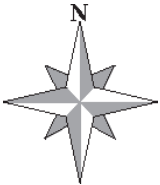


# Oceanids News

UC SAN DIEGO OCEANIDS BI-MONTHLY NEWSLETTER

VOL. XLX No. 1

October/November 2012



You are cordially invited  
to the Oceanids'  
Fall Membership Catered Brunch  
Saturday, October 20, 2012  
at the  
International Center on the  
UC San Diego La Jolla Campus.  
10:30 AM to 11:30 AM: Social Hour  
11:30 AM to 1 PM Brunch



80+

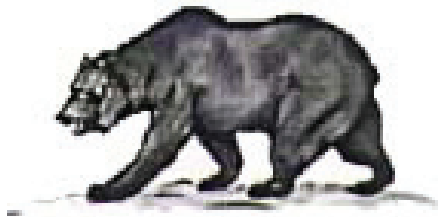


At our Spring Luncheon, Dean Lynn Anderson shared the news that the International Center now has a catering service. We are delighted that this will be our first luncheon to be catered under Chef Martin Lahtov. Martin was most recently the owner and general manager of the 5-star restaurant "Taste of California" in Skopje, Macedonia. Prior to that he was director of wine operations at Harvest Ranch in Encinitas, wine department head at World Market in Illinois, and restaurant supervisor at the Mission Valley Hilton in San Diego.

This is an opportunity for you to make new acquaintances and see old friends. A representative from each of our interest groups will be there to describe their varied activities, from bird-watching, bridge, All Aboard and other outings, wine tasting, hiking, language groups to microbrew tasting, dining out and more.

*Parking is free on campus on the weekends. We will reserve the International Center lot for our members with a disabled placard. Please mail your reservation to the Brunch with a check for \$22 per person to Barbara Bank. Your reservation must be received by October 10. However we appreciate your early response. Newcomers are our guests, and are requested to call Barbara at 858-484-4597 to confirm their attendance.*

**IMPORTANT:** See page 3 for reservation form



# OCEANIDS CREW 2012-2013

## OCEANIDS NEWS

is the newsletter of Oceanids, a UCSD campus organization. Published bi-monthly except July, August & September.

Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 15th OF THE MONTH FOR THE NEXT ISSUE.

Address all submissions to:  
Oceanids News  
International Center 0049  
9500 Gilman Drive  
La Jolla, CA 92093-0049

PLEASE NOTE  
The Post Office does not forward OCEANIDS NEWS. Please notify membership chairs of any change of address. Membership and/or subscriptions are \$35 per year

## OCEANIDS ONLINE

<http://ccom.ucsd.edu/~oceanids/>

### E-MAIL

[oceanids@ucsd.edu](mailto:oceanids@ucsd.edu)  
and also email:  
[renright@ucsd.edu](mailto:renright@ucsd.edu)  
[mwoonew@gmail.com](mailto:mwoonew@gmail.com)

## BOARD OF DIRECTORS

(note: all phone numbers are area code 858 unless otherwise noted)

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\*Oceanid of the Year/Maxine White Award  
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Mary Hanson ..... 456-1304

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(Fall Brunch, Spring Lunch)

Barbara Bank..... 484-4597

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(Membership, directory updates)

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### Undergraduate Service Awards

Georgina Sham..... 459-1336

### Graduate Scholarships

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### Bus Trips

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and Website

Mary Woo ..... 481-6998

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### Friends of Music

Maxine Bloor.....459-7665

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### Historian

Maxine Bloor..... 459-7665

### Refreshment Reminder

Liz Bonkowsky..... 458-0879

### Sunshine Committee

Bernie Sisco..... 481-1310

### Sounding Board

Judy Vacquier.....459-7834

### Friday Café

NEEDED

### Holiday Party

Barbara Bank..... 484-4597

### Bookshare

Barbara Starkey ..... 453-0779

## **BOARD MEETINGS: first Thursday every month**

Oceanids Pavilion, International Center

Coffee and refreshments: 9:30 am, meeting starts at 10:00 am

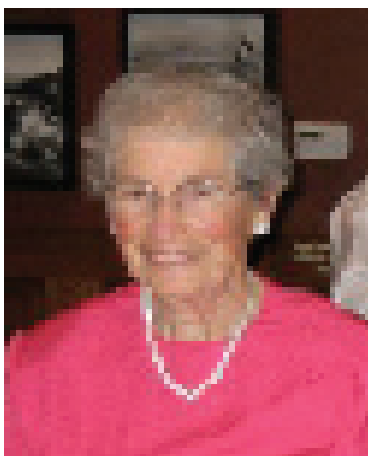
## PRESIDENT'S MESSAGE

Happy New Year!

