

# Oceanids News



## *The "Bear" Facts* UC SAN DIEGO OCEANIDS BI-MONTHLY NEWSLETTER

VOL. XLVII No. 5

SUMMER 2010

### *ArtPower!'s 2010-11 Season promises exciting new artists, long-time favorites, and as always, a few surprises...*

*Performances by Internationally Renowned Artists in Chamber Music \* Dance \* Film \* Jazz \* Special Events \* Taste \* Tentacle Sessions - A season that will feature everything from Steve Martin (yes, that Steve Martin) to the return of the Emerson String Quartet*

ArtPower! is an organization that's full of surprises. No two seasons are ever the same. Each year is a new adventure and a journey into the thrilling unknown. But one thing is always true - the quality of the artists presented is incomparable. In its seventh season, ArtPower!'s continues to introduce exciting new programs and bring world-renowned artists to San Diego.

"ArtPower! is recognized for spunky innovation, creative collaborations and a commitment to transform our campus and community through the arts," says ArtPower!'s artistic and executive director Martin Wollesen. "Each performance and every film experience reflects our curiosity and your engagement in being part of an exciting future for creative expression."

As much as its recognized for its scientific achievements, UC San Diego is a campus bursting with creative energy and flowing with imagination. This year, for UC San Diego's 50th Anniversary, ArtPower! celebrates the accomplishments of the university's extraordinary artistic resources with Creating Creativity, a new initiative to redirect the spotlight to the many opportunities to engage with the arts on campus and brilliant students and faculty who make UC San Diego an incubator for the future. Additionally, ArtPower! is proud to present artists who use their art and their voices to expose, confront, and challenge a range of issues in our society. These dynamic voices reposition the arts as a vital component of our culture, championing their power to serve as a platform for dialogue across boundaries and borders.

This year, ArtPower! takes you to Wonderland, San Diego's first annual contemporary dance festival and experience. Wonderland promises a thrilling mix of international dance companies, emerging choreographic talent, legends of the field, live music, new work, and a stunning variety of dance from around the globe. Produced in collaboration with the UC San Diego Department of Theater and Dance and Sushi Performance and Visual Art, Wonderland is an exciting new venture for ArtPower!, San Diego, and the field of contemporary dance. A full schedule of free events will be announced in July.

These innovative programs, plus a stellar line-up of global artists making waves in their respective fields makes the 2010-2011 ArtPower! as consistent as ever in its level of artistic excellence, and as unexpected as ever with its new initiatives. Join us for the ride! (*See page 9 for more information about ArtPower!.*)

# OCEANIDS CREW 2010-2011



## OCEANIDS NEWS

is the newsletter of Oceanids, a UCSD campus organization. Published bi-monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 15th OF THE MONTH FOR THE NEXT ISSUE.

Address all submissions to:  
Oceanids News  
International Center 0049  
9500 Gilman Drive  
La Jolla, CA 92093-0049

PLEASE NOTE  
The Post Office does not forward OCEANIDS NEWS. Please notify membership chairs of any change of address. Membership and/or subscriptions are \$35 per year

## OCEANIDS ONLINE

<http://orpheus.ucsd.edu/oceanids/>

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[renright@ucsd.edu](mailto:renright@ucsd.edu)

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## BOARD OF DIRECTORS

(note: all phone numbers are area code 858 unless otherwise noted)

Honorary Chair	Chancellor Marye Anne Fox
President	Judy Vacquier..... 459-7834 *Oceanid of the Year / Maxine White Award
Immediate Past President	Irene Larrimore.....(see directory) or mail IreneLarrimore@san.rr.com
President Elect	Ruth Stern.....453-2793
1st Vice-Presidents (Fall Brunch, Spring Lunch)	Margaret Acampora..... 459-8123 Judy Skelton..... 456-0930
2nd Vice-President (Membership, directory updates, computer coordinator)	Mary Cutchin..... 459-8074
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Co-Financial Secretaries	Liz Winant ..... 481-7447 Kim Signoret-Paar ..... 456-9039
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Parliamentarian	Barbara Bank..... 484-4597
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Undergraduate Service Awards	Nancy Goves..... 453-6486
Graduate Scholarships	Liz Winant ..... 481-7447
Bus Trips	Barbara Starkey..... 453-0779
Publicity and Website	Mary Woo..... 481-6998
Newsletter Editor	Roswitha Enright..... 459-7375
Assistant Editor	NEEDED
Circulation:	Jean Kramer..... 453-0379 Lucie Walther ..... 755-8060 Elibet Marshall..... 459-5246
Drawings	Maxine Bloor, Zella Brown, Jan Ouren, Elibet Marshall, Carol Schultz, Linda Smith, Lucie Walther, Liz Wills, Bernie Sisco, Liz Winant, Irene Larrimore
Folding Committee	Liz Winant ..... 481-7447 Carole L. Ziegler.....619-297-0798 Mary McIlwain ..... 454-4857
Buildings & Grounds	NEEDED
Campus Focus Events	Maxine Bloor..... 459-7665
Emeriti Association Liaison	Jean Overstreet ..... 457-2138
Friends of Int'l. Center	Maxine Bloor..... 459-7665
Friends of Music	Liz Bonkowsky..... 458-0879
Retirement Association	Bernie Sisco..... 481-1310
Historian	Molli Wagner ..... 720-1185
Refreshment Reminder	NEEDED
Sunshine Committee	NEEDED
Sounding Board	NEEDED
Friday Café	Barbara Starkey ..... 453-0779
Holiday Party	
Bookshare	

