

# Oceanids News



UC SAN DIEGO OCEANIDS BI-MONTHLY NEWSLETTER

VOL. XLXII No. 4

April/May 2015

*Spring Membership Luncheon  
Thursday, May 21, 2015*



*Guest Speaker: Roxana Velasquez  
Executive Director, San Diego Museum of Art*

**11:00 am – 11:45 pm, Social Hour**

**11:45pm – 2:00 pm, Buffet Lunch**



South Pacific Room  
Bali Hai Restaurant  
2230 Shelter Island Drive, San Diego.  
Phone: 619-222-1181

We will have a "grab and go" table for leftover eBay items and \$5 items you can bring to donate, as in years past.

Program:

Guest Speaker  
Election of Officers  
Oceanids Fellows

**Cost \$25.00 per person**  
RSVP by Thursday, May 14



After that date the cost is \$30.00 per person

Cut here and mail

Name: ..... Guest: .....

Amount enclosed \$.....

Please make check payable to Oceanids

Checks to be mailed to Barbara Bank, 9019 Oviedo St, San Diego CA 92129

Please check here if you will require a ride O

# OCEANIDS CREW 2014-2015



## OCEANIDS NEWS

is the newsletter of Oceanids, a UCSD campus organization. Published bi-monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 15th OF THE MONTH FOR THE NEXT ISSUE.

Address all submissions to:  
Oceanids News  
International Center 0049  
9500 Gilman Drive  
La Jolla, CA 92093-0049

PLEASE NOTE  
The Post Office does not forward OCEANIDS NEWS. Please notify membership chairs of any change of address. Membership and/or subscriptions are \$35 per year

## OCEANIDS ONLINE

<http://ccom.ucsd.edu/~oceanids/>

### E-MAIL

[oceanids@ucsd.edu](mailto:oceanids@ucsd.edu)  
and also email:  
[renright@ucsd.edu](mailto:renright@ucsd.edu)  
[mwoonew@gmail.com](mailto:mwoonew@gmail.com)

## BOARD OF DIRECTORS

(note: all phone numbers are area code 858 unless otherwise noted)

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\*Oceanid of the Year"/Maxine White Award

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Ruth Stern..... 453-2793  
NEEDED

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Barbara Bank..... 484-4597

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### Graduate Scholarships

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### and Website

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Roswitha Enright.....459-7375

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### Friends of Int'l. Center Liaison

Maxine Bloor.....459-7665

### Retirement Association Liaison

Eleanor tum Suden.....587-8865

### Historian

Nancy Groves.....453-6486

### Refreshment Reminder

Maxine Bloor..... 459-7665

### Sunshine Committee

Liz Bonkowsky..... 458-0879

### Holiday Party

Bernie Sisco..... 481-1310

### Bookshare

Barbara Bank..... 484-4597

Barbara Starkey ..... 453-0779

## BOARD MEETINGS: *first Thursday every month*

Oceanids Pavilion, International Center

Coffee and refreshments: 9:30 am, meeting starts at 10:00 am.

(You are welcome to attend!)

**President’s Message:**

You’ve undoubtedly noticed that the headline feature for the current newsletter is next month’s Spring Luncheon. Please put May 21 on your calendar and get in your reservation as soon as possible. This is a very popular event because we all enjoy seeing old friends and meeting new Oceanids members.



We owe a special thank you to the event co-chairs Barbara Bank and Diana Vines for their planning and hard work. I’m very pleased that they were able to secure Roxana Velasquez, Executive Director of the San Diego Museum of Art, to be our guest speaker. The theme for the Fall Brunch is our social side, our Interest Groups. For the Spring Luncheon we focus on our philanthropic endeavors. Some of what we do involves more time than money. I’m thinking particularly of helping at the Friday Cafe or the Wednesday Coffee, or volunteering at the Kitchen Exchange. Most of our service activities involve newcomers to UCSD, thanks to the tireless efforts of Liz Fong Wills and Georgina Sham. Some of our interest groups, such as the Hiking Group led by Roswitha Enright, are especially welcoming to the Newcomers. Of course, thanks to our very generous members and friends, we are able to make a significant difference with our scholarships and fellowships. As I write this, Nancy Groves, who coordinates our Undergraduate Service Awards, is in touch with the deans of the colleges on campus in order to solicit their recommendations for deserving juniors to receive these awards. Liz Winant coordinates our graduate fellowships. We invite the recipients of those awards to our Spring Luncheon, and although it isn’t necessarily the best time in the academic year for them to attend, we nearly always are fortunate enough to have two or three graduate students join us. Without exception, those at the luncheon find it fascinating to learn about what they are studying and researching. Some of our awards are specifically directed to “re-entering”

students, people who for one reason or another took a break from scholarly pursuits and, with our help, are able to return to school to complete a graduate program. Finally, with your support we have been able to help fund other worthwhile programs such as the Triton 5K fun run, the PhD conference, and the student run clinic. This year for the first time we are also co-sponsoring a symposium on career opportunities for PhD’s in STEM (Science, Technology, Engineering, Mathematics) fields.

