

UCSD OCEANIDS BI-MONTHLY NEWSLETTER

OCT./NOV. 2009 Vol. XLVIII No. 1

President Irene Larrimore and the Oceanids' Board would like to extend to you a cordial invitation to join us for the Annual Fall Brunch.

There are some exciting new interest groups to learn about.

We welcome new ideas for our organization.

So, please mark the date, and join us.

Date:

Wednesday, October 7, 2009

Location:

Lomas Santa Fe Country Club 1505 Lomas Santa Fe Drive Solana Beach, CA

Times

10:00 - 10:30 Meet and Greet

10:30 - Noon Brunch Buffet and

Interest Group Programs

Cost:

\$24.00 @ person

Please mail your checks to:

WHO NEEDS A RIDE TO THE LUNCHEON?

Irene Larrimore (Del Mar, Solana Beach) Mary Hanson (La Jolla, Birdrock Area) Jean Overstreet (Old University City) Liz Bonkowski (South University City) Rosie Enright (La Jolla)

Bernie Sisco 1351 Sun Valley Road Solana Beach, CA 92075-1646

OCEANIDS CREW 2009-2010



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(note: all phone numbers are area code 858 unless otherwise noted)

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	IreneLarrimore@san.rr.com
	*Oceanid of the Year/Maxine White Award
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& Graduate Scholarships	
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Bus Trips	Barbara Starkey
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1 deficity	Jan Ouren
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Sunshine Committee	Bernie Sisco
Sounding Board	
Friday Café	NEEDED NEEDED
Holiday Party	
Theatre Fundraiser Book Share	Molli Wagner
DOOK Share	Barbara Starkey453-0779

OCEANIDS NEWS

is the newsletter of Oceanids, a UCSD campus organization. Published bi-monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 15th OF THE MONTH FOR THE NEXT ISSUE.

Address all submissions to:
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La Jolla, CA 92093-0049

PLEASE NOTE
The Post Office does not forward OCEANIDS NEWS.
Please notify membership chairs of any change of address. Membership and/or subscriptions are \$35 per year

OCEANIDS ONLINE

http://orpheus.ucsd.edu/ oceanids/

E-MAIL

oceanids@ucsd.edu and also email:

renright@ucsd.edu mwoonew@gmail.com

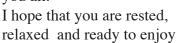
BOARD MEETINGS: first Thursday every month

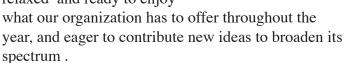
Oceanids Pavilion, International Center

Coffee and refreshments: 9:15 am, meeting starts at 9:45 am

A Note from the President

Whether you have been journeying or whether you stayed in this beautiful part of the world for the summer break, a warm welcome to you all.





Mankind joins hands for many reasons and in many ways, in every country, culture and religion.

The members of OCEANIDS not only join hands with each other, we also join hands with many non-members in our capacity as a support group of UCSD – we participate in a variety of activities, we provide scholarships and special awards, we serve where service is needed.

So, here I am, with an exceptionally talented and experienced Board that you have elected, joining hands with each other and in partnership with you in order to foster friendship, and make a difference in the UCSD community.

Let's make the coming 2009-2010 year a memorable one for OCEANIDS.

Irene K. Larrimore

Oceanids has an e-mail mailing list!

The purpose of the listserv or e-mail distribution list is to allow our President, Board members, Interest Group chairs or anyone else with an important announcement to contact our membership.

Also, the Oceanids news will be sent electronically as a PDF-file which you can read online or print out.

If you have questions, have an announcement for Oceanids, or are a new subscriber, please e-mail the listserv administrator, Judy Vacquier, at jvacq@sbc-global.net

Also, anyone who would like to make corrections to the directory and/or to our database (from which we obtain the addresses for 'Oceanids news' mailings,) please e-mail Judy.

LA JOLLA MONEYBOOKS - \$25

For each La Jolla Moneybook sold OCEANIDS will receive \$12.50 this year. In addition to adding to our service awards fund the value of each coupon in the Moneybook has increased this year.

Our favorite 2 for 1 coupons on meals are included from such places as:

The Cottage (D)
Jeff's Burgers (D)
Roppongi (L)
China Chef (L)
Café Lavande (D or L)
Bistro Pazzo
Thai Pan Cuisine (D or L)
28 restaurants in all

There are 10 coffee, yogurt or ice cream shop coupons. Also 7 of the coupons are from the Bird Rock area this year.

Included are Service and Merchandise offers from Above & Beyond Carpet Care, Adelaides, Burns Drugs, Meanly & Son Hardware, Nelson Photo, Warwicks, Geppettos and Toys R US. Remember the La Jolla Merchant Holiday Promotions in December.

OCEANIDS Board hopes that those of you that support our Moneybook sales each year will continue to do so again. Half of the Moneybook cost will go to support our various projected service awards and other budgetary needs.

Moneybooks are on sale at our Board meetings, Sounding Board, Fall Brunch, through our Interest Group leaders, at our Holiday Party and other events. Call Maxine Bloor, 858-459-7665 or e-mail cbloor@san.rr.com for more information.

The Moneybook is an excellent gift. Coupons are valid through May 31, 2010. As their cost has gone up for the first time in 7 years, the value of the merchants' contributions of a free meal has also been rising during this time. It still holds that by using 2 or 3 coupons, the cost of the entire Moneybook is recovered. By using more coupons more value is received.

Maxine Bloor

Most members of Oceanids will have heard by now that my husband, George G. Shor, Jr., died on 3 July 2009. So I'll tell a bit of history here.

George and I came to Scripps Institution of Oceanography in 1953, when he was hired as an assistant research geophysicist at the Marine Physical Laboratory of S.I.O. There was no UC San Diego at that time. Roger Revelle was the director of SIO, and research expeditions were starting to explore the Pacific Ocean.