Well, at least it's the academic new year and coincidentally the Jewish New Year. But for me, as returning President of Oceanids it's a good time to look back at the previous year and to set some goals for this one.

Our membership has been pretty much stable over the past several years, with new members about balancing the loss of members by departure - including especially departure from this world. The organization has been maturing, and our membership is also. That suggests an effort to involve more younger women in Oceanids, and especially in leadership roles. I hope that those of you who fit this description will become involved in leadership, and also that you will encourage other younger women among your acquaintances to give Oceanids a try. The Fall Lunch on October 20 would be an ideal opportunity for someone unacquainted with Oceanids to see who we are and what we do.

One of our very successful activities last year was Sounding Board, with fascinating lectures on a wide variety of topics, thanks to Judy Vacquier. Judy is arranging our Sounding Board speakers again this year and - another great opportunity for prospective new members - has arranged for our first speaker on October 4 to be Mary Hanson, my successor president and a past president of the League of Women Voters, who will speak about the propositions on this November's ballot. Be there! Details can be found elsewhere in this newsletter. It's at the Faculty Club with lunch starting at 11:30 and the speaker about 12



noon.

More good news from last year: the interest groups have thrived and new ones have formed. Some are filled to capacity, possibly spawning second groups with the same interests. Find out more at the Fall Luncheon when each Interest Group will have a display and a representative available to answer questions. Join more than one; they're educational and fun! They're all listed at the end of the Newsletter.

We did very well with our eBay fund raising activity at the beginning of 2012, and have plans to continue the effort in 2013 with more members taking on roles in the programs. There are many jobs to be done, including donating the items that all of us can find around our homes (Why was I keeping that, anyway?). Be thinking about what you might do, and what you might donate.

Lastly, I can't give enough praise to the crew who make Oceanids work smoothly. I can't mention them all, but they are the ones who keep in touch with you through letters, our Website and the Newsletter, who keep our finances in order, who correspond and send cards, track the membership, contact newcomers in the academic community and make them welcome, and arrange our numerous activities throughout the year, as well as maintaining liaison with other campus entities. This is a group of wonderful, dedicated worker bees, and without them and their expertise we'd fall apart in no time. You'll find their names and responsibilities in the front of your Oceanids directory.

Thanks to all of you for allowing and encouraging me to take on the job of President for another year. It has been a privilege, a pleasure, and a huge learning experience for me during the first year, and I really look forward to the next. Please be sure to let me know if you have needs within the organization, or if you have ideas for changes or additions.

Presidentially yours,

Ruth Stern

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Please mail your **Reservation to the Oceanids Membership Catered Brunch** with a check for \$22 per person to Barbara Bank. Your reservation must be received by **October 10**. However we appreciate your early response. Newcomers are our guests, and are requested to call Barbara at 858-484-4597 to confirm their attendance.

Name: .....

Guest: .....

Amount enclosed \$..... (\$22.00 per person)

Please make check **payable to Oceanids**

Checks to be mailed to Barbara Bank, 9019 Oviedo St, San Diego CA 92129

**Please check here if you will require a ride O**

# Congolese Supper

TO ALL OCEANIDS –

Join Friends of the International Center for an authentic  
and very tasty meal!!

The ArtPower! supper for October will precede the performance of Staff Benda Bilili from the Congo. Our chef will be preparing a piquant chicken soup, kachumbari salad drizzled with lime vinaigrette dressing, moambe stew-chili lemon peppered beef in tomato peanut sauce, and coconut pie.

- Congolese Supper, jointly sponsored by the International Center, the Friends, and ArtPower! **Tuesday, October 23, 2012, 6:00 p.m., International Center.** Cost: \$12 per person, \$7 for UCSD students. **Order early as the deadline for supper ticket sales is Thursday, October 18.** Vegetarian meals are available upon request, and requests should be made at time of purchase.
- Performance: The performance by **Staff Benda Bilili** will take place at 8:00 p.m at **Mandeville Auditorium.** Presented by ArtPower! Cost: \$19-\$38. Identify yourself as a Friends member at the Box Office, or use the code PARTD in the coupon field when ordering on line, and receive a **15%** discount for the performance. Supper and performance tickets may be purchased online at [artpower.ucsd.edu](http://artpower.ucsd.edu), by phone at 858/534-TIXS, or at the Box Office window in the Price Center patio.

Staff Benda Bilili make music of astonishing power and beauty. It was formed by a group of street musicians who used to live around the grounds of the zoo in Kinshasa, Congo, some of whom are polio survivors confined to customized tricycles. They offer rumba-rooted grooves, overlaid with vibrant vocals and tin can guitar solos. For additional information see **[www.artpower.ucsd.edu](http://www.artpower.ucsd.edu)**

Friends of the International Center ArtPower! shuttle service (beginning at 5:45 p.m.) is provided from Lot 604 to the shuttle stop across the street from the I-Center. Parking permits can be purchased the night of the event at Lot 604.

If you have supper questions, please contact **Barbara Fitzsimmons** ([bfitzsimmons@ucsd.edu](mailto:bfitzsimmons@ucsd.edu)).

It was the lark, the herald of the morn;

....

Night's candles are burnt out, and jocund day  
Stands tiptoe on the misty mountaintops.

Summer mornings, when windows opened, the mockingbird, no longer playing at being nightingale now that dawn has paled blue from the East, like the lark vocalizes incessantly, over and over again, as if inside my brain, and forces me to regain consciousness... I am now aware that even though my body still lies in bed, my mind has gone traveling the world, in order to reassemble close to me all those upon whose existence I depend to be me, to be whole.

Just one hour ahead in Utah or in Montana, where they might still be snowbound, with no perceptible sound all around, are those on mountain time, gray on white, and maybe cold, while others three hours ahead in rumbling New York might already have left their house or be close to do so for their morning run on Eastern time, and further away in France where there are so many, it's already the afternoon, nine hours forward, and some are visiting friends or having tea or café au lait, but what time is it in Cambodia, I always forget, where today is already tomorrow and the temperature will remain humid and warm? I wonder for an instant how she can stand it being driven precariously on those motorcycles in this stifling heat... Yet in Canberra it's already winter and in New Zealand too, as I just remember that today D. had flown to Budapest, ten hours away from me but close to the Danube, and as I travel from place to place in order to connect, to reestablish a link, a bond, suddenly my mind settles on my mother, long deceased, and there is no longer any time zone to invoke, nor any season or place, but the link, the bond, remain, essential and necessary and I sigh with relief at the thought that it will endure for as long as I hear in my summer mornings, of the mockingbird, the call.

Odette Filloux



### **Interested in Chairing an Interest Group?**

The Gardening Group is looking for a new chair. If you are interested, please contact

Mary Hanson, 858-456-1304, mhan-  
son@san.rr.com.

### **TO ALL ENTHUSIASTS FOR GAMES !!!**

Maybe due to lack of interest our game players interest group had to fold. It seemed that almost everyone had a favorite game which they want to play, backgammon, scrabble, majong, board games etc.

We who participated enjoyed the group, but we have to think of a new format. How about:

1. A different game every month?
2. A different time (evening or morning?)
3. A different meeting place?

Please contact me with your suggestions.

Rosie Enright (renright@ucsd.edu)



# OCEANIDS' INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are here to meet the many varied needs of UCSD families, especially those new to the UCSD campus and the community. If you don't find an activity you would like to participate in, please contact Mary Hanson (858 456-1304), Interest Group Coordinator. If five or more Oceanids wish to start a new group, please let her know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us by contacting Mary Cutchin, 858-459-8074, marycutchin@yahoo.com or by submitting the application form in this issue.

**Since the newsletter is posted on the Oceanids website we will, for security reasons, not publish addresses (with occasional exceptions). Please call the contact for the necessary information.**

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## ALL ABOARD

Contact: Barbara Bank at (858) 484-4597 or barbara@sdna1.ucsd.edu

Contact chair person about next outing.

Next meeting: ?

## AVI SET BIRDERS

Contacts: Liz Winant (858) 481-7447, lwinant@ucsd.edu

Our birding group meets promptly at 8am the second Monday of each month **during the academic year**. The La Jolla group will meet at the corner of Dunaway Dr. and Glenwick Pl. in La Jolla. The North County birders will meet at a TBD location. We will carpool from these locations to sites around the county. Members will be called or e-mailed.

## BOOK GROUP

Contacts: Tobe Barban Rothaus (858) 551-8083 and

Janet Goff (760)753-3472

New and Old Comers! The Book Group would like to welcome you. If you enjoy books, the ideas and topics therein and like to talk about them then come to one of our meetings. They are held on the second Tuesday of every month all year long, when we get together at each other's houses (chatting at 9:30 am and discussion at 10 am). We are a DIY bunch for the most part and we take turns reviewing the book of the month.

Date: Title and Author/ Host/ Reviewer

October 9 "A Singular Woman by Janny Scott/ White Sands (Gloria Ehrlich/TBA

November 13 "The Hare with Amber Eyes" by Edmund de Waal, Barbara Penn/ TBA

Next meetings: **October 9 and November 13.**

## CAFÉ ESPAÑOL

Contacts: Beate Menzel jrblmenzel@sbcglobal.net or 619 401 1557

Vicky Lindblade vlindblade@mac.com or 858 452 1739

This conversation group is designed for fluent Spanish speakers who wish to keep up their Spanish and learn new vocabulary. We meet the first Thursday of the month (**NEW DAY**). One hour of conversation and one hour of reading aloud and group discussion. We will also try Scrabble in Spanish! La proxima reunión de Café Español será el jueves, cuatro de Octubre, 2-4, en la casa de Judy Vacquier. El primer de Noviembre al mismo tiempo nos vemos en la casa de Roswitha Enright.

Por favor mande una carta electronica a Beate Menzel para informarla si quiere venir.

Next meetings: **October 4 and November 1.**

## CAFÉ FRANÇAIS

Contact: Mary Hanson (858) 456-1304; mhanson@san.rr.com

Notre prochaine réunion aura lieu le 10 octobre chez Trudy Synodis, avec Paola Desii comme co-hotesse. Anne Caprioglio et Olivia Dorman nous invitent chez Anne le 14 novembre.

Veuillez leur téléphoner ou leur envoyer un e-mail si vous avez l'intention de venir.

Next meetings: **October 10 and November 14 at 1:00.**

## CINEMA SOIRÉE

Contact: Roswitha Enright (858) 459-7375

The group meets at a designated home on the **second Sunday** of each month (all year long) at 7:00pm for socializing; movie discussion starts at 7:30pm sharp. Light refreshments will be served. You will be contacted by e-mail about which movie to see and where to meet. For more information call Roswitha.

Next meetings: **October 14 and November 11.**

## DAY BRIDGE

Contact: Beate Menzel (619) 401-1557 or jrblmenzel@sbcglobal.net

We meet the **first and third Tuesdays** of the month all year long at various members' homes. We start at 10am and usually end at or before 3pm. Everyone brings her/his own lunch. The hostess will provide drinks. Call for information.

Next meetings: **October 2+16 and November 6+20.**

## EVENING BRIDGE

Contact: Barbara Bank at (858) 484-4597 or barbara@sdna1.ucsd.edu

The couples Evening Bridge Interest Group meets at 7:00pm on the **fourth Saturday** of the month all year long at one of our members' homes. If you wish to play on a regular basis, or just occasionally, please contact Barbara Bank.

Next meetings: **October 27 and November 24.**

## GERMAN KAFFEEKLATSCH

Contact: Roswitha Enright 858 459-7375 (renright@ucsd.edu)

This group is for beginners and experienced German speakers alike. Guaranteed no pressure. Just come on the **3rd Tuesday at 4pm** and have a good time. Only German spoken. If you want to join, please contact Roswitha.

Next meetings: **October 16 and November 20.**

## GRACIOUS AGING

Contact: Stephanie Freeman, 619-417-2969

This group meets the first Monday of each month at the Quaker Meeting House on 7380 Eads Avenue, La Jolla, CA 92037 1-3 pm to discuss various topics from the perspective of life-long experience. This group has participants from Sweden, Finland, Switzerland, Germany and the

US, and travel and history are frequent topics. Friends bring snacks to share and tea is served. All friends over 80 are welcome. Please call Yvonne at (858)459-3698 or Stephanie at (619)417-2969.

Next meetings: **October 1 and November 5.**

## GOURMET GROUP

Contact: Susan Starr 858 455 1630 or susanstarr1@gmail.com

This is a group for those who like to try cooking new things. We meet several times a year, at members homes, and each person brings an assigned dish or course. The group is currently full but if you'd like to be notified when there is an opening, or a new group is forming, please email Susan Starr at the address above.

Next meetings: **Please call contact.**

Growing old is mandatory;



growing up is optional.

## HIKING IN AND AROUND SAN DIEGO COUNTY

Contact: Roswitha Enright (858) 459-7375, [renright@ucsd.edu](mailto:renright@ucsd.edu)

We meet at 8:30am on the second Saturday of each month (October to May or June) at the La Jolla Village Shopping Center parking lot and carpool to the starting point of the hike. Bring a lunch, plenty of fluids, sturdy shoes and sun protection! Friends and family are invited. Call the week before the hike if you would like to come.

**Next hike: October 13 and November 10.**

## MICROBREWERY BEER TASTING

Contact: Barbara Bank at 858-484-4597 or [bbank@ucsd.edu](mailto:bbank@ucsd.edu)

Judy Vacquier at 858-459-7834 or [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net)

NEW San Diego is home to many award-winning handcrafted beers. We will visit a different brewery tasting room or ale house one Saturday each month to sample beer and food alternating with a beer tasting potluck at members' homes. Co-chaired by Barbara Bank and Judy Vacquier. On Saturday, October 6th at 6 pm, we will have a potluck beertasting at the home of Judy and Vic Vacquier. We will celebrate Oktoberfest so bring a German beer or a San Diego beer made in the German style and a dish to share. Contact Judy at 858-459-7834 or [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net) to RSVP. On Saturday, November 3rd at 5:00 pm, we will get a tour of Ballast Point Brewery, 10051 Old Grove Road, San Diego, CA 92131 and then taste their selection (<http://www.ballastpoint.com/whats-on-tap-old-grove/>). They do not serve food so we can go somewhere else for dinner, or you can make other dinner plans. RSVP to Judy at [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net) or 858-459-7834.

**Next meetings: October 6 and November 3.**

## MOVEABLE FEAST I

Contact: Liz Fong Wills (858) 454-6858; [lizfongwills@yahoo.com](mailto:lizfongwills@yahoo.com)

This dining-out group is currently at capacity but we are taking a wait list.

**Next meeting: contact Liz Fong Wills**

## MOVEABLE FEAST II

Contact: Mary Cutchin (858) 459-8074 or [marycutchin@yahoo.com](mailto:marycutchin@yahoo.com)

This group meets every other month for drinks at a member's house. From there we carpool to the restaurant. Contact Mary Cutchin for information and reservations.

**Next meeting: Call contact.**

## MUSEUM FRIENDS

Contact: Barbara Starkey 858-453 0779 or [bstarkey@san.rr.com](mailto:bstarkey@san.rr.com)

This group meets on a somewhat irregular basis. Upcoming trips will be posted on the Oceanids listserv. Check your newsletter as well.

**Next meeting: Call contact.**

## PHOTO DIGERATI

Contact: Jane Takahashi [jtakahashi@san.rr.com](mailto:jtakahashi@san.rr.com)

We meet on the second and fourth Tuesday from 1 to 4 pm each month. 1st meeting is at Jane's home. On the 2nd meeting we go on a field trip. This is for all who are interested in learning more about digital photography. For more information call Jane.

**Next meetings: October 9+23 and November 13+27.**

## PIANO AND CHAMBER SOIRÉE

Contact: Judy Vacquier (858) 459 -7834 or [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net)

This group is for amateurs who need a motivation to practice and want to perform in a relaxed, fun setting among friends. We welcome piano, chamber instruments and voice, classical, jazz and popular music, solos and ensembles. We usually meet the fourth Sunday at 4 pm, but watch for exceptions. This group is currently at capacity and has a waiting list.

In October, we will meet at the home of Marsha Sewell on Sunday, October 28th at 4 pm. Please RSVP to Marsha at [m.sewell@cox.net](mailto:m.sewell@cox.net) or 619-234-8815.

The November meeting will be at the home of Judy Vacquier on Sunday, November 18th at 4 pm (because of Thanksgiving weekend the following week). Please RSVP to Judy at [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net) or 858-459-7834

**Next meetings: October 28 and November 18..**

## SOUNDING BOARD

Contact: Judy Vacquier (858) 459 -7834 or [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net)

See page 8 for more information.

**Next meetings: October 4 and November 1.**

## STAMP GROUP

Contact: Betty Shor (858) 453-0334 [betty.shor@gmail.com](mailto:betty.shor@gmail.com)

We do not meet on a regular basis, but welcome other collectors to join our informal exchange.

## WEDNESDAY COFFEE

Contact: Georgina Sham 858-459-1336

Liz Fong Wills 858-454-6858

Marie Perroud 858-657-0373

Come join our social group of Oceanids, newcomers, postdocs, students, and their children for refreshments at the International Center every Wednesday, 10am-12 noon during the academic year. You'll make friends and learn strange and wonderful American customs.

*Visit the Kitchen Exchange where newcomers can rent kitchen, household, and baby equipment for a small fee.*

## WINE TASTING I

Contact: Elisabeth Smith 858-2722-2548 e-mail: [egsmith99@hotmail.com](mailto:egsmith99@hotmail.com)

Exploring the taste sensations of a new wine or an old vintage, this group meets the third Friday monthly. Members rotate as hosts.

**This group is again open to new members.**

For questions, contact Elisabeth Smith.

**Next meetings: October 19 and November 16.**

## WINE TASTING II

Contact: Barbara Scholz (858) 350-6014 or [bscholz@hotmail.com](mailto:bscholz@hotmail.com)

We meet monthly. Members rotate as hosts. The cost for wine and food is shared among the people attending (approximately \$8.00 per person). *Please see page 9 for information.*

**Next meeting: for October call contact,**

**special meeting November 3**

## WITS II

Contact: Bev Douglas (858) 453-4938

WITS II uses the principles of NAIC to study and evaluate companies for stock purchases. We meet on the 4th Wednesday from 3:30 to 5pm. If fewer than 5 will be available we do not meet.

**Next meeting: October 24 and November 28.**

**SOUNDING BOARD** is a series of seven lectures during the academic year, the first Thursday at 12 noon, sponsored by UC San Diego Oceanids and the UC San Diego Faculty Club. Oceanids, faculty and friends meet at the UCSD Faculty Club in a specially designated room to eat lunch and listen to fascinating speakers. Lunch is \$13 for guests and \$8 for Faculty Club members (purchase required). Coffee and iced tea are provided in the meeting room. A parking permit can be obtained at the front desk. You can be sure of a lively discussion!

**Thursday, October 4, 2012**

**Mary Hanson**, League of Women Voters:

**“November 2012 Ballot Propositions”**

Don't vote this November until you hear about the pros and cons of the ballot propositions from Mary Hanson, speaker from the League of Women Voters and UCSD Oceanids President-Elect.

Mary will be discussing the propositions on the ballot for the upcoming election. Even though the League often takes positions on ballot propositions and proposed legislation (although not on candidates) the



League makes every effort to be impartial and nonpartisan in these pro/con presentations. Mary has been involved in the League at the local, county and state levels, and served as the San Diego President from 1983-85.

Mary is a retired French teacher who has also been active in the San Diego community. During her long tenure at Santana High School she led students six times on trips to France, always an adventure. She received her B.A. in French and Russian from the University of Iowa and her M.A.T. in French and Education from Oberlin College. Mary was on the board of the La Jolla Chamber Music Society for several years and is a longtime member of the Third Thursday book group. She is also active in UCSD Oceanids, currently participating as Interest Group coordinator, Chair of Cafe Français, as a regular in the Bridge Group and as President-Elect.

**Thursday, November 1, 2012**

**Pascal Gagneux**, Associate Professor of Cellular and Molecular Medicine at the University of California, San Diego.

**“Primate Mating Systems Provide Insight into How Human Family Systems Evolved”**

Dr. Gagneux is interested in primate molecular diversity. He is curious about the evolutionary mechanisms responsible for its generation and maintenance, its potential roles in protecting populations from pathogens as well as potential consequences for reproductive compatibility. Dr. Gagneux has studied the behavioral ecology of wild chimpanzees in the Tai Forest, Ivory Coast, population genetics of West African chimpanzees, and differences in sialic acid biology between humans and great apes with special consideration of their differing pathogen regimes. His great concern is that the current surge in interest for comparative genomics is not being translated into direct support for the conservation of primates in their endangered natural habitats. He is a member of CARTA (see page 9), Center for Academic Research and Training in Anthropogeny (study of human origins).



Looking forward to the **December 6 Sounding Board:**

**Lewis Branscomb, Ph.D. will speak about “Can You Help Scientists and Politicians Work Together to Rebuild our Democracy?”**



### In Memoriam

Long-time Oceanid **Nancy Panofsky** passed away on July 4, 2012. She came to UCSD in the 1980's when her husband, atmospheric scientist Professor Hans Panofsky, retired from Penn State and taught at UCSD until his death in 1988. Most recently, she lived at Wesley Palms.

**Enid Grace Fleay Hinds** died on July 14, 2012. She had been an active Oceanid until she moved to Palm Desert in the 1990s. Enid was born in England and moved to the US with her family in 1916 when she was four years old.

**Sydell Templin** died on Friday, August 17, 2012 at the age of 82. She had been a member of Oceanids for a number of years and will be greatly missed, particularly as an active participant of the Cinema Soiree interest group.

Former Oceanid and member of Café Francais **Lucie David** died last August. She was in her nine-ties.

**CARTA** (Center for Academic Research & Training in Anthropogeny), which is an organization at UCSD devoted to the study of human origins (aka anthropogeny).

**CARTA** hosts 3 public symposia each year on different subjects related to human origins. Typically, these symposia take place in April, October, and December of each year. The schedule for this year:

**Oct 5, 2012 (Fri) – 1 pm – 5:30 pm**  
Human Origins: Lessons from Autism Spectrum Disorders  
<http://carta.anthropogeny.org/events/autism-a-window-human-origins>

**Dec 7, 2012 (Fri) – 1 pm – 5:30 pm**  
The Evolution of Human Nutrition  
<http://carta.anthropogeny.org/events/the-evolution-of-human-nutrition>

Please check the websites for more information.

### A Wine Tasting of Pinot Grigio - joint function of Oceanids Newcomers and Wine Tasting II interest group

Newcomers and Wine tasting II members will meet on **November 3** at the International Center.

If interested, please send your check for \$10 to Liz Fong Wills, 8310 El Paseo Grande, La Jolla 92037 before **October 29**. There will be a light supper.

## OCEANIDS IS OPEN TO ALL WHO ARE INTERESTED IN UCSD

Print your name as you would like it to appear in the OCEANIDS DIRECTORY. Check here if you don't want to be listed: \_\_\_\_\_

Name: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Type of Membership: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell #: \_\_\_\_\_ Email: \_\_\_\_\_

**ANNUAL MEMBERSHIP: \$35; SUSTAINING: \$250 & LIFE MEMBERSHIP: \$500**

All gifts, memorials and dues are **tax deductible** when made payable to "UC San Diego Foundation".

Please write the purpose on the "Memo" line.

Send check(s) & completed form to:

OCEANIDS, INTERNATIONAL CENTER 0049, 9500 GILMAN DR., LA JOLLA, CA 92093-0049

**UCSD RETIREMENT ASSOCIATION INVITES OCEANIDS TO JOIN NEW FALL PROGRAMS**

# 1 WALKING/RUNNING GROUP---With a goal of preparing to walk or run in the Triton Family 5K Walk/Run on June 8, 2013, three fitness level groups (Casual Walking, Experienced Walkers, Jogging/Running) will train weekly. Much more fun to walk with others!

#2 HEALTHY EATING/HEALTHY LIVING INTEREST GROUP----Third Friday of each month 11:45-2:00 RC, Bldg. 400. We will show a film, share recipies, share success stories and discuss overcoming roadblocks on our journey to a healthier lifestyle.---FREE

#3 TAI CHI---A new series of weekly low-impact, relaxing Tai Chi classes with Master Henry Cheng on Mondays 10:30-11:30 at UCSD RC, Bldg. 400. RA members \$65 (non-members \$80) for 8 weeks, beginning October 1.