We should all be proud of what we do as a UCSD Support Group!

Mary Hanson, President

**UCSD Oceanids Board Slate 2015-2016  
to be voted on at the Spring Luncheon**

President	Liz Bonkowsky
President-Elect	
First Vice Presidents	Irene Larrimore Susan Starr
Second Vice President (membership)	Mary Cutchin
Recording Secretary	Mary Hanson
Treasurer	Jim Bunch
Co-Financial Secretaries	Liz Winant Kim Signoret-Paar
Nominating Committee*	Hulya Saygin (cont.) Maxine Bloor (altern.) Bernie Sisco Marion Spors

\*Two additional Board Members to be elected  
at the June Board meeting

**“and Thanking”**

Breathing deeply, in and out, consciously,  
Or shallowly unconsciously.  
I’m living here and now,  
As a tiny part of the mighty Nature  
Which causes death and life among us,  
All creatures. We live together in or out of pain,  
Crying, laughing, pushing self a step,  
Appreciating all and thanking.

Mihoko Vacquier

**UCSD Oceanids and Newcomers Desert Hike  
Sunday, April 12,**

**Day trip to Anza Borrego Desert State Park**

Meet Liz at 8 am. At the Int. Center Parking Lot

\$15/passenger to cover gas

On the way, we will stop at Dudley's and the Julian Apple Pie Shop (both very popular bakeries) for bread and apple pie. We will make a brief stop at a little church and museum that shows the history of the area. We will then spend about an hour at the Anza Borrego Visitors' Center where they have videos of the park during different seasons plus informative exhibits. We will eat our picnic lunches before hiking up Palm Canyon. After the hike, we will go for a short drive to see wildflowers at places recommended by the park rangers. From there we will go to Julian (an old gold mining town) for dinner and then home.

If you are interested, please email Liz at <lizfongwills@yahoo.com> or call her at 858 232-7545. You must bring your own lunch and drinks and pay for your own dinner (\$10 -15 approximately). (Passengers, please pay the driver the \$15. We hope that we will have enough volunteer drivers with cars to accommodate everyone--please tell Liz if you can drive!). We recommend that you bring lots of sunscreen, a hat, drinks, a camera, binoculars, money plus a jacket for the drive home. It is a good idea to wear light colored clothes (long pants and long sleeved shirt) because of the sun and cacti.

Rain will cancel the trip and there will NOT be a rain date.....sorry!

**UCSD Oceanids and Newcomers Anza Borrego  
Desert Over-night Camping Trip**

**Friday, April 10 through Sunday, April 12,**

Agua Caliente County Regional Park is located in the Carrizo Valley Region. It is best known for its hot springs, which have long attracted visitors eager to soak in their soothing therapeutic mineral waters. (Be sure to bring your bathing suits!) Spectacular vistas and miles of trails that meander through the park's canyons and across its hillsides are additional attractions. Centuries ago, the Kumeyaay Indians were initially attracted to the springs at what we now call Agua Caliente ("hot water" in Spanish). Spanish explorers, miners, then pioneers, soldiers and prospectors eventually made their way here as well. The seismic activity that long ago shaped the Tierra Blanca Mountains to the west and created the fault that runs beneath the park also enabled water to come to the surface and form the park's natural springs. A wide variety of wildlife is attracted to the springs, including foxes, coyotes, bobcats and mountain lions.

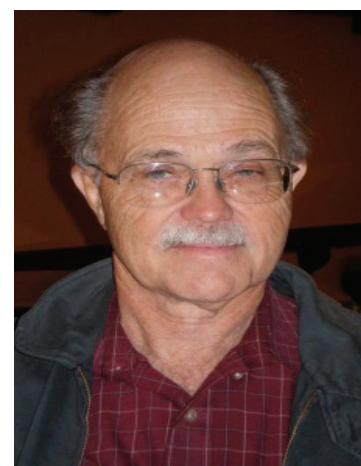
Carole Ziegler has reserved 5 camp sites. The camp sites will be available starting at 2 p.m. on Friday. Please call Carole at 619-297-0798 to be assigned a campsite number and to ask any questions you may have about camping, or

email her at <Cactus12Carole@gmail.com>.

