutchin*, 858-459-8074, marycutchin@yahoo.com or by submitting the application form in this issue.

Since the newsletter is posted on the Oceanids website we will, for security reasons, not publish addresses (with occasional exceptions). Please call the contact for the necessary information.

**VERY IMPORTANT FOR ALL INTEREST GROUP Chairs: Register your event at least 7 days in advance:
Send a copy of the registration form to Beate L. Menzel : jrbmlmenzel@cox.net**

AVI SET BIRDERS

Contacts: Liz Winant (858) 481-7447, lizwinant@gmail.com

Our birding group meets promptly at 8am the second Monday of each month **during the academic year**. The La Jolla group will meet at the corner of Dunaway Dr. and Glenwick Pl. in La Jolla. The North County birders will meet at a TBD location. We will carpool from these locations to sites around the county. Members will be called or e-mailed.

Next outings: February 10 and March 9.

BOOK GROUP

Contacts: Janet Goff (760)753-3472, Liz Winant (858) 481-7447

SPECIAL NOTICE: Our annual planning meeting will be held on April 14 this year. Even if you aren't a Book Group member (and why aren't you?) we welcome any and all suggestions you've encountered since last year.

We meet on the second Tuesday morning of every month at 9:30 AM for chatting and 10 AM for review. Everyone is welcome; we are happy to greet new members who like to read a variety of fiction and non-fiction and who value good writing and a lively discussion. Please join us.

Date "Title" by Author / Host / Reviewe
FEB 11 "Nine Parts of Desire" by Geraldine Brooks / TBA / TBA
MAR 10 "Madame Fourcade's Secret War" / TBA / TBA

Next meetings: February 11 and March 10.

CAFÉ ESPAÑOL

Contacts: Beate Menzel jrbmlmenzel@cox.net or (619) 401-1557

Vicky Lindblade vlindblade@mac.com or (858)-452 1739

This conversation group is designed for fluent Spanish speakers who wish to keep up their Spanish and learn new vocabulary. We meet the second Thursday of the month at 2 p.m. One hour of conversation and one hour of reading aloud and group discussion. Call chair for more information.

Next meetings: February 13 and March 12.

CAFÉ FRANÇAIS

Contact: Hulya Saygin hulyasaygin@yahoo.com

Dear Francophiles;

We have some changes for the up coming two reunions. We are planning to get together earlier than before, at 11:30am and will end around 2:00/2:30 pm. The hostess may determine the exact time when she is sending out reminders a week before. Please call chair about next meeting

Next meetings: February 12 and March 11.

CELLPHONE PHOTOGRAPHY

Contact: Kim Signoret-Paar, kspaar@ucsd.edu

The group meets at a designated home on the second Thursday of each month at 11am for discussion and sharing of our cellphone photographs. Activities, such as field trips, will be communicated to the group's email list. For more information, please contact Kim.

Next meetings: February 13 and March 12.

CINEMA SOIRÉE

Contact: Katie Boyer, ktpb@san.rr.com; (858) 273-6505

The group meets at a designated home on the **second Sunday** of each month (all year long) at 7:00pm for socializing; movie discussion starts at 7:30pm sharp. Light refreshments will be served. You will be contacted by e-mail about which movie to see and where to meet. For more information call Katie.

Next meetings: February 9 and March 8.

DAY BRIDGE

Contact: Beate Menzel jrbmlmenzel@cox.net or (619) 401-1557

We meet the **first and third Tuesdays** of the month all year long at various members' homes. We start at 10am and usually end at or before 3pm. Everyone brings her/his own lunch. The hostess will provide drinks. Call for information.

Next meetings: February 4+18 and March 3+ 17.

EVENING BRIDGE

Contact: Barbara Bank at (858) 484-4597 or barbara@sdna1.ucsd.edu

The couples Evening Bridge Interest Group meets at 7:00pm on the **fourth Saturday** of the month all year long at one of our members' homes.

Next meetings: February 22 and March 28.

GARDENING WITH CALIFORNIA NATIVE PLANTS:

This is a new interest group focusing on learning how to use California native plants in our gardens to attract wildlife, birds, butterflies and pollinators, and to reduce the need for water and chemicals. We will meet at each others' homes, and take field trips to local nurseries, public and private garden tours, plant workshops, and more. we will meet February 4 at San Diego Botanic Gardens and will visit walter Anderson Nursery in Poway another day in February. Contact Judy Vacquier at jvacq@sbcglobal.net for details.

Next meeting: February 4.

GERMAN KAFFEEKLATSCH

Contact: Roswitha Enright (858) 459-7375 (renright@ucsd.edu)

This group is for beginners and experienced German speakers alike. Guaranteed no pressure. Just come on the **3rd Tuesday at 3pm** and have a good time. Only German spoken. If you want to join, please ccontact Roswitha. **TIME: 3 PM TO 4:30 PM**

Next meetings: February 18 and March 17.

GOURMET GROUP

Contact: Susan Starr (858) 455-1630 susanstarr1@gmail.com

This is a group for those who like to try cooking new things. We meet several times a year, at members' homes, and each person brings an assigned dish or course. The group is currently full but if you'd like to be notified when there is an opening, or a new group is forming, please email Susan Starr at the address above.

Next meetings: Please call contact.

HIKING IN AND AROUND SAN DIEGO COUNTY

Contact: Jim Bunch (858) 453-5765

We need drivers to take interested hikers to the start of the hikes. If you are interested in hiking please call the chair. If there are going to be enough drivers the hike will be on.

Next possible hikes: February 8 and March 14.

MOVEABLE FEAST I

Contact: Liz Fong Wills (858) 454-6858; lizfongwills@yahoo.com

This dining-out group is currently at capacity but we are taking a wait list

Next meeting: contact Liz Fong Wills

MOVEABLE FEAST II

Contact: Mary Cutchin (858) 459-8074 or marycutchin@yahoo.com

This group meets every other month for drinks at a member's house. From there we carpool to the restaurant. Contact Mary Cutchin for information and reservations.

Next meeting: Sunday, February 16

PIANO AND CHAMBER SOIRÉE

Contact: Judy Vacquier (858) 361-0418 or jvacq@sbcglobal.net

This group is for amateurs who need a motivation to practice and want to perform in a relaxed, fun setting among friends. We welcome piano, chamber instruments and voice, classical, jazz and popular music, solos and ensembles. We usually meet the third or fourth Sunday at 3 pm. On February 23 we will meet at the home of Michael Gorman. Please RSVP to Michael at mgorman@ucsd.edu or 619-987-2154 and to Judy at jvacq@sbcglobal.net or 858-361-0418. On March 22 we will meet at the home of Heinz Kohler and Sybille Muller. Please RSVP to Heinz or Sybille at heinz.kohler@uky.edu or 859-536-0017 and to Judy as well.

Next meetings: February 23 and March 22.

SOUNDING BOARD

Contact: Nellie High, 858-886 9223; nellie@looklajollahomes.com

Sounding Boards are always on the first Thursday of the month at noon at the Faculty Club.

Next meetings: February 6 and March 9. See page 9.

TAPAS ON THURSDAY

Contact: Barbara Bank <bbank@ucsd.edu>

This is a new interest group. We meet at noon on the third Thursday of the month to enjoy tapas and conversation. Depending on the number of members at the monthly gathering either half or all the attendees bring tapas to share. We have enjoyed new and

delicious treats and best of all enjoyed the delightful company of fellow Oceanids. If you would like to join our group, please contact the chairperson.

Next meetings: February 20 and March 19.

WEDNESDAY COFFEE

Contact: Georgina Sham 858-459-1336

Mary Woo (858) 481-6998 & (858) 336-3642 (cell)

Jennie Chin enjen1@hotmail.com

Come join our social group of Oceanids, newcomers, postdocs, students, and their children for refreshments at the International Center every Wednesday, 10am-12 noon **during the academic year**. You'll make friends and learn strange and wonderful American customs.