## **BOARD MEETINGS: first Thursday every month**

Oceanids Pavilion, International Center

Coffee and refreshments: 9:15 am, meeting starts at 9:45 am

## PRESIDENT'S MESSAGE

Dear Oceanids,



By the time you are reading this, the Spring luncheon will have passed and you will have elected a new Board for 2010-2011. I am sorry to have missed the luncheon this year; I try to never miss one because they are a chance to see many Oceanids friends who are in other interest groups, and it's always a good time. I am proud to be your next President and look forward to serving you this year, and working with our dedicated, intelligent, and totally competent Board. It has already been six years since I last served as President, and there have been many positive changes. In between we've had four Presidents. Jane Takahashi and our dear Ady Rosenblatt served with grace, humor and creativity. Thanks to the leadership of Barbara Bank, we are in excellent compliance with the University as a recognized support group. And Irene Larrimore inspired us to extend our philanthropic reach in the UCSD community. They have all helped make it easy for me to step back into this role. We have lost some precious long-time members, and have attracted many new ones through our interest groups. Our interest groups are thriving, and I believe they help make us the most active support group of our type of all the UC campuses.

This year I hope to continue to attract new members. My goal is to reach out to more of the academic community and encourage them to participate in Oceanids activities. It is such a good way to meet families from different parts of campus, welcome newcomers to the university, and support our students financially. I hope you will join me in encouraging your friends and colleagues whom you think would enjoy what we do and would contribute to our interesting and fun activities. As you know, we are open to everyone, not just people associated with UCSD, but I believe our success lies in our focus on supporting the UCSD students and community. While it is always a challenge to encourage new members to join who are working full-time and raising their families, I am hoping to create some new interest groups that might help

make their lives easier and less stressful. I welcome your ideas.

I'd also like to encourage all our members to keep in touch with what's going on at UCSD, by subscribing to This Week at UCSD online, going to concerts, or walking around on campus and trying out some of the new lunch spots or touring the Stuart collection. And come to Sounding Board at the Faculty Club! Molli Wagner has been lining up fascinating and inspiring speakers. Thanks to Carole Ziegler and Kim Signoret-Paar for organizing a fascinating Campus Focus tour of the new Conrad Prebys Hall followed by lunch at The Loft, a cute dining facility in the amazing new east wing of the Price Center. The campus has grown tremendously, and if you haven't visited for awhile, you will enjoy it! I look forward to a fun year and welcome your suggestions and contributions.

Warmly,

Judy Vacquier

Bio:

Judy has many connections to UCSD, starting as an undergraduate for her first two years at Muir College in Biology, and returning as a Post-Doctoral Fellow in Biology and as a faculty spouse (husband Victor recently became Professor Emeritus in Marine Biology at Scripps). Her two grown sons got a great start at the UCSD daycare center directed by Oceanid Josie Foulks. Judy joined Oceanids as a Post-doc, but found it difficult to be an active member while raising her kids and working at several local biotech companies in R and D, clinical and regulatory affairs. She joined Oceanids again ten years ago when she started consulting and then retired. She started Cafe Espanol, the Piano Soiree, Drawing and Painting in San Diego, the Walking group, and Environmental Conservation Book Group (now inactive) and is an active member of Avi-Set birding, Moveable Feast I and Wine Tasting II. She enjoys her family, playing piano, gardening, cooking, yoga, walking, swimming, birding, reading, drawing, painting watercolors, and is concerned with environmental issues.