On Saturday morning, Carole will lead a hike. She will also give a talk in the evening entitled, "60 Million Years in 60 Minutes". Please bring a dish to share for Saturday night supper. Be sure to bring mittens/gloves, sweatshirts and jackets as evenings in the desert are apt to be chilly.

**OCEANIDS WELCOMES NEW MEMBER  
DR. AL SHENK**

Al Shenk is one of Oceanids' newest members, joining in 2015. A Professor Emeritus of Mathematics at UC San Diego, he received his Ph.D. in Mathematics from Stanford University in 1965 and taught at Columbia and UC Berkeley before teaching at UCSD for over thirty years. He did work in scattering theory and numerical analysis and authored a popular calculus book. He retired in 1999.



Al is married to the artist Genie Shenk, whose work you may have seen in a one-person show at the Athenaeum in 2009 or at many other exhibitions in San Diego and other venues over the years. Her largest work from the Athenaeum show is an artist's book now displayed in the reading room of Special Collections in the Geisel Library at UCSD.

Al's and Genie's daughter Carol lives in Seattle. She is the Kings County Archivist and is also an artist.

In addition to Al's university life, he enjoys foreign languages and loves to read. He is currently reading several books including *The Warrior and the Priest* by John Morton Cooper about Presidents Woodrow Wilson and Theodore Roosevelt. *Beloved* is his favorite book and movie, the book written by Toni Morrison (1987) and the film starring Oprah Winfrey (1998).

Al actively participates in Oceanids' Cinema Soiree, a monthly discussion group of film buffs.

Jan Ouren

## FOND FAREWELLS

by Louise Keeling

We at the Oceanids' Kitchen Exchange are a virtual welcoming committee for grad-students, post-docs, or visiting faculty who stay at UCSD for a short time. They come to us after first arriving, to take advantage of our store-room of kitchen utensils, vacuum cleaners, microwaves, and baby equipment like bassinets and high-chairs. After Liz Wills gives them a spirited welcome chat that explains all the activities they can partake in (they love her description of the Wine-Tasting group) we hand them a couple of big boxes and they happily fill them with what they need for a temporary stay. It's a time to get acquainted with some very interesting and lovable people.

Later, alas, when their stay is over, they return our loaned-out items and it is time to say good-bye. Maryruth Cox asks them to write a bit in her guest book about their stay in the US. Here are a few of their comments: "Terrific and impressive idea. Thanks for the warm welcome." Astrid from Belgium . "Thank you so much for offering this service. I've enjoyed my electric cooker and my tea every day." Nieve from the Netherland "This is something we (in France) should do to save our money AND to save the environment and the earth. Besides, the ladies (and gentleman)\* are really nice and kind." Marianne. "Thank you so much! This exchange store really helped us with the new start. It's always nice to be welcomed by kind people." Roy and Ayala from Israel. "Thank you so much for making our move in and out very smooth. We will spread the "voice" about you." Guido, Fiona, Livia, and Daniel from Italy. "I feel admiration for the job you do. It is in the best American tradition of volunteering" ....Joaquin Arango from Spain.

Oceanids are proud to offer this practical and appreciated service.

\*Jim Chase



The fifth annual Oceanids eBay auction will begin March 30, 2015. This year we will not be accepting new donations, so please hang on to your wonderful items to donate next January 2016. This year we will be selling items that did not get listed last year. There will be some interesting objects, such as an adorable framed print for a child's bedroom, jewelry, hand painted plates, and other collectibles. They will be available for auction on eBay starting the first week of April 2015. An announcement will appear on the Oceanids listserv with the link to the eBay site. As always, 100% of the profits from the donated items goes directly to the UCSD Foundation to benefit UCSD Oceanids, with a tax deduction for the amount for the donor. We will also have a "grab and go" table at the Oceanids Spring Luncheon for leftover eBay items and \$5 items you can bring to donate, as in years past. If you have any questions, contact the 2015 eBay committee members: Judy Vacquier at [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net), Mary Hanson at [mhanson@san.rr.com](mailto:mhanson@san.rr.com) and Liz Winant at [lizwinant@gmail.com](mailto:lizwinant@gmail.com). Don't miss the fun!

The UCSD Stein Institute for Research on Aging and the Center for Healthy Aging invite you to the Frank Benedikt Roehr Memorial Lecture

**The Science of Resilience: How to Thrive in Life**  
Wed, April 15, 5:30 – 7:00 p.m. Lower Auditorium,  
MET Building, UCSD

Science consistently shows that— whether you're 18 or 80— every area of your life can improve if you know one thing: How to master your feelings. Learn more from noted expert, Dr. Darlene Mininni. The author of *The Emotional Toolkit* and creator of the UCLA wellbeing course *LifeSkills*, Dr. Mininni designs interventions that highlight three key areas: resilience, emotional intelligence and mindfulness. The Frank Benedikt Roehr Memorial Lecture Series was the inspiration of Oceanid member **Suzanne Angelucci** as a memorial to her father and is intended to support lectures on topics associated with the power of humor and positive thinking and its influence on aging and longevity. Light refreshments will be served.

Please register at: [aging.ucsd.edu](http://aging.ucsd.edu)

# OCEANIDS' INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are here to meet the many varied needs of UCSD families, especially those new to the UCSD campus and the community. If you don't find an activity you would like to participate in, please contact Beate Menzel 619 401-1557, Interest Group Coordinator. If five or more Oceanids wish to start a new group, please let her know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us by contacting Mary Cutchin, 858-459-8074, marycutchin@yahoo.com or by submitting the application form in this issue.

**Since the newsletter is posted on the Oceanids website we will, for security reasons, not publish addresses (with occasional exceptions). Please call the contact for the necessary information.**

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## AVI SET BIRDERS

Contacts: Liz Winant (858) 481-7447, lizwinant@gmail.com

Our birding group meets promptly at 8am the second Monday of each month **during the academic year**. The La Jolla group will meet at the corner of Dunaway Dr. and Glenwick Pl. in La Jolla. The North County birders will meet at a TBD location. We will carpool from these locations to sites around the county. Members will be called or e-mailed.

**Next outings: April 13 and May 11.**

## BOOK GROUP

Contacts: Janet Goff (760) 753-3472, Liz Winant (858) 481 7447

Our meetings are held on the second Tuesday morning of every month at 9:30 AM for chatting and 10 AM for review. Everyone is welcome; we are happy to greet new members who like to read a variety of fiction and non-fiction and who value good writing and a lively discussion. Please join us.

Date "Title" by Author / Host / Reviewer

Apr 14 "Irma Voth" by Miriam Toews / Prue Arbib / TBA

May 12 "Middlemarch" by George Eliot / TBA / John Halperin

**Next Meetings: April 14 and May 12.**

## CAFÉ ESPAÑOL

Contacts: Beate Menzel jrblmenzel@cox.net or 619 401 1557

Vicky Lindblade vlindblade@mac.com or 858 452 1739

This conversation group is designed for fluent Spanish speakers who wish to keep up their Spanish and learn new vocabulary. We meet the first Thursday of the month at 2 p.m. One hour of conversation and one hour of reading aloud and group discussion. La proxima reunión de Café Español será el jueves, dos de Avril a la casa de Fran Gillin. Por favor mande una carta electronica a Fran (fgillin@ucsd.edu) para informarla si quiere venir.

**Next meetings: April 2 and May 7.**

## CAFÉ FRANÇAIS

Contact: Mary Hanson (858) 456-1304; mhanson@san.rr.com

Notre prochaine réunion aura lieu le 8 avril chez Pat Stone.

Le 13 mai on va encore une fois se réunir chez Irene Larrimore, avec Theresia Fuchs comme co-hotesse. On commence à 13h de l'après-midi.

**Next meetings: April 8 and May 13.**

## CINEMA SOIRÉE

Contact: Roswitha Enright (858) 459-7375

The group meets at a designated home on the **second Sunday** of each month (all year long) at 7:00pm for socializing; movie discussion starts at 7:30pm sharp. Light refreshments will be served. You will be contacted by e-mail about which movie to see and where to meet. For more information call Roswitha.

**Next meetings: April 12 and May 10.**

## DAY BRIDGE

Contact: Beate Menzel (619) 401-1557 or jrblmenzel@fox.net

We meet the **first and third Tuesdays** of the month all year long at various members' homes. We start at 10am and usually end at or before 3pm. Everyone brings her/his own lunch. The hostess will provide drinks. Call for information.

**Next meetings: April 7+21 and May 5+19.**

## EVENING BRIDGE

Contact: Barbara Bank at (858) 484-4597 or barbara@sDNA1.ucsd.edu

The couples Evening Bridge Interest Group meets at 7:00pm on the **fourth Saturday** of the month all year long at one of our members' homes. If you wish to play on a regular basis, or just occasionally, please contact Barbara Bank.

**Next meetings: April 25 and May 23.**

## GERMAN KAFFEEKLATSCH

Contact: Roswitha Enright 858 459-7375 (renright@ucsd.edu)

This group is for beginners and experienced German speakers alike. Guaranteed no pressure. Just come on the 3rd Tuesday at 3pm and have a good time. Only German spoken. If you want to join, please contact Roswitha. **TIME: 3 PM TO 4:30 PM**

**Next meetings: April 21 and May 17.**

## GRACIOUS AGING

Contact: Stephanie Freeman, 619-417-2969

This group meets the first Monday of each month at the Quaker Meeting House on 7380 Eads Avenue, La Jolla, CA 92037 1-3 pm to discuss various topics from the perspective of life-long experience. This group has participants from Sweden, Finland, Switzerland, Germany and the US, and travel and history are frequent topics. Friends bring snacks to share and tea is served. All friends over 80 are welcome.

Growing old is mandatory;



growing up is optional.

## GOURMET GROUP

Contact: Susan Starr 858 455 1630 or susanstarr1@gmail.com

This is a group for those who like to try cooking new things. We meet several times a year, at members' homes, and each person brings an assigned dish or course. The group is currently full but if you'd like to be notified when there is an opening, or a new group is forming, please email Susan Starr at the address above.

**Next meetings: Please call contact.**

## HIKING IN AND AROUND SAN DIEGO COUNTY

Contact: Roswitha Enright (858) 459-7375, renright@ucsd.edu

We meet at 8:30am on the second Saturday of each month (October to May or June) at the La Jolla Village Shopping Center parking lot and carpool to the starting point of the hike. Bring a lunch, plenty of fluids, sturdy shoes and sun protection! Friends and

family are invited. Call the week before the hike if you would like to come.

**Next hikes: April 11 (Call Jim Bunch at 453 5765) and May 9**

### MOVEABLE FEAST I

Contact: Liz Fong Wills (858) 454-6858; [lizfongwills@yahoo.com](mailto:lizfongwills@yahoo.com)

This dining-out group is currently at capacity but we are taking a wait list.

**Next meeting: contact Liz Fong Wills**

### MOVEABLE FEAST II

Contact: Mary Cutchin (858) 459-8074 or [marycutchin@yahoo.com](mailto:marycutchin@yahoo.com)

This group meets every other month for drinks at a member's house. From there we carpool to the restaurant. Contact Mary Cutchin for information and reservations.

**Next meeting: Call chair.**

### MUSEUM FRIENDS

Contact: Barbara Starkey 858-453 0779 or [bstarkey@san.rr.com](mailto:bstarkey@san.rr.com)

This group meets on a somewhat irregular basis. Upcoming trips will be posted on the Oceanids listserv. Check your newsletter as well.

**Next meeting: Call contact.**

### PHOTO DIGERATI

Contact: Jane Takahashi [jtakahashi@san.rr.com](mailto:jtakahashi@san.rr.com)

We meet on the second and fourth Tuesday from 1 to 4 pm each month. 1st meeting is at Jane's home. On the 2nd meeting we go on a field trip. This is for all who are interested in learning more about digital photography. For more information call Jane.

**Next meetings: Call contact.**

### PIANO AND CHAMBER SOIRÉE

Contact: Judy Vacquier (858) 361-0418 or [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net)

This group is for amateurs who need a motivation to practice and want to perform in a relaxed, fun setting among friends. We welcome piano, chamber instruments and voice, classical, jazz and popular music, solos and ensembles. We usually meet the third or fourth Sunday at 4 pm. This group is currently at capacity and has a waiting list. A second group for intermediate to advanced piano has been started, chaired by Diana Vines at [dianasvines@gmail.com](mailto:dianasvines@gmail.com) or 858-459-8248. On Sunday, April 26 we will meet at the home of Hans Paar and Kim Signoret-Paar at 3:00 pm. RSVP to Hans at [hpaar@ucsd.edu](mailto:hpaar@ucsd.edu) and to Judy at [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net) or 858-361-0418. On Sunday, May 24, we will meet at the home of Judy Vacquier at 3:00 pm. RSVP to Judy at 858-361-0418 or [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net). PLEASE NOTE: We are trying starting one hour earlier to see how it works.