It was a lonely time for wives, left with small children while the husband sailed the ocean blue. That was why Oceanids began. Sally Bradshaw, wife of graduate student Jack Bradshaw, called the first meeting in the fall of 1952.

When George started work alongside Russell Raitt, Helen Raitt urged me to join Oceanids. I had no idea that the group was only a year old! Helen drew in everyone who was newly arrived on campus.

It was a wonderful organization for a newcomer. Through Oceanids I met everyone who was anyone at Scripps. We all went to the same events - and we competed for the same babysitters. Most of the activities were in the library on the campus (a building now gone), but some were in downtown La Jolla (at the high school, usually) - or even all the way into San Diego, for the theater events. My, we worked hard to sell theater tickets as fund-raisers.

When the idea of a new campus began, George was among those who gave talks about Scripps research to the general public, to drum up interest for placing the campus nearby (one University Regent wanted it in Balboa Park or downtown San Diego).

Another of Helen Raitt's urgings to us was to acquire a lot in Scripps Estates Associates ("SEA"), on the hill above the SIO campus. That is where we built in 1954. It was out in the sticks at that time. The remains of wartime Camp Callan were concrete foundations where buildings had been, and a freeze-locker plant at the south end of the campus, near the public housing that had been built for wartime use (Torrey Pines housing, which some called "teepee housing"). William Black owned what is now La Jolla Farms, and he ran Hereford steers on that property, which occasionally knocked over the fence between his land and SEA.

So I have watched UC San Diego begin and grow. George advanced through the ranks and stepped across into the professor status. He advised some graduate students, but mostly he devoted his time to SIO, as a division chairman and as an associate director to schedule and oversee the Scripps fleet of ships, until his retirement in 1991. He was devoted to and proud of the institution. And so am I.

Betty Shor

ANNUAL CHANCELLOR'S CHALLENGE: 5 K RUN/WALK FOR SCHOLARS

Oceanids will again encourage joining our walking groups for the 14th annual Chancellor's Fun Run.

DATE: October 23

TIME: 11:30 (Racewalk starts at noon.)

Oceanids might run or walk as a group- wearing our

• blue "Oceanids" Tee shirts.

Please join the fun. For information call

Maxine Bloor 858-459-7665, cbloor@san.rr.com or Judy Vacquier 858-459-7843, jvacq@ucsd.edu

(NOT DECIDED BY PRESS TIME)

NOVEMBER FOCUS EVENT

Kim Paar and Carole Ziegler are planning a tour of the Konrad Prebys Hall on Campus with possibly a dinner before or after the tour.

Please call Kim: 858 822-1536 or Carole: 619 297-0798

if you are interested. Watch your e-mail for more information.

NEWCOMERS' WINE TASTING

Newcomers might get together with the Winetasting II Interest Group to do a wine tasting at the Forum on Campus.

Please call Liz Fong Wills: 858 454-6858 for information.

URGENTLY NEEDED!!

Has Scrooge taken over the Oceanids' Holiday spirit? We would like to party on December 5, but have no chairperson to coordinate things. There are plenty of advisors on hand.

Please mail Irene (IreneLarrimore@san.rr.com) or call Barbara Bank if you have suggestions.

UC San Diego Oceanids Opportunity Drawing

Board member Mary Woo has generously donated "Serene Bamboo", an 80" x 80" cotton quilt in cotton batik fabrics created by Mary Woo for the benefit of the Oceanids General Projects Fund. We hope to raise enough money to cover the cost of a new computer. Our present computer needs to be replaced very soon. The drawing will be held at the Oceanids Holiday Party, December 5, 2009. Tickets are \$5.00 each or six for \$25.00. This is not tax-deductible. To purchase tickets please contact your interest group chair or Barbara Bank at 858-484-4597, e-mail bbank@ucsd.edu.



Book share

Remember that the Book Share basket is in the Ellen Revelle Pavilion. You can borrow any book in the basket, read it, and then return it. The authors include James Patterson, John Grisham, Nora Roberts, Jeffery Deaver, Robert Tannenbaum, Brad Meltzer, Harlen Coben, Lee Child, Catherine Coulter, James Rollins, Dick Frances, Stephen Cannell, David Baldacci, and Patricia Cornwell, to name a few.

Barbara Starkey

NEW Interest Group:

Drawing and Painting Around San Diego:

We will meet the fourth Thursday at 8:30 am at the corner of Dunaway Drive and Glenwick Drive in La Jolla to carpool to our location. If you live in North County and want to carpool from there, contact Liz Winant at lwinant@ucsd.edu. We will draw, paint or photograph from about 9 to 11, then have lunch (some cars may stay for lunch, others may return by 11:30). Bring your art materials, something to sit on, sun protection, water and a sack lunch or lunch money. RSVP to Judy Vacquier at jvacq@sbcglobal.net or 858-459-7834. All levels are welcome. No instruction provided, but hopefully some inspiration and encouragement will be plentiful! If there is enough interest, we may also start a weekend group.

SOUNDING BOARD

EVERY 1ST THURSDAY AT 12 NOON.....

NEXT SOUNDING BOARD: OCTOBER 1, 2009

Oceanids and friends of the university meet at the Faculty Club, convene in a specially designated room to eat lunch and listen to fascinating speakers. You can be sure of a lively discussion!

Our Speaker for our first Sounding Board of the year on **October 1**, is Heidi Hanna, MA. The title of her talk is

"Energy for Performance"



HEIDI HANNA, MA
is a performance coach
and keynote speaker who
has trained hundreds of
corporate executives on
the role of nutrition and
exercise in energy management for increased
productivity, engagement and performance
by incorporating the
psