

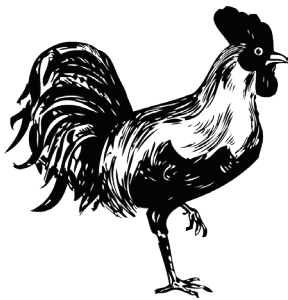
# Oceanids News



UC SAN DIEGO OCEANIDS BI-MONTHLY NEWSLETTER

VOL. XLXIV No. 3

FEB-MAR 2017



Chinese  
New Year Dinner  
February 11  
see page 5

Friday Café  
February 24  
with Brazilian Music



Campus Focus:  
Desert Adventure in April



Spring  
Luncheon  
at the beautiful  
Mission Trails Regional Park  
Visitor and Interpretive Center  
Save the date  
May 15  
(rides available)



# OCEANIDS CREW 2016-2017



## OCEANIDS NEWS

is the newsletter of Oceanids, a UCSD campus organization. Published bi-monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 15th OF THE MONTH FOR THE NEXT ISSUE.

Address all submissions to:  
Oceanids News  
International Center 0049  
9500 Gilman Drive  
La Jolla, CA 92093-0049

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## OCEANIDS ONLINE

<http://ccom.ucsd.edu/~oceanids/>

### E-MAIL

[oceanids@ucsd.edu](mailto:oceanids@ucsd.edu)  
and also email:  
[renright@ucsd.edu](mailto:renright@ucsd.edu)  
[mwoonew@gmail.com](mailto:mwoonew@gmail.com)

## BOARD OF DIRECTORS

(note: all phone numbers are area code 858 unless otherwise noted)

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	<b>*Oceanid of the Year*/Maxine White Award</b>
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(Membership, directory updates)	
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	Georgina Sham..... 459-1336
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Graduate Scholarships	Liz Winant ..... 481-7447
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Friends of Int'l. Center Liaison	Mary Woo..... 481-6998
Retirement Association Liaison	Nancy Groves.....453-6486
Historian	Maxine Bloor..... 459-7665
Refreshment Reminder	Mary Hanson.....456-1304
Sunshine Committee	Diana Vines.....459-8248
Bookshare	Barbara Starkey ..... 453-0779

## BOARD MEETINGS: first Thursday every month

Oceanids **new office**, part of the International Faculty and Scholar Office, McGill Hall, Muir College  
Coffee and refreshments: 9:30 am, meeting starts at 10:00 am.  
(You are welcome to attend!)

## PRESIDENT'S MESSAGE

We lived off and on in West Berlin for many years when my husband had study grants. We had two young children and I taught members of the military for the University of Maryland, mostly in the evenings. Berlin, before the Wall came down, was a strange and wonderful place, controlled by the four powers which had divided Germany at the end of World War II. One of our military friends told me you had to be a Talmudic scholar to understand the ins and outs of the access routes and four-powers agreements.



For relaxation I often read spy novels, knowing that at some point, the novel will either be set in Berlin or make reference to it. There is no lack of movies which do the same – i.e. the recent, “Bridge of Spies,” with Tom Hanks, which does a good job of conveying the spookiness of the inner-Berlin Wall. Many of these books seem based on a formula, tracing the movements of disparate characters who, in the penultimate chapter, come together for the big blowout. Usually at least one of the good guys is left standing although *Le Carré* can be more ambiguous! I thought of this model last week when many of our International Center problems seemed finally to be solved. The old International Center buildings and the pavilions are now completely closed and off-limits. Things were not looking good in the fall as the former inhabitants were scattered about. Although the solutions are not ideal and we are all eager for a new Center to bring us back into close proximity, as of January we seem to have found adequate, if temporary solutions.

Oceanids now has a small office in Muir College within the IFSO (International Faculty and Scholars) office (which was also uprooted). We now have enough furniture, have gotten things up off the floor, and into files and shelves. We can use it for record keeping and newsletter editing as well as small meetings. We invite you to stop in when you are around. We are using the board room for our monthly meetings. Our interest groups and social activities carry on as usual off campus. The Sounding Board contin-

ues on in the Faculty Club once a month.

The Friday Café, of which we are one of the sponsors, is up and running in the Great Hall by Eleanor Roosevelt College. We are scheduled to sponsor and help serve the lunch on February 24. The theme is Brazil with special food and music. These \$5 meals are always a treat. You should consider dropping in to eat a tasty meal and to show Oceanid interest in the students.

The Friends, with numerous on-campus activities, had a more difficult time getting sorted out. Many of its classes will be held in the Great Hall. The good news is that our special “shops” have been relocated not too far from the IC building. The Friends’ Resale Shop is now in a building along Library Walk and is looking good. (The International Center administrative office is now in the neighboring building.) After much nagging and maybe even a few tantrums, we were given two large storage containers parked in front of the IC. The Resale Shop is using one for storage and our Kitchen Exchange is ensconced in the other one. Come on a Wednesday to see the Exchange in action – an inspiring activity of which we can all be proud. Liz Fong Wills keeps it organized and can use volunteers on Wednesdays, as well as for other Newcomers activities.

There are still some unsolved problems, such as what can we use for a kitchen and social activities, but given our near despair last summer, things have come together for us and we are optimistic that we can continue with our programs. Please be grateful to the Board members and others member-volunteers who have worked both to create the necessary interest on the part of the administration and to carry out the relocation. Do come to see us when you can. And as always, think about volunteering.

Looking to rent a vacation home for 4 weeks, starting late July in the La Jolla area for a very lovely German family (3 small girls plus parents; very good friends of mine). PLEASE mail me at [renright@ucsd.edu](mailto:renright@ucsd.edu)

Roswitha Enright, editor

## Smartphone Photography – Tips for using your phone camera by Kim SignoretPaar

In today’s world, you have an excellent camera with you all the time. Your smartphone camera is an amazingly good camera and the ability to create spectacular shots is now within your reach, everywhere you go. You can easily practice and add to your visual memory and storytelling – every single day.

### Camera Functions

4 5 6 7 8

The following is a list of all the basic functions of an iPhone camera. Functions are similar on Android phones.

1. **Take photo:** three ways – shutter button, volume rocker, headphone volume rocker  
Burst photos: hold exposure button down for multiple photos, see in Photos/Bursts (album)
2. **Focus:** tap to focus; hold to lock “**AE/AF Lock**” tap to remove
3. **Exposure:** “sun” move to lighten or darken
4. **Flash:** Auto, On, Off\*
5. **HDR High Dynamic Range:** Auto\*, On, Off
6. **Live photo:** yellow circle On, tap to turn Off\*
7. **Timer:** Off\*, 3 seconds, 10 seconds
8. **Filters:** View how photo will look, tap to set – Mono, Tonal, Noir, Fade, None\*, Chrome, Process, Transfer, Instant
9. **Modes:** Time-Lapse, Slo-Mo, Video, Photo\*, Square, Pano. Slide to change.
10. **Photo review:** Tap to toggle back & forth to Photos
11. **Front facing camera:** Tap to flip for selfie

10 1 11

\*Recommended settings

### What Is AE/AF Lock?

AE/AF Lock (Auto Exposure/Auto Focus) allows you to lock the focus and exposure values when taking a photo. Focus is the part of the image appears in sharp focus. Exposure refers to the brightness of the image.

If you just point your camera at a scene and press the shutter button, the camera will decide where to focus (usually the middle of the frame) and what level to set the exposure. To create the best possible image, particularly when there is a single subject, it is useful to focus on the subject.





*Dear Oceanids,*

*I am excited to invite you to our first Ethnic Dinner/Scholarship Fundraiser in our new venue - the beautiful Great Hall located at International House, with plenty of parking in the adjacent Pangea Parking Structure.*

*Saturday, February 11, 2017*

*International House, Great Hall*

*6:30 - 9:30 pm*

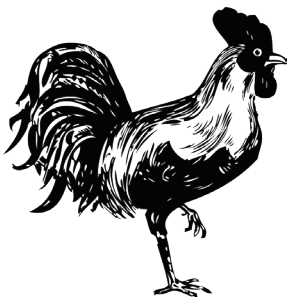
*Friends Members: \$50; Community: \$60;*

*UCSD Degree Students & International Scholars \$25 (we regret no children)*

*In keeping with tradition, we will feature a Chinese (it's the year of the rooster) New Year themed meal followed by a sure-to-be captivating photographic presentation by Professor Chris Wills on Argentina.*

*For the first time, reservations will be taken online only at: <http://FICAsia2017.eventbrite.com>. Should you have any difficulties making your reservations online, please contact Liz Fong Wills, [icfriends@ucsd.edu](mailto:icfriends@ucsd.edu), or call her at 858-232-7545 and assistance will be provided you.*

*Please remember that our Friends mission to foster international education depends upon your support and ask that you please support us in our new location.*



*We look forward to welcoming you to our more comfortable and acoustically friendly location.*

*Wishing you all a Happy New Year,*

*Katya*

*Katya Newmark*

**OCEANIDS IS OPEN TO ALL WHO ARE INTERESTED IN UCSD**

Print your name as you would like it to appear in the OCEANIDS DIRECTORY. Check here if you don't want to be listed: \_\_\_\_\_

Name: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Type of Membership: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell #: \_\_\_\_\_ Email: \_\_\_\_\_

**ANNUAL MEMBERSHIP: \$35; SUSTAINING: \$250 & LIFE MEMBERSHIP: \$500**

All gifts, memorials and dues are **tax deductible** when made payable to "UC San Diego Foundation".

Please write the purpose on the "Memo" line.

Send check(s) & completed form to:

OCEANIDS, INTERNATIONAL CENTER 0049, 9500 GILMAN DR., LA JOLLA, CA 92093-0049

# OCEANIDS' INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are here to meet the many varied needs of UCSD families, especially those new to the UCSD campus and the community. If you don't find an activity you would like to participate in, please contact Interest Group Coordinator *Judy Vacquier* (858) 361-0418 or *jvacq@sbcglobal.net*. If five or more Oceanids wish to start a new group, please let her know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us by contacting *Mary Cutchin*, 858-459-8074, *marycutchin@yahoo.com* or by submitting the application form in this issue.

**Since the newsletter is posted on the Oceanids website we will, for security reasons, not publish addresses (with occasional exceptions). Please call the contact for the necessary information.**

## AVI SET BIRDERS

*Contacts: Liz Winant (858) 481-7447, lizwinant@gmail.com*

Our birding group meets promptly at 8am the second Monday of each month **during the academic year**. The La Jolla group will meet at the corner of Dunaway Dr. and Glenwick Pl. in La Jolla. The North County birders will meet at a TBD location. We will carpool from these locations to sites around the county. Members will be called or e-mailed.

**Next outings: February 13 and March 13.**

## BOOK GROUP

*Contacts: Janet Goff (760)753-3472, Liz Winant (858) 481-7447*

We meet on the second Tuesday morning of every month at 9:30 AM for chatting and 10 AM for review. Everyone is welcome; we are happy to have new members who like to read a variety of fiction and non-fiction and who value good writing and a lively discussion. Please join us.

Date "Title" by Author / Host / Reviewer

Feb 14 "Lab Girl" by Hope Jahren / Barbara Penn / Janet Goff

Mar 14 "The Invention of Nature" by Andrea Wulf / TBA / TBAJan

10 "Euphoria" by Lily King / TBA / Sue Corringham

**Next meetings: February 14 and March 14.**

## CAFÉ ESPAÑOL

*Contacts: Beate Menzel jrblmenzel@cox.net or 619 401 1557*

*Vicky Lindblade vlindblade@mac.com or 858 452 1739*

This conversation group is designed for fluent Spanish speakers who wish to keep up their Spanish and learn new vocabulary. We meet the second Thursday of the month at 2 p.m. One hour of conversation and one hour of reading aloud and group discussion. La proxima reunión de Café Español será el jueves, nueve de Febrero, 2-4, a la casa de Fran Gillin y el nueve de Marzo a la casa de Vicky Lindblade. Por favor mande una carta electronica a Beate Menzel para informarla si quiere venir.

**Next meetings: February 9 and March 9.**

## CAFÉ FRANÇAIS

*Contact: Hulya Saygin; hulyasaygin@yahoo.com*

Chères amies,

Notre réunion en Février sera le 8, à une heure chez Klelia Mouzaki qu'elle est nouvelle membre de Café Français. (*klelia.mouzaki@gmail.com*, 760- 402 2278)

Pour le mois Mars, notre réunion sera le 8, à une heure chez Anne Caprioglio. (*acaprioglio@san.rr.com*, 858-4546227)

Si vous avez l'intention de venir donner une de fil ou envoyer une email à les hostesses.

**Next meeting: February 8 and March 8.**

## CINEMA SOIRÉE

*Contact: Roswitha Enright (858) 459-7375*

The group meets at a designated home on the **second Sunday** of

each month (all year long) at 7:00pm for socializing; movie discussion starts at 7:30pm sharp. Light refreshments will be served. You will be contacted by e-mail about which movie to see and where to meet. For more information call Roswitha.

**Next meeting: February 12 and March 12**

## DAY BRIDGE

*Contact: Beate Menzel jrblmenzel@cox.net or 619 401 1557*

We meet the **first and third Tuesdays** of the month all year long at various members' homes. We start at 10am and usually end at or before 3pm. Everyone brings her/his own lunch. The hostess will provide drinks. Call for information.

**Next meeting: February 7+21 and March 7+21.**

## EVENING BRIDGE

*Contact: Barbara Bank at (858) 484-4597 or barbara@sdna1.ucsd.edu*

The couples Evening Bridge Interest Group meets at 7:00pm on the **fourth Saturday** of the month all year long at one of our members' homes. If you wish to play on a regular basis, or just occasionally, please contact Barbara Bank.

## GERMAN KAFFEKLATSCH

*Contact: Roswitha Enright 858 459-7375 (renright@ucsd.edu)*

This group is for beginners and experienced German speakers alike. Guaranteed no pressure. Just come on the **3rd Tuesday at 3pm** and have a good time. Only German spoken. If you want to join, please contact Roswitha. **TIME: 3 PM TO 4:30 PM**

**Next meetings: February 21 and March 21.**

## GRACIOUS AGING

*Contact: Stephanie Freeman, 619-417-2969*

This group meets the first Monday of each month at the Quaker Meeting House on 7380 Eads Avenue, La Jolla, CA 92037 1-3 pm to discuss various topics from the perspective of life-long experience. This is an international

group, and travel and history are frequent topics. Friends bring snacks to share and tea is served. All friends over 80 are welcome.

**Next meeting: February 6 and March 6.**

## GOURMET GROUP

*Contact: Susan Starr 858 455 1630 or susanstarr1@gmail.com*

This is a group for those who like to try cooking new things. We meet several times a year, at members' homes, and each person brings an assigned dish or course. The group is currently full but if you'd like to be notified when there is an opening, or a new group is forming, please email Susan Starr at the address above.

**Next meetings: Please call contact.**

Growing old is mandatory;



growing up is optional.

## HIKING IN AND AROUND SAN DIEGO COUNTY

Contact: Roswitha Enright (858) 459-7375, [renright@ucsd.edu](mailto:renright@ucsd.edu)

We meet at 8:30am on the second Saturday of each month (October to May or June) at the La Jolla Village Shopping Center parking lot and carpool to the starting point of the hike. Bring a lunch, plenty of fluids, sturdy shoes and sun protection! Friends and family are invited. Call or email the week before the hike if you would like to come.