CHECK OUT OUR WEBSITE AT:  
<http://orpheus.ucsd.edu/oceanids/>

## New Friends Program for International Family Outreach

The Friends of the International Center are expanding their outreach to spouses and families with a new International Family Outreach Program. Center Director, Lynn Anderson, estimates that over 700 scholars and students come with dependents to our campus; yet, while the Friends have offered a Wednesday Morning Coffee program for many years, we believe not all family members hear about our hospitality or about other opportunities to assist them in adjusting to life in the U.S. Joan Adamo and her committee of Alma Coles, Barbara Fitzsimmons, Carol Smith and Eleanor tum Suden envision this new program as a win-win situation, bringing international families and the Friends' hospitality programs together. The committee is collaborating with Hao Nguyen and Horst Hoffmann of the Center's International Scholars Office, especially with outreach to the incoming scholars and their families. The committee also received valuable advice on materials and information from Georgina Sham.

Short orientation sessions, which began on April 14, share information and references for local resources, take a quick tour of the Center, including the Resale Shop and the Kitchen Exchange, and then bring the group into the Wednesday Coffee for socializing and activities. We hope this new effort will better meet the needs of international families as well as encourage their participation in our program.

How can you help? Our intent is to offer these sessions for about 50 weeks each year, on Wednesday mornings, from 9:00 – 10:30 a.m. We need a group of presenters who will share the responsibility by committing to coming regularly, perhaps once a month. We invite you to come any Wednesday morning to observe the program. Then let us know if you are interested in volunteering for this new effort.

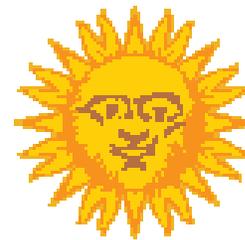
Questions? For more information, please contact Committee Chair, Joan Adamo at jadamo@ucsd.edu or 858/755-3798.

*(From The UC San Diego Friends of the International Center Newsletter, May 2010)*

## News from Membership

- We welcome three new members:
- Tim Luey, 858-755-8083, timluey@yahoo.com
- Tim joined the Piano Soiree.
- Donna Weeks, 858-755-7085, donnagw@me.com
- Donna joined the Book Group.
- Linda Ivor, 760-944-1704, livor@mac.com
- Linda is a sustaining member.
- We welcome back returning member:
- Chris Chase, 619-269-3413, chris.chase1@cox.net

Mary Cutchin  
Second VP, Membership



## Interested in Chairing an Interest Group?

The Gardening Group is looking for a new chair. If you are interested, please contact Mary Hanson, 858-456-1304, mhanson@san.rr.com.

### **Oceanids has an e-mail mailing list!**

The purpose of the listserv or email distribution list is to allow our President, Board members, Interest Group chairs or anyone else with an important announcement to contact our membership.

***Also, the Oceanids news will be sent electronically as a PDF-file which you can read online or print out.***

If you have questions, have an announcement for Oceanids, or are a new subscriber, please email the listserv administrator, Judy Vacquier, at jvacq@sbcglobal.net *Also, anyone who would like to make corrections to the directory and/or to our database (from which we obtain the addresses for Oceanids News mailings) please e-mail Judy.*

# OCEANIDS' INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are here to meet the many varied needs of UCSD families, especially those new to the UCSD campus and the community. If you don't find an activity you would like to participate in, please contact Mary Hanson (858 456-1304), Interest Group Coordinator. If five or more Oceanids wish to start a new group, please let her know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us by contacting Mary Hanson, 858-456-1304, mhanson@san.rr.com or by submitting the application form in this issue.

**Since the newsletter is posted on the Oceanids website we will, for security reasons, not publish addresses. Please call the contact for the necessary information.**

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## ALL ABOARD

Contact: Barbara Bank at (858) 484-4597 or barbara@sDNA1.ucsd.edu  
Next meeting: Contact chair

## AVI SET BIRDERS

Contacts: Sidney Bagley (858) 455-1477, Lou Bowles (858) 755-7102, or Joany Mosher (858) 454-0017

Our birding group meets promptly at 8am the second Monday of each month **during the academic year**. The La Jolla group will meet at the corner of Dunaway Dr. and Glenwick Pl. in La Jolla. The North County birders will meet at the home of Lou Bowles, in Del Mar. We will carpool from these locations to sites around the county. Members will be called.

Next outing: June 14.

## BOOK GROUP

Contact : Tobe Barban Rothaus (858) 551-8083 or Janet Goff (760) 753-3472

We meet on the second Tuesday of every month at 9:30 AM for chatting; 10:00 AM for discussion. All readers are welcome; please join us.

(Title and Author/Host/Discussion Leader)

June 8 / Peeling the Onion by Gunter Grass / Estelle Shabetai / Marianne Burkenroad

July 13 / The Great Fire by Shirley Hazzard / Barbara Nemiroff / Janet Goff

August 10 / Herzog by Saul Bellow / Ruth Stern / TBA

September 14 / Annual Planning Session / Coyla Wilson

Next meetings: June 8, July 13, Aug. 10, Sep. 14

## CAFÉ ESPAÑOL

Contact: Judy Vacquier (858) 459-7834 or jvacq@sbcglobal.net

This conversation group is designed for fluent Spanish speakers who wish to keep up their Spanish and learn new vocabulary. We meet the first Wednesday of the month. One hour of conversation and one hour of reading aloud and group discussion. La próxima reunión de Café Español será el miércoles, 2 de junio, 1:30-3:30, en la casa de Erika Streuer. Favor de contestar a Erika, 858-755-7163, erikastreuer@cox.net. La reunión en septiembre será el miércoles, 1 de septiembre, 1:30-3:30, en la casa de Judy Vacquier. Llame at Judy 858-459-7834 o jvacq@sbcglobal.net .

Next meeting: June 2 and September 1.

## CAFÉ FRANÇAIS

Contacts: Lucie Walther (858) 755-8060 ou Patricia Stone (858) 454-5949

Le prochain café français aura lieu le 9 juin chez Gusti Simmons, dernière rencontre avant les vacances d'été. Bon été a toutes!

Next meeting: June 9 .

## CINEMA SOIRÉE

Contact: Roswitha Enright (858) 459-7375

The group meets at a designated home on the **second Sunday** of each month (all year long) at 7:00pm for socializing; movie discussion starts at 7:30pm sharp. Light refreshments will be served. For more information call Roswitha.

Next meetings: June, July, August, September etc.

## DAY BRIDGE

Contact: Beate Menzel (610) 401-1557 or jrblmenzel@sbcglobal.net

We meet the **first and third Tuesdays** of the month all year long at various members' homes. We start at 10am and usually end at 3pm. Everyone brings her/his own lunch. The hostess will provide drinks. Call for information.

Next meetings: June, July, August, September etc.

## DRAWING AND PAINTING AROUND SAN DIEGO

Contact: Judy Vacquier (858) 459-7834 (cell 858 361-0418)

or jvacq@sbcglobal.net

We meet the fourth Thursday at 9:30 am at the corner of Dunaway Drive and Glenwick Drive in La Jolla to carpool to our location. If you live in North County and want to carpool from there, contact Liz Winant at lwinant@ucsd.edu, or meet us on location at 10:00 am. We will draw, paint or photograph from 10 to 12, then have lunch (some cars may stay for lunch, others may return by about 12:30). All levels are welcome. On Thursday, June 24th, we will go to Balboa Park. Meet us at the lily pond in front of the arboretum/botanic garden building. On Thursday, September 23rd, we will go to Windansea/Neptune Beach in La Jolla. Meet above the famous palapa/shack. Bring your art materials or camera, something to sit on, sun protection, water and a sack lunch or lunch money. RSVP to Judy Vacquier at jvacq@sbcglobal.net or home 858-459-7834 or cell 858-361-0418.

Next meetings: June 24 and September 23.

## EVENING BRIDGE

Contact: Barbara Bank at (858) 484-4597 or barbara@sDNA1.ucsd.edu

The couples Evening Bridge Interest Group meets at 7:30pm on the **fourth Saturday** of the month all year long at one of our members' homes. If you wish to play on a regular basis, or just occasionally, please contact Barbara Bank.

Next meetings: June, July, August, September etc.

## GERMAN KAFFEEKLATSCH

Contact: Roswitha Enright 858 459-7375 (renright@ucsd.edu)

This group is for beginners and experienced German speakers alike. Guaranteed no pressure. Just come on the **3rd Tuesday at 4 pm** and have a good time. Only German spoken. If you want to join, please call Roswitha.

Next meetings: June, July, August, September etc.

## GOURMET GROUP

Contact: Susan Starr 858 455 1630 or susanstarr1@ucsd.edu

This is a group for those who like to try cooking new things. We have themed dinners at members home, and everyone brings a course. Our next meeting will be in the fall. If you'd like to be notified of the date and time, please contact Susan Starr at the number above.