**Next meetings: April 26 and May 24.**

### PIANO MATINEE

Contact: Diana Vines at [dianasvines@gmail.com](mailto:dianasvines@gmail.com) or 858 459-8248

This group is for players who are at an advanced beginner/intermediate level and want the opportunity to practice and perform in a relaxed setting among friends. If you are interested in being part of this group, please contact Diana Vines at [dianasvines@gmail.com](mailto:dianasvines@gmail.com) or 858 459-8248. We welcome classical, jazz and popular piano music.

We meet the second Sunday of each month at 4pm.

**Next meetings: April 12 and May 10.**

### SOUNDING BOARD

Contact: Judy Vacquier (858) 459 -7834 or [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net)

Check the Oceanids website and page 8 for speaker and title.

**Next meetings: April 2 and May 7.**

### WEDNESDAY COFFEE

Contact: Georgina Sham 858-459-1336

Mary Woo 481-6998 & 336-3642 (cell)

Jennie Chin [enjen1@hotmail.com](mailto:enjen1@hotmail.com)

Come join our social group of Oceanids, newcomers, postdocs, students, and their children for refreshments at the International Center every Wednesday, 10am-12 noon during the academic year. You'll make friends and learn strange and wonderful American customs.

**Visit the Kitchen Exchange where newcomers can rent kitchen, household, and baby equipment for a small fee.**

**Next meetings: Wednesdays.**

### WINE TASTING I

Contact: Elisabeth Smith 858-222-2548 e-mail: [egsmith99@hotmail.com](mailto:egsmith99@hotmail.com)

Exploring the taste sensations of a new wine or an old vintage, this group meets the third Friday monthly. Members rotate as hosts. **This group is again open to new members.**

For questions, contact Elisabeth Smith.

**Next meetings: April 17 and May 15.**

### WINE TASTING II

Contact: Barbara Scholz (858) 350-6014 or [bscholz@hotmail.com](mailto:bscholz@hotmail.com)

We meet monthly. Members rotate as hosts. The cost for wine and food is shared among the people attending (approximately \$8.00 per person).

**Please call contact about next meeting**

### WITS II

Contact: Bev Douglas (858) 453-4938

WITS II uses the principles of NAIC to study and evaluate companies for stock purchases. We meet on the 4th Wednesday from 3:30 to 5pm. If fewer than 5 will be available we do not meet.

**Next meetings: April 22 and May 27.**

### Oceanids has an e-mail mailing list!

The purpose of the listserv or email distribution list is to allow our President, Board members, Interest Group chairs or anyone else with an important announcement to contact our membership.

**Also, an announcement is sent when the Oceanids newsletter is available on our website for you to read online or print.**

If you have questions, have an announcement for Oceanids, or are a new subscriber, please email the listserv administrators, Judy Vacquier, at [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net) or Mary Cutchin, at [marycutchin@yahoo.com](mailto:marycutchin@yahoo.com).

**Anyone who would like to make corrections to the directory and/or to our database (from which we obtain the addresses for 'Oceanids news' mailings), please e-mail Mary Cutchin at [marycutchin@yahoo.com](mailto:marycutchin@yahoo.com).**

**OCEANIDS WEBSITE:**

<http://ccom.ucsd.edu/~oceanids/>

# SOUNDING BOARD

Sounding Board is a series of seven lectures during the academic year, the first Thursday at 12 noon, sponsored by UC San Diego Oceanids and the UC San Diego Faculty Club. Oceanids, faculty and friends meet at the UCSD Faculty Club in a specially designated room to eat lunch and listen to fascinating speakers. Beginning March 1, 2014, lunch will be \$14.00 for guests and \$10.00 for Faculty Club members (purchase required). Coffee and iced tea are provided in the meeting room. A parking permit can be obtained at the front desk. You can be sure of a lively discussion! You do not need to RSVP.

Contact Judy Vacquier, [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net) for more information.



**April 2, 2015**

**Steffanie A. Strathdee, Ph.D.**

“Sex, Syringes and Videotape: Innovative Approaches to Reducing HIV among Female Sex Workers and Injecting Drug Users in the Mexico-US Border Region”

Steffanie A. Strathdee, PhD, is the Associate Dean of Global Health Sciences, Harold Simon Professor and Chief of the Division of Global Public Health in the Department of Medicine at the University of California San Diego School of Medicine. She is also an Adjunct Professor at the Johns Hopkins University. Dr. Strathdee is an infectious disease epidemiologist who has spent the last two decades focusing on HIV prevention in underserved, marginalized populations in developed and developing countries, including injection drug users, men having sex with men, and sex workers. In the last decade, she has published over 500 peer-reviewed publications on HIV prevention and the natural history of HIV and related infections and the evaluation of interventions to reduce harms among substance using populations. Currently, she is engaged in a number of HIV/STI prevention projects in international settings including Mexico, India, Canada and Afghanistan. She also leads three NIH-funded studies of HIV risk behaviors among drug users and sex workers on the Mexico-US border, one of which is funded through 2020 by a MERIT award granted by the National Institute on Drug Abuse. She directs a Fogarty-funded AIDS Training Program between academic institutions in San Diego and Tijuana. Dr. Strathdee also directs the UCSD Global Health Initiative.

**May 7, 2015**

**Adam Schneider**, PhD Candidate

Department of Anthropology, UC San Diego

“History Repeating Itself?”

Lessons from the Collapse of the Neo-Assyrian Empire”

Adam Schneider is a PhD candidate in Anthropological Archaeology in the Anthropology Department at UCSD. His research focus is the interrelationship of social transformation and environmental change, with a particular focus on the Bronze and Iron Age periods in the Near East, Mediterranean Basin, and Europe. He is currently in the process of completing his doctoral dissertation, in which he will propose a multi-causal model, which incorporates a variety of cultural, economic, and environmental factors, to explain the process of collapse at Titiş Höyük, an important Early Bronze Age urban center in the Turkish Euphrates Valley. Outside of his academic research pursuits, he also works to help increase the role of archaeology in the ongoing effort to mitigate the impacts of global climate change in the present.





**Lucie Clark,**

our Oceanid friend and treasurer in the 1980s died after a bout with leukemia on Feb. 8 In Eugene, Oregon. The last years she lived with her daughter Jennifer.

Lucie came to La Jolla, which she remembered from childhood vacations, to work at UCSD.

Oceanids were lucky to recruit her too. Lucie was an avid "Birder" and a real outdoors person despite her petite appearance. She watched, counted, banded and cataloged birds from the Coronado Islands on the US-Mexico border to Denali Park in Alaska. Lucie spoke several languages and was very interested in literature and the arts, especially Asian arts. She loved to volunteer too, at nature centers, libraries, music events and when possible listened to lectures to widen her knowledge.

She is survived by her son Ted and daughter Jennifer.

We miss her very much.

Rosemarie Lugmair

Honorary Life Member of Oceanids, **Mary Bailey**, passed away in February. She received the Maxine E. White Outstanding Service Award in 2000 and was also very active with the Friends of the International Center. She is survived by her husband Fred.

We also send heartfelt condolences to Oceanids Carol Steinitz and Mariette Kobrak who lost their husbands recently.



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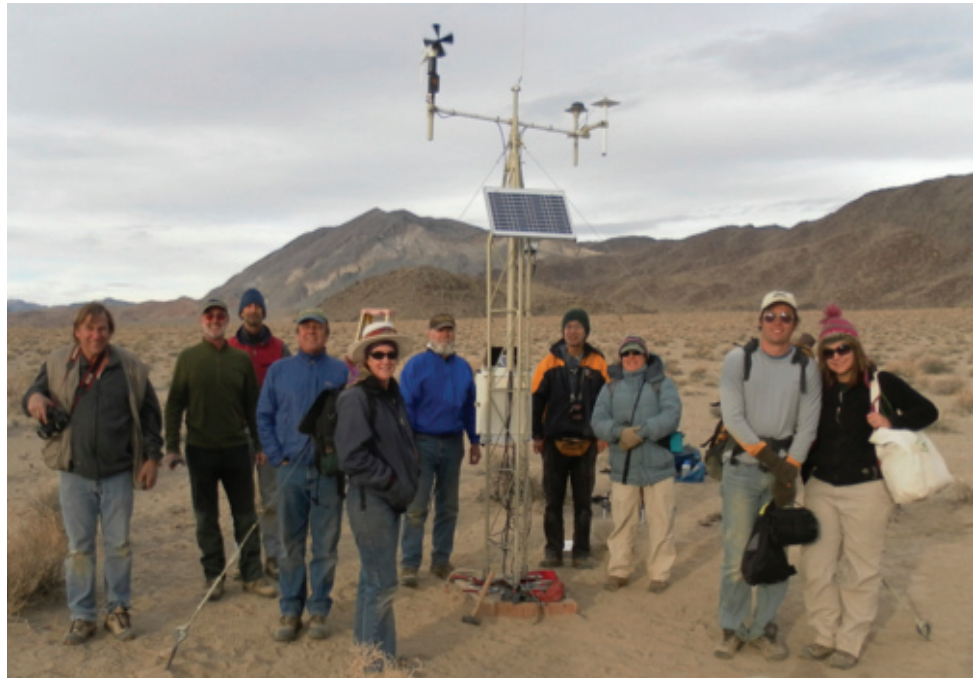
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## An Icy Answer to the Moving Rocks Mystery