#4 ZUMBA with Lis---Introductory Zumba Gold Class for beginner and Active Older adults. Classes meet weekly for 8 weeks on Thursdays from 2:30-3:30 at RC, Bldg. 400. RA members \$65 (non-members \$85) If you would like to be part of the groups or/and want to become a member of the UCSD Retirement Association, please contact Nancy Groves, RA Liaison to Oceanids (858-4536486 or ngroves1513@sbcglobal.net)

**Sri Lankan dinner and picture show at International Center**

There are NO Sri Lankan restaurants in San Diego and few in LA, but you will have a chance to try this interesting cuisine on Saturday, October 27th. This is one of a series of fundraisers for the Scholarship Fund at the International Center. There is some overlap with South Indian food, but Sri Lankan dishes use only a little cumin and a lot of cinnamon, cloves, coriander and coconut. A Sri Lankan family of four consumes three entire coconuts per day, one at each meal! Sri Lankans like their food very hot, but we will minimize the heat of the dishes by limiting the use of chiles to one condiment dish. That way, we can appreciate all the lovely but not hot spices in the 6 or 7 curries plus red rice (if I can find it for cheap, this being a fund-raiser, after all) and a coconut flan-like dessert.

After dinner, my husband Chris will show wildlife pictures taken in the 7 national parks and bird sanctuaries that we visited, along with pictures of Sri Lankan history and culture. We visited Stone Age Aborigines (Ved-dahs) and saw spectacular Buddhist and Hindu religious rites, including a vast parade of illuminated elephants. If you would like to join us, please fill out the attached reservation form and send it ASAP with your check to Ethnic Dinner Reservations, Friends of the International Center, 9500 Gilman Drive #0018, La Jolla, CA 92093-

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**SCHOLARSHIP BENEFIT: SRI LANKAN ETHNIC DINNER**

**Saturday, October 27, 2012, 6:30 PM**

Please complete this form and enclose a check, made payable to the Friends of the International Center. Send to Ethnic Dinner Chair, Friends of the International Center, UCSD International Center 0018, 9500 Gilman Drive, La Jolla, CA 92093-0018.

**Reservations must be received by Friday, October 19, and will be accepted in the order in which they are received.**

Name(s): \_\_\_\_\_  
(If you spell out the names of everyone in your party, all will receive nametags at the door.)

Address: \_\_\_\_\_

*Names of people with whom you would like to be seated:*

\_\_\_\_\_

Number of Friends (@ \$25.00): \_\_\_\_\_ E-Mail: \_\_\_\_\_  
Number of Friends Guests (@ \$30.00): \_\_\_\_\_  
Number of Students (@ \$15.00) \_\_\_\_\_ I need handicap parking and have a placard: \_\_\_\_\_  
Total Enclosed: \_\_\_\_\_

# OCTOBER 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Gracious Aging 1	Day Bridge 2	KitX Wed. Coffee 3	BOARD MEETING Sounding Board Café Español 4	5	Beer Tasting 6
7	Avi Set Birders 8	Photo- Digerati Book Group 9	Café Francais KitX Wed. Coffee 10	11	12	Hiking 13
Cinema Soireé 14	15	Day Bridge Kaffeeklatsch 16	KitX Wed. Coffee 17	18	Wine Tasting I 19	FALL BRUNCH 20
21	22	Photo Digerati 23	KitX Wed. Coffee WITS II 24	25	26	Evening Bridge 27
Piano and Chamber Soireé 28	29	30	KitX Wed. Coffee 31			

# NOVEMBER 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				BOARD MEETING Sounding Board Café Español 1	2	Beer Tasting Wine Tasting II 3
4	Gracious Aging 5	Day Bridge 6	KitX Wed. Coffee 7	8	9	Hiking 10
Cinema Soireé 11	Avi Set Birders 12	Photo- Digerati Book Group 13	KitX Wed. Coffee Café Francais 14	15	Wine Tasting I 16	17
Piano and Chamber Soireé 18	Photo Digerati 19	Day Bridge Kaffeeklatsch 20	KitX Wed. Coffee 21	THANKSGIVING HOLIDAY 22	23	Evening Bridge 24
25	26	Photo Digerati 27	KitX Wed. Coffee WITS II 28	29	30	

# **WELCOME NEWCOMERS!**

**UCSD Oceanids  
International Center  
9500 Gilman Drive  
La Jolla, CA 92093-0049**

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Permit No. 1909

**RETURN SERVICE REQUESTED**

OCEANIDS IS AN OFFICIAL SUPPORT GROUP OF THE UNIVERSITY OF CALIFORNIA, SAN DIEGO, PROMOTING FRIENDSHIP AND SHARED INTERESTS, OPEN TO ALL WHO ARE INTERESTED IN THE SUCCESS AND WELFARE OF THE UNIVERSITY OF CALIFORNIA.