**Next meetings: Please call contact.**

## GRACIOUS AGING

Contact: Yvonne C. Brown (858) 459-3698

This group has an age requirement. You must have lived 80 years to participate! We meet on the first Monday of the month from 11am- 2pm at the Quaker House in La Jolla to discuss a variety of subjects. Bring your own apple (lunch). Call Yvonne for details.

**Next meeting: June 7.**

*Report from the  
Gracious Aging Group:*

*Growing old is mandatory;*



*growing up is optional.*

## HIKING IN AND AROUND SAN DIEGO COUNTY

Contact: Roswitha Enright (858) 459-7375, renright@ucsd.edu

We meet at 8:30am on the second Saturday of each month (October to May or June) at the La Jolla Village Shopping Center parking lot and carpool to the starting point of the hike. Bring a lunch, plenty of fluids, sturdy shoes and sun protection! Friends and family are invited. Call the week before the hike if you would like to come.

**Next hike: October 9.**

## MOVEABLE FEAST I

Contact: Liz Fong Wills (858) 454-6858; lizfongwills@yahoo.com

This dining-out group is currently at capacity but we are taking a wait list.

**Next meeting: contact Liz Fong Wills**

## MOVEABLE FEAST II

Contact: Shirley Babior (619) 542-0536 or Babior@earthlink.net or

Mary Cutchin (858) 459-8074 or marycutchin@yahoo.com

This group meets (usually) on the third Sunday of each month for drinks at a member's house. From there we carpool to the restaurant. Contact Shirley Babior or Mary Cutchin for information and reservations.

**Next meeting: Call contact.**

## PHOTO DIGERATI

Contact: Jane Takahashi (858) 622-1993

We meet on the second and fourth Tuesday from 1 to 4 pm each month. 1st meeting is at the Pavilion, 2nd will involve outdoor picture-taking. This is for all who are interested in learning more about digital photography. For more information call Jane..

**Next meetings: Call contact**

## PIANO AND CHAMBER SOIRÉE

Contact: Judy Vacquier (858) 459 -7834 or jvacq@sbcglobal.net

This group is for amateurs who need a motivation to practice and want to perform in a relaxed, fun setting among friends. We welcome piano, chamber instruments and voice, classical, jazz and popular music. We usually meet the fourth Sunday, afternoon or evening. The June Soiree will be at the home of Mary and Carl McIlwain, June 27th at 7:00 pm. Please RSVP to Mary at 858-454-4857 or mm@san.rr.com. We will meet in July at the home of Martine and Jim Allen, on Sunday, July 25th at 4:00 pm. Please RSVP to Martine at 619-429-0731 or martine@actionforeclosure.com. In September, we will meet at the home of Judy Vacquier, September 26th at 4:00 pm. Please RSVP to Judy at jvacq@sbcglobal.net or 858-459-7834

**Next meetings: June 27 and July 25. NO MEETING IN AUGUST**

## SOUNDING BOARD

Contact: Molli Wagner, (858) 720-1185 or awagner@ucsd.edu

**Next meeting: Call contact.**

**NO MEETING DURING THE SUMMER**

## STAMP GROUP

Contact: Betty Shor (858) 453-0334 orbshor@sio.ucsd.edu

We do not meet on a regular basis, but welcome other collectors to join our informal exchange.

**Next meeting: contact Betty Shor**

## WALKING GROUP

Contact: Judy Vacquier (858) 459-7834 or jvacq@sbcglobal.net

This interest group encourages fitness and friendship by walking with other Oceanids in your neighborhood. You decide the time and route. Contact Judy Vacquier at jvacq@sbcglobal.net or 858 459 7834 for a list of walkers in your neighborhood. Areas: North La Jolla/UCSD, Mt Soledad/South La Jolla, Del Mar, University City, Pacific Beach, North County, Poway, Mission Hills, and El Cajon.

## WEDNESDAY COFFEE

Contact: Renate Berthold (858) 720-9276 or

Georgina Sham (858) 459-1336

Come join our social group of Oceanids, newcomers, postdocs, students, and their children for refreshments at the International Center every Wednesday, 10am-12 noon during the academic year. You'll make friends and learn strange and wonderful American customs.

**Visit the Kitchen Exchange where newcomers can rent kitchen, household, and baby equipment for a small fee.**

## WINE TASTING I

Contact: Pat Kampmann (858) 454-1856

Exploring the taste sensations of a new wine or an old vintage, this group meets the third Friday monthly. Members rotate as hosts. However, this group is currently at capacity. For questions, contact Pat Kampmann.

**Next meetings: June 18.**

## WINE TASTING II

Contact: Barbara Scholz (858) 350-6014 or bscholz@hotmail.com

We meet monthly. Members rotate as hosts. The cost for wine and food is shared among the people attending (approximately \$8.00 per person).

**Next meeting: call contact.**

## WITS I

Contact: Pat Kampmann (858) 454-1856

This long-time investment group allows one to learn and earn on one's own. Procedures are followed to analyze stocks before they are bought. A regular monthly investment is required along with a "buy-in." At present, there are a few places open. We meet at the Oceanids Pavilion on the **4th Tuesday** of the month all year long from 1:30pm-3:30pm.

**Next meetings: June, July, August, September etc.**

## WITS II

Contact: Bev Douglas (858) 453-4938

WITS II uses the principles of NAIC to study and evaluate companies for stock purchases.

If fewer than 5 will be available we do not meet.

**Next meetings: Call Contact.**

## HIKING THE TRAILS

Hello fellow youngsters of the Oceanid group!

Well, I started at 58 and wrote an article about my first experience hiking alone on the PCT.. the John Muir section from Tuolomie Meadows to Whitney, up the peak and out to the Portal in 1998, 200 miles alone. Now at 68, I finished the PCT and CDT and the AT.

For clarification: I'm talking about the **Pacific Crest Trail**, The **Continental Divide Trail** and the **Appalachian Trail**. The PCT and CDT go from Mexico to Canada. The AT goes from Georgia to Maine.

I finished the AT on the Blue Ridge Parkway at mile 92 in a Rain storm on Nov 16, 2008. Besides giving me bragging rights to finish what is called the triple crown of hiking, I thought it was fine as an example and an encouragement for other outdoor aficionados to get an overview. I have loved the different adventures in the outdoors in spite of a leg that has had more than ten surgeries and consequently spending nine months in a wheelchair.

The total lengths are: 2658 mi for PCT, 3000 mi for CDT and 2250 miles for AT which is shortest but hardest with most vertical feet. The AT was the only one that I did more or less as a through-hike, becoming part of a community of people hiking north in March of 08. It began and ended in a rain storm. Because I had always been a little worried about hiking in the south, my husband Peter accompanied me for the first 2 weeks in Georgia and twice more for 2 or 3 weeks. In reality, though, I often hiked alone on all three trails, Peter has done about 1/4 to 1/3 of all three trails, occasionally coming out to meet me for holidays. Also, even though I did the PCT over 5 years, I always became part of a community of hikers, except for the CDT which is so isolated that no hiker community develops.

This last time on the AT I was a true integral part of something like a moving town and have made some close friends as a result.

This past hiking experience was very different from being a weekend hiking-warrior, since it meant moving 15+ miles daily for weeks in good weather, rain and even snow. A terrific advantage over former times was the fabulous light-weight gear and the hiking poles that reduce weight and keep upper body strength. Even with the poles, my right knee on my

“good” leg was needing support with a knee band for the last 1/3 of the AT. And although my base gear of light tent/sleeping bags/stove and minimal extra clothing weighed only ten pounds including pack without food and water!, I still ended up succumbing to trail support, slack packing, whenever easily available for the 2nd half of the AT, especially if Peter was not indulging me by taking most of the food weight (slack packing is paying or getting someone to carry gear to the next spot).

Many funny stories of sleeping on tables in the White Mountains of New Hampshire to get the free food at the lovely shelters for the through-hikers there, and of having left a pack at one place, only to retrieve it miles away at a third, and, of course, always thinking of yummy food and then overeating when we got to buffets or a town with restaurants. Whether a person goes for a day or a weekend or longer, whether they go first class staying at motels/ hotels whenever possible, being part of the outdoors is a true wonder, and fabulous life experiences are inevitable.

Health and happy trails, Nona Rowat

### POET'S CORNER

It is that midnight hour  
when hundreds of frogs  
    (with visages dour)  
    croak-  
Their throats swell  
    like balloons  
and issue forth  
                                amphibian tunes -  
Then the ladies from the field  
    hop to the pond  
    and yield  
    to a higher goal -  
For when their eggs with sperm unite  
and little tadpoles see the light,  
a new generation is generated  
and the venerable are venerated

Maryruth Cox

NO SOUNDING BOARD IN JUNE

Please find new spelling rules from the EU :)

The European Commission has just announced an agreement whereby English will be the official language of the European Union rather than German, which was the other possibility.

As part of the negotiations, the British Government conceded that English spelling had some room for improvement and has accepted a 5-year phase-in plan that would become known as 'Euro-English'.

In the first year, 's' will replace the soft 'c'. Certainly, this will make the sivil servants jump with joy. The hard 'c' will be dropped in favour of 'k'. This should klear up konfusion, and keyboards kan have one less letter.

There will be growing publik enthusiasm in the sekond year when the troublesome 'ph' will be replaced with 'f'. This will make words like fotograf 20% shorter.

In the 3rd year, publik akseptanse of the new spelling kan be expekted to reach the stage where more komplikated changes are possible.

Governments will enkourage the removal of double letters which have always ben a deterrent to akurate speling.

Also, al wil agre that the horibl mes of the silent 'e' in the languag is disgrasful and it should go away.

By the 4th yer people wil be reseptiv to steps such as replasing 'th' with 'z' and 'w' with 'v'.

During ze fifz yer, ze unesesary 'o' kan be dropd from vords kontaining 'ou' and after ziz fifz yer, ve vil hav a reil sensibl riten styl.

Zer vil be no mor trubl or difikultis and evrivun vil find it ezi tu understand ech oza. Ze drem of a united urop vil finali kum tru.

Und efter ze fifz yer, ve vil al be speking German like zey vunted in ze forst plas.

If zis mad you smil, pleas pas on to oza pepl

OCEANIDS IS OPEN TO ALL WHO ARE INTERESTED IN UCSD

Print your name as you would like it to appear in the OCEANIDS DIRECTORY. Check here if you don't want to be listed: \_\_\_\_\_

Name: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Type of Membership: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell #: \_\_\_\_\_ Email: \_\_\_\_\_

ANNUAL MEMBERSHIP: \$35; SUSTAINING: \$250 & LIFE MEMBERSHIP: \$500

All gifts, memorials and dues are tax deductible when made payable to "UC San Diego Foundation".

Please write the purpose on the "Memo" line.

Send check(s) & completed form to:

OCEANIDS, INTERNATIONAL CENTER 0049, 9500 GILMAN DR., LA JOLLA, CA 92093-0049



## The Loft at UC San Diego

### *Successful Fund Raising*

Every year we raise money to fund our Undergraduate Service Awards which are given to a student from each college, nominated by their College Provost, for their community service. However, this year our Board determined we also needed to raise money for a new computer. Both these efforts have been a great success. To raise money for Undergraduate Service Awards we have had a theater party for many years, giving us the opportunity to enjoy the acting talent at UC San Diego's Theater Department. We owe big thanks to Molli Wagner for organizing this event year after year, and this year we broke the record and grossed \$7,300! Many thanks to everyone who sold tickets and attended the play. For our computer, many thanks to Mary Woo who made a beautiful quilt to be raffled, and Barbara Bank who organized the sale of the raffle tickets. Also to Greet Hostetler who donated a second quilt made by Amish or Mennonite ladies. We raised \$2,020.

We also benefit from gifts that our members make to one of our Funds managed by the UC San Diego Foundation. Each fund has a different purpose; Oceanids Memorial Fund receives gifts to honor Oceanid members who have passed away; Undergraduate Service Awards Fund receives gifts for the service awards mentioned above; Oceanids General Projects Fund receives gifts that the Board uses to support our member activities. We would like to thank the following people who have given gifts in the last six months.

#### **Gifts to Oceanids General Projects Fund**

Rosita Cavallaro, Georgina Sham, Ruth Stern,  
Faye Girsh

#### **Gifts to Oceanids Memorial Fund**

Mary McIlwain in memory of Ruth Fejer, Maxine-Bloor in memory of George Shor and Ruth Fejer, Kim Signoret Paar in memory of Nettie & Ron Paar, Jean Fort in memory of Ellen Revelle

**The Loft**, located at the new Price Center, is a performance lounge and restaurant where emerging art and pop culture collide. This performance venue is for anyone hungry for artistic connections - from chamber music to film and food feasts.

Designed and furnished by San Diego's go-to designers, bells&whistles, The Loft interior is a fresh take on mid-century hip. Modern bench seating, sculptural lighting fixtures, plush ottomans, and understated architecture provide the feel of an intimate urban hangout and the perfect setting to absorb artistic experiences.

The Loft features rock n' roll, underground comedy acts, interactive film events, global pop, late night DJ's and a lot more. Expect to see local, national and international artists, ArtPower! events, not to mention the talent right her at UC San Diego.

### **About ArtPower!**

ArtPower! at UC San Diego builds creative experiences in music, dance, film, exhibition and food for our collective pleasure and inspiration. We engage diverse audiences through vibrant, challenging, multi-disciplinary performances by emerging and renowned international artists. Through extensive partnerships, ArtPower! provides exciting opportunities for research, participation, and creation of new work, igniting powerful dialogue between artists, students, scholars and the community. To sign up for the mailing list, go to <http://www.artpwr.com>.

#### Order Information

June 7: Season subscriptions go on sale

July 12: Deadline to donate and/or subscribe to be guaranteed advance seating priority over single ticket buyers.

July 26: Single tickets go on sale to the general public.

Purchase Online: [www.artpower.ucsd.edu](http://www.artpower.ucsd.edu) Purchase by Phone: 858.534.TIXS Purchase in Person: UCSD Box Office, Price Center Plaza

Box Office Hours: Monday-Friday, 10am-4pm.

Closed Saturday and Sunday.

More information, please contact: Kristine Breese  
[kbreese@ucsd.edu](mailto:kbreese@ucsd.edu)

## OH CANADA

Now that Vancouver has hosted the 2010 Winter Olympics, here are some questions people from all over the world had been asking. Believe it or not these questions about Canada were posted on an International Tourism Website. Obviously the answers are a joke; but the questions were really asked!

Q:I have never seen it warm on Canadian TV, so how do the plants grow?

(England)

A.

We import all plants fully grown and then just sit around and watch them die.

Q:Will I be able to see Polar Bears in the street?

(USA)

A:

Depends on how much you've been drinking.

Q:I want to walk from Vancouver to Toronto. Can I follow the railroad tracks? (Sweden)

A: Sure, it's only Four thousand miles, take lots of water.

Q:Is it safe to run around in the bushes in Canada?

(Sweden)

A: So it's true what they say about Swedes.

Q: Are there any ATM's (cash machines) in Canada? Can you send me a list of them in Toronto, Vancouver, Edmonton and Halifax?

(England)

A: What, did your last slave die?

Q:Can you give me some information about hippo racing in Canada? (USA)

A: A-fri-ca is the big triangle-shaped continent south of Europe. Ca-na-da is that big country to your North...oh forget it. Sure, the hippo racing is every Tuesday night in Calgary. Come naked..

Q:Which direction is North in Canada? (USA)

A: Face south and then turn 180 degrees. Contact us when you get here and we'll send the rest of the directions.

Q: Can I bring cutlery into Canada?

(England)

A: Why? Just use your fingers like we do.

Q: Can you send me the Vienna Boys' Choir schedule? (USA)

A: Aus-t ri-a is that quaint little country bordering Ger-man-y, which is...oh forget it. Sure, the Vienna Boys Choir plays every Tuesday night in Vancouver and in Calgary, straight after the hippo races. Come naked.

Q: Do you have perfume in Canada?

(Germany)

A: No, WE don't stink.

Q: I have developed a new product that is the fountain of youth.. Where can I sell it in Canada? (USA)

A: Anywhere significant numbers of Americans gather.

Q: Can you tell me the regions in British Columbia where the female population is smaller than the male population? (Italy)

A: Yes, gay nightclubs.

Q: Are there supermarkets in Toronto and is milk available all yearround? (Germany)

A: No, we are a peaceful civilization of Vegan hunter/gathers. Milk is illegal.

Q: I have a question about a famous animal in Canada, but I forget its name. It's a kind of big horse with horns. (USA)

A: It's called a Moose. They are tall and very violent, eating the brains of anyone walking close to them. You can scare them off by spraying yourself with human urine before you go out walking.

Q: Will I be able to speak English most places I go? (USA)

A: Yes, but you will have to learn it first.



# JUNE 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Day Bridge 1	Café Español 2	3	4	5
Moveable Feast II 6	Gracious Aging BOARD MEETING 7	Photo-Digerati Book Group 8	KitX Wed. Coffee Café Francais 9	10	11	Hiking 12
Cinema Soirée 13	Avi Set Birders 14	Day Bridge Kaffeeklatsch 15	KitX Wed. Coffee 16	17	Wine Tasting I 18	19
20	21	Photo Digerati WITS I 22	KitX Wed. Coffee 23	Drawing & Painting 24	25	Evening Bridge 26
Piano and Chamber Soirée 27	28	29	KitX Wed. Coffee 30			

# **WELCOME NEWCOMERS!**

UCSD Oceanids  
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