About three years ago, my husband, Dick, a paleobiologist at the Scripps Institution of Oceanography and I were invited by his cousin, Jim Norris, to work, along with numerous friends and relatives, to try and figure out how the rocks move on the dry hot Racetrack Playa in Death Valley. People had been noticing “moving tracks” by stones, sometimes up to 600 pounds heavy. Geologists have been studying the moving rocks since 1948, when the first scientific study suggested they were driven by dust devils. One reason the mystery endured is that the movements are episodic, often with no motion for periods of decades until a precise series of natural events occurs.



*Weather station crew December 2011*

The first requirement is rain in a parched climate. Next, temperatures must fall low enough to freeze the water before it evaporates. Then the sun has to come out and thaw the ice. Finally, wind has to blow strongly enough to break the ice into floes and move it across shallow water underneath. Even a light wind will do.

Dick very enthusiastically agreed and I went along to help out. We had to first get a permit from the National Park Service to allow us to put up a remote weather station and to station 15 stones equipped with global positioning devices at the southern end of the playa where rocks begin their strange journeys after tumbling down a cliff. We succeeded in getting



the permits and prepared to spend many years trying to unravel the mystery. We decided to call our project the Slithering Stones Research Initiative. And on December 2013, Jim and Dick were at the Racetrack and documented the stones moving! A review of the weather data had shown that a rare winter storm had dropped about 1 1/2 inches of rain and seven inches of snow on the region in late November. The playa was transformed into a shallow lake where the GPS stones recorded movements on sunny days with light winds following nights of sub-freezing temperatures. The ankle-deep, frozen lake in Death Valley National Park was breaking apart under sunny skies. Panes of ice hundreds of feet across and as thin as 1/4-inch thick blew into rocks. The rocks slid along the slushy, slippery mud on trajectories determined by the direction and velocity of the winds.

My part in the undertaking has been a peripheral one. I took many photos and I was part of the crew that helped to set up the remote weather station. It's been fun being a part of the Slithering Stones Research Initiative and it might continue into the near future if the park service agrees to extend our permits. Dick and Jim saw many rocks move last December, but it would be great to see what conditions it takes to move the biggest rocks. So, stay tuned!

In case you are interested in learning more about our study, Dick made a video and put it on the Scripps' website. To date, it has had 1,500,500 views!

Teresa Norris

# APRIL 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				BOARD MEETING Sounding Board Café Español 1	2	3
5	Gracious Aging 6	Day Bridge 7	KitX Wed. Coffee Café Francais 8	9	Desert Outing 10	Hiking 11
Cinema Soireé Piano Matinee 12	Avi Set Birders 13	Photo- Digerati Book Group 14	KitX Wed. Coffee 15	16	Wine Tasting I 17	18
19	20	Day Bridge Kaffeeklatsch 21	KitX Wed. Coffee WITS II 22	Half Wits 23	24	Evening Bridge 25
Piano and Chamber Soireé 26	27	Photo Digerati 28	KitX Wed. Coffee 29	30		

# MAY 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						2
3	Gracious Aging 4	Day Bridge 5	KitX Wed. Coffee 6	BOARD MEETING Sounding Board Café Español 7	8	Hiking 9
Cinema Soirée Piano Matinee 10	Avi Set Birders 11	Book Group Photo Digerati 12	KitX Wed. Coffee Café Francais 13	14	Wine Tasting I 15	16
Piano and Chamber Soireé 17	18	Day Bridge Kaffeeklatsch 19	KitX Wed. Coffee 20	21	22	Evening Bridge 23
24 Piano and Chamber Soireé 31	25	Photo Digerati 26	KitX Wed. Coffee WITS II 27	28	29	30

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