**Next hike: February 11 and March 11.**

## MOVEABLE FEAST I

Contact: Liz Fong Wills (858) 454-6858; [lizfongwills@yahoo.com](mailto:lizfongwills@yahoo.com)

This dining-out group is currently at capacity but we are taking a wait list.

**Next meeting: contact Liz Fong Wills**

## MOVEABLE FEAST II

Contact: Mary Cutchin (858) 459-8074 or [marycutchin@yahoo.com](mailto:marycutchin@yahoo.com)

This group meets every other month for drinks at a member's house. From there we carpool to the restaurant. Contact Mary Cutchin for information and reservations.

**Next meeting: Call contact.**

## MUSEUM FRIENDS

Contact: *NEEDED*

This group meets on a somewhat irregular basis. Upcoming trips will be posted on the Oceanids listserv. Check your newsletter as well.

**Next meeting: Call contact.**

## PHOTO DIGERATI

Contact: Jane Takahashi [jtakahashi@san.rr.com](mailto:jtakahashi@san.rr.com)

We meet on the second Friday of the month from 1 - 4 p.m. at Jane's home. At the monthly meetings, we often schedule field trips and photo shoots. This is an informal group for all who are interested in learning more about digital photography.

**Next meeting: call contact.**

## PIANO AND CHAMBER SOIRÉE

Contact: Judy Vacquier (858) 361-0418 or [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net)

This group is for amateurs who need a motivation to practice and want to perform in a relaxed, fun setting among friends. We welcome piano, chamber instruments and voice, classical, jazz and popular music, solos and ensembles. We usually meet the third or fourth Sunday at 3 pm.

The next meeting will be Sunday, February 26, at 3 pm at the home of Vicky Yablonsky. Please RSVP to Vicky at [victoria.yablonsky@gmail.com](mailto:victoria.yablonsky@gmail.com) or 858-794-8147 and to Judy at 858-361-0418 or [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net). The March meeting will be at the home of Anita Weedmark on Sunday, March 26, 2017, at 3 pm. Please RSVP to Anita at [anitaweedmark@yahoo.com](mailto:anitaweedmark@yahoo.com) or 858-576-9249 and to Judy at [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net) or 858-361-0418.

**Next meetings: February 26 and March 26.**

## SOUNDING BOARD

Contact: Jan Ouren (858)273-1681 or [jouren@san.rr.com](mailto:jouren@san.rr.com)

The next Sounding Board will be Thursday, February 2 at noon. Check the Oceanids website and page 8 for the next two speakers.

**Next meeting: February 2 and March 2**

## WEDNESDAY COFFEE

Contact: Georgina Sham 858-459-1336

Mary Woo 481-6998 & 336-3642 (cell)

Jennie Chin [enjen1@hotmail.com](mailto:enjen1@hotmail.com)

Come join our social group of Oceanids, newcomers, postdocs, students, and their children for refreshments at the International Center every Wednesday, 10am-12 noon **during the academic year**. You'll make friends and learn strange and wonderful American customs.

*Visit the KITCHEN EXCHANGE where newcomers can rent kitchen, household, and baby equipment for a small fee.*

WE HAVE MOVED TO THE CONTAINER ON THE LAWN, next to the former International Center parking lot.

**Next meetings: Wednesdays.**

## WINE TASTING I

Contact: Elisabeth Smith 858-222-2548 e-mail: [egsmith99@hotmail.com](mailto:egsmith99@hotmail.com)

Exploring the taste sensations of a new wine or an old vintage, this group meets the third Friday monthly. Members rotate as hosts. **This group is again open to new members.** For questions, contact Elisabeth Smith.

**Next meeting: February 17 and March 17.**

## WINE TASTING II

Contact: Barbara Scholz (858) 350-6014 or [bscholz@hotmail.com](mailto:bscholz@hotmail.com)

We meet monthly. Members rotate as hosts. The cost for wine and food is shared among the people attending (approximately \$8.00 per person).

**Please call chair person about next meeting**

## WITS II

Contact: Bev Douglas (858) 453-4938

WITS II uses the principles of NAIC to study and evaluate companies for stock purchases. We meet on the 4th Wednesday from 3:30 to 5pm.

**Next meeting: February 22 and March 22.**

## Oceanids has an e-mail mailing list!

The purpose of the listserv or email distribution list is to allow our President, Board members, Interest Group chairs or anyone else with an important announcement to contact our membership.

**Also, an announcement is sent when the Oceanids newsletter is available on our website for you to read online or print.**

If you have questions, have an announcement for Oceanids, or are a new subscriber, please email the listserv administrators, Judy Vacquier, at [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net) or Mary Cutchin, at [marycutchin@yahoo.com](mailto:marycutchin@yahoo.com).

*Anyone who would like to make corrections to the directory and/or to our database (from which we obtain the addresses for 'Oceanids news' mailings), please e-mail Mary Cutchin at [marycutchin@yahoo.com](mailto:marycutchin@yahoo.com).*

**OCEANIDS WEBSITE:**

<http://ccom.ucsd.edu/~oceanids/>

# SOUNDING BOARD

Sounding Board is a series of seven lectures during the academic year, the first Thursday at 12 noon, sponsored by UC San Diego Oceanids and the UC San Diego Faculty Club. Oceanids, faculty and friends meet at the UCSD Faculty Club in a specially designated room to eat lunch and listen to fascinating speakers. Lunch is \$16.50 for guests and \$13.00 for Faculty Club members (purchase required). Coffee and iced tea are provided in the meeting room. A parking permit can be obtained at the front desk. You can be sure of a lively discussion! You do not need to RSVP. Come to the Faculty Club at 11:30. The speaker will be introduced at 12:10 pm sharp.

Contact Jan Ouren, [jouren@san.rr.com](mailto:jouren@san.rr.com) for more information.

## February 2, 2017

**Dalouge Smith**, President and CEO of the San Diego Youth Symphony

“Developing Success through Music for All”

Like language, music is fundamental to culture and being human. Yet for too long, our schools have not provided every child with chance to develop musically. San Diego Youth Symphony is reversing that trend and has instigated the largest and fastest restoration of music education in the country in partnership with Chula Vista Elementary District School. Learn why this is important for society and how it happened.

Dalouge Smith is in his 10th season leading San Diego Youth Symphony and Conservatory (SDYS). He has overseen development of SDYS’ vision to “make music education accessible and affordable for all students.” Mr. Smith has served as a national leader in the U.S. El Sistema movement since co-founding the National El Sistema Network in December 2010 and convening the first summit of El Sistema inspired programs in 2011. He received the 1st Annual Herbert G. Klein Visionary Award for Exemplary Leadership from LEADS San Diego. He previously served as Associate Director of Mainly Mozart in San Diego and Production Stage Manager at Lamb’s Players Theatre in Coronado. Mr. Smith earned a Bachelor of Arts in World Arts and Cultures from UCLA and worked as a child actor in professional regional theatre productions through high school. He and his wife Sue Ann are the proud parents of their son Wright, a sophomore at Harvard University.



## March 2, 2017

**Sanford A. Lakoff**, Edward A. Dickson Professor Emeritus of Political Science, UC San Diego

Don’t miss this popular speaker who is an expert on the Middle East. Title: TBA Professor Lakoff is founding chair of the Department and a distinguished scholar in political philosophy and science and public policy. He is the author of *Equality in Political Philosophy, Democracy: History, Theory and Practice*, and *Max Lerner: Pilgrim in the Promised Land* (1998, University of Chicago Press) and *Strategic Defense in the Nuclear Age and Ten Political Ideas that have Shaped the Modern World* (September 2011); co-author of *Science and the Nation: Policy and Politics, Energy and American Values*, and *A Shield in Space?: Technology, Politics, and the Strategic Defense Initiative*.

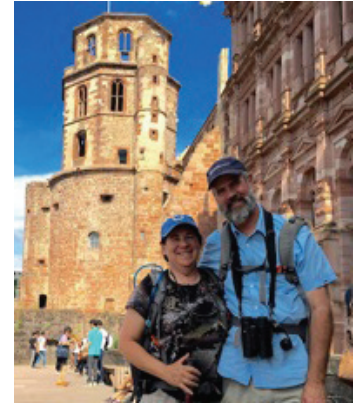
He has also edited a half dozen volumes, including *Knowledge and Power: Essays on Science and Government* and contributed over fifty essays to edited volumes, journals, and encyclopedias.



## Continuing the report of Teresa and Dick Norris' adventures in Europe:

From Heidelberg:

As temporary citizens here, we are expected to and do recycle all of our waste into four categories—paper, plastic, glass, and compostable—each being placed in separate colored bins. Beer and drink bottles have a 0.25 euro (about \$.28 cents) deposit on them which is returned when the bottles are returned to the bottled drinks store. The beer is quite good and cheap! That said, the beer is governed by a beer purity law, which tends to produce good pilsners and wheat beers, but not much in the 'craft beer' market. We found, while in Ireland, that the market is even tighter there than in Germany, where one bar tender commented that people just did not buy the craft beers he stocked for a while--the alcohol content was too high to allow his patrons to enjoy a night of socializing in the pub! We have also found the wine from the Rhine region to be excellent and also pretty cheap. For wine, the markets have a diverse selection of afford-



able wines from all over Europe so there is no lack of variety. Near the end of October, I had to be hospitalized here for acute appendicitis and ended up in emergency surgery for an appendectomy. I was feeling fortunate that we were not traveling in one of the many other nearby countries at the time but were at our home base! Post laparoscopic surgery, I was in the hospital for three days. It was difficult for me during my hospital stay as no one spoke to me unless they really had to. My two middle aged women room mates spoke loudly to each other in German nonstop and I felt like a piece of the furniture. Thank goodness I was able to drown them out with my laptop computer, ear buds, and an internet connection to NPR! I am sure it was just as challenging for my doctor and

nurses to have to deal with speaking in English to me! I feel fortunate that I had an appendectomy here in Germany as I just got the bill from the hospital for my surgery and three day stay. The total cost (though I expect a few more bills from the emergency room and private doctor I visited prior to the hospital) for the hospital stay was \$3,100 US. In the US, it costs on average ten times that much! Prior to my appendicitis attack, Dick and I spent two weeks in Greece, one week for collaborative underwater coring and the other to sightsee, a few days in the Netherlands, a week in Ireland, a few days along Lake Constance, ten days in the Viennese Alps, and a week in Brittany. This all sounds so exotic, even now, but the fact is that all these places are either a moderate drive away from Heidelberg, a train ride, or a short flight from Frankfurt. Italy, for example, was a about a 5-hour drive to the border in the Alps! And, if you book long enough in advance, a flight to Greece is perhaps 150-200 euros (nearly the same as dollars), making a Greek getaway more a matter of time than money!

Also, it has been interesting to be here through the "Brexit" vote in Britain (to leave the EU) and our own elections in the US. We are in a "European city" in the sense that many people here are students from all over Europe, the US and Asia. Hence, it was a massive surprise to most people when the Brits voted against the cosmopolitan EU, and of course more recently when Trump's supporters succeeded in the US. We voted absentee in the recent election and got the news today that our world has turned topsy turvy and we will be returning to the United States with Donald Trump as our next president. Who would have thunk it?

Best wishes to all of you and I have begun the countdown to returning to my sunny large home in Poway and seeing some of you on Oceanid outings. I am "California Dreamin'!"

As they say here, Tschüss!

Frau Teresa

**WARNING:** The following may seem to you gross, gruesome and in bad taste.  
Sensitive people should refrain from reading further.

## FACT OR ALTERNATE FACT? THE 2016 DARWIN AWARDS

### Eighth Place

In Detroit , a 41-year-old man got stuck and drowned in two feet of water after squeezing head first through an 18-inch-wide sewer grate to retrieve his car keys.