Visit the KITCHEN EXCHANGE where newcomers can rent kitchen, household, and baby equipment for a small fee.

WE HAVE MOVED TO THE CONTAINER next to the former International Center parking lot, at parking lot P 416.

Next meetings: Wednesdays.

WINE TASTING I

Contact: Alicia Flores Meneses at virginiacisne@yahoo.com or 858-353 3878

Exploring the taste sensations of a new wine or an old vintage, this group meets on Fridays or Sundays. Members rotate as hosts. This group is again open to new members.

Next meeting: Please call chair.

WINE TASTING II

Contact: Barbara Scholz (858) 350-6014 or bscholz@hotmail.com

We meet monthly. Members rotate as hosts. The cost for wine and food is shared among the people attending (approximately \$10.00 per person).

Please call chair about next meeting

WITS II

Contact: Bev Douglas (858) 453-4938

WITS II uses the principles of NAIC to study and evaluate companies for stock purchases. We meet on the 4th Wednesday from 3:30 to 5pm.

Next meeting: Please call chair.

MORE INTEREST GROUPS NEWS

Couples (Evening) Bridge is looking for more players

Do you enjoy a clever finesse, cheerful company, and a glass of good wine? If you do, please join us on the fourth Saturday of the month at 7 PM. We are a very friendly, fun loving group, and play party bridge while sipping wine and eating cheese and treats. In recent years our "Couples" have included both married couples, and two friends who want to play monthly. We are always in need of substitutes, single players and couples. We would love to have you join us monthly, or occasionally as a substitute.

Please contact Barbara Bank, bbank@ucsd.edu.

San Diego Independent Scholars: a friend of Oceanids.

Recently, the Boards of Oceanids and of the San Diego Independent Scholars (SDIS) each approved a cooperative relationship between the two organizations, in which we agreed to publicize each other's events

SDIS, a nonprofit organization established in the early 1980's, was founded by a group of highly educated women who could not find employment to support their scholarly interests. Later, SDIS became the founding chapter of the National Coalition of Independent Scholars, which administers a peer-reviewed interdisciplinary journal and holds periodic national conventions. Early on, SDIS established loose links with UCSD, including the availability of UCSD library cards to SDIS members and the holding of monthly SDIS general meetings on the UCSD campus.

The mission of SDIS is to encourage learning and scholarship within both its membership and the San Diego community. This goal is expressed in our monthly public lectures and in SDIS Study Groups, which combine comraderie with reading and lively discussions. In addition, small grants are awarded on a competitive basis to SDIS members who wish to pursue scholarly research. Books published while an author is a SDIS member are placed in local libraries. SDIS also hosts a table at the Union-Tribune's annual Festival of Books, where readers and potential authors can talk with published book authors and other active writers from SDIS.

As Oceanids and SDIS are getting to know each other, we invite interested Oceanids to visit SDIS events as our guests. An insert below describes upcoming SDIS public lectures, which meet at 1:30 on the third Saturday of each month during the academic year, in room 111A of the Chancellor's complex of UCSD. You are also welcome to explore the various SDIS Study Groups, summarized at www.sdscholars.org.

Hello Oceanids! We look forward to your input and friendship.

Dorothy L. Parker, president

Feb. 15, 1:30 pm Vi at La Jolla, 8515 Costa Verde Blvd, La Jolla, CA 92122
Dr. Dominique Rossolo, UCSD Cultural Heritage Engineering Initiative
"Ice Age Discoveries Deep Beneath the Yucatan: Hoyo Negro Project"



Please join us at the next CARTA (Center for Academic Research and Training in Anthropogeny) Public Symposium, "**Exploring the Origins of Today's Humans**," to be held on Friday, February 21, 2020, from 1:00-5:30 pm (PST) at the Salk Institute (Conrad T. Prebys Auditorium).

SUMMARY

Where did we humans come from? When did we become the dominant species on the planet? Available evidence indicates that all humans living today are derived from a relatively small population that arose in Africa beginning >200,000 years ago, spreading throughout Africa and eventually the rest of the planet. In the course of this diaspora, we mated with other human-like species and assimilated some of their DNA, but eventually replaced all of these other close evolutionary cousins, without exception – leaving only one human species today. A flood of new information from Ancient DNA, Fossils, Archeology and Population Studies calls us to revisit the matter.

REGISTRATION

Admission is FREE and open to the public; however, registration is required. To register, go to: <https://carta.anthropogeny.org/events/exploring-origins-todays-humans>

We welcome the following **new members** and hope to meet each of you at Oceanids Events and Interest Groups:

- Sahar Adham - C: 760-704-2410;
Email: sahar.adham2@gmail.com
- Patricia Chavez-Fallon - C: 619-957-8123;
Email: pattief@cox.net
- Sherry Cook - C: 858-945-2039;
Email: sherrycook858@gmail.com
- Marine Desirieux - C: 619-366-5556;
Email: marinemathias@gmail.com
- Crystal Farr – C: 619-922-8325;
Email: crystalgalefarr@icloud.com
- Charlotte Flowerree - C: 858-398-8028;
Email: cflowerr@gmail.com
- Sophie Haimsohn – C: 858-361-0904;
Email: sophiehaimsohn@gmail.com
- Maryline Parca; - C: 858-952-2475;
Email: mparca@illinois.edu
- Kenneth Selzer – C: 858-361-6122
- Patricia Stuart - H: 858-246-4298 C: 651-336-4298;
Email: pcstuart@comcast.net
- Gabriele Wienhausen – C: 858-531-8376;
Email: gwienhausen@ucsd.edu

Membership contact information updates as follows:

- Lou Bowles – Email: abowles7037@copper.net
- Lori Chamberlain – Email: lachamberlain3@gmail.com
- Nancy Dimsdale - C: 858-354-1195
- Marty Eberhardt – Email: martyeberhardt@earthlink.net
- Zena Lamp – Email: lampw2@msn.com
- Irene Larrimore – Email: IreneLarrimore@gmail.com
- Rosemarie Lugmair – Email: rlugmair@gmail.com
- Margaret Maple – C: 858-999-5070
- Pauline Nachbar – Email: pmnachbar@gmail.com
- Nilla Stennes – Email: nillastennes@aol.com
- Tracy Synodis – C: 858-395-5115
- Lay Tuan Tan – Email: laytuan066@gmail.com
- Susan Wolf – C: 858-200-5602
- Anne-Marie Zappella – C: 858-888-2336

We plan to begin work on the 2020 Directory in February. If you have contact information changes, please forward them to marycutchin@gmail.com and oceanids@ucsd.edu.

Mary Cutchin
Membership
C: 858-729-3888

Can't find your latest **orange** Directory?
For only \$5.00 we will send you a new one.
Just send a check to UCSD Oceanids, International Faculty and Scholar Office, 9500 Gilman Dr. La Jolla, CA 92093

OCEANIDS IS OPEN TO ALL WHO ARE INTERESTED IN UCSD

Print your name as you would like it to appear in the OCEANIDS DIRECTORY. Check here if you don't want to be listed: _____

Name: _____ Spouse's Name: _____

Address: _____

City, State, Zip: _____ Type of Membership: _____

Home Phone: _____ Work Phone: _____

Cell #: _____ Email: _____

ANNUAL MEMBERSHIP: \$35; SUSTAINING: \$250 & LIFE MEMBERSHIP: \$500

All gifts, memorials and dues are **tax deductible** when made payable to "UC San Diego Foundation".

Please write the purpose on the "Memo" line.

Send check(s) & completed form to:

OCEANIDS 0049, 9500 GILMAN DR MC 0049, LA JOLLA, CA 92093-0049

FEBRUARY 2020

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WELCOME NEWCOMERS!

UCSD Oceanids
9500 Gilman Drive, MC 0049
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RETURN SERVICE REQUESTED

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