### Seventh Place

A 49-year-old San Francisco stockbroker, who “totally zoned when he ran”, accidentally jogged off a 100-foot high cliff on his daily run.

### Sixth Place

While at the beach, Daniel Jones, 21, dug an 8 foot hole for protection from the wind and had been sitting in a beach chair at the bottom, when it collapsed, burying him beneath 5 feet of sand. People on the beach used their hands and shovels trying to get him out but could not reach him. It took rescue workers using heavy equipment almost an hour to free him. Jones was pronounced dead at a hospital.

### Fifth Place

Santiago Alvarado, 24, was killed as he fell through the ceiling of a bicycle shop he was burglarizing. Death was caused when the long flashlight he had placed in his mouth to free his hands rammed into the base of his skull as he hit the floor.

### Fourth Place

Sylvester Briddell, Jr., 26, was killed as he won a bet with friends who said he would not put a revolver loaded with only four bullets into his mouth and pull the trigger.

### Third Place

Trying to rob a gun store with a policeman and armed customers inside the would be robber was quickly overwhelmed by gun fire.

### HONORABLE MENTION

Paul Stiller, 47, and his wife Bonnie were bored just driving around at 2 A.M. so they lit a quarter stick of dynamite to toss out the window to see what would happen. Apparently they failed to notice that the window was closed.

### RUNNER UP

Kerry Bingham had been drinking with several friends when one of them said they knew a person who had bungee-jumped from a local bridge in the middle of traffic. The conversation grew more excited, and at least 10 men trooped along the walkway of the bridge at 4:30 AM. Upon arrival at the midpoint of the bridge, they discovered that no one had brought a bungee rope. Bingham, who had continued drinking, volunteered and pointed out that a coil of lineman’s cable lay nearby. They secured one end around Bingham’s leg and then tied the other to the bridge. His fall lasted 40 feet before the cable tightened and tore his foot off at the ankle. He miraculously survived his fall

into the icy water and was rescued by two nearby fishermen. Bingham’s foot was never located.

### AND THE WINNER IS....

Zookeeper Friedrich Riesfeldt ( Paderborn, Germany ) fed his constipated elephant 22 doses of animal laxative and more than a bushel of berries, figs and prunes before the plugged-up pachyderm finally got relief. Investigators say ill-fated Friedrich, 46, was attempting to give the ailing elephant an olive oil enema when the relieved beast unloaded.

The sheer force of the elephant’s unexpected defecation knocked Mr Riesfeldt to the ground where he struck his head on a rock as the elephant continued to evacuate 200 pounds of dung on top of him. It seems to be just one of those freak accidents that proves... ‘Sh..t happens’



**Hmm...Strange...**  
**What kind of creatures are women?**  
Seen on Pearl St. in La Jolla

# FEBRUARY 2017

Sunday	Monday	Tuesday	Wednesday	Thursday BOARD MEETING  Sounding Board	Friday	Saturday
			1	2	3	4
5	Gracious Aging	Day Bridge	KitX Wed. Coffee  Café Francais	8	Café Español	Hiking  Chinese New Year Dinner
12	Avi Set Birders	Book Group	KitX Wed. Coffee	15	16	17
19		Day Bridge Kaffeeklatsch	KitX Wed. Coffee  WITS II	22	23	24
Piano and Chamber Soireé						25
26	27	28				

# MARCH 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				BOARD MEETING  Sounding Board		
			1	2	3	4
Cinema Soireé	Gracious Aging	Day Bridge	KitX Wed. Coffee Café Francais	8	Café Español	Hiking
5	6	7	8	9	10	11
12	Avi Set Birders	Book Group	KitX Wed. Coffee	15	16	17
19		Day Bridge Kaffeeklatsch	KitX Wed. Coffee  WITS II	22	23	24
Piano and Chamber Soireé			KitX Wed. Coffee			25
26	27	28	29	30	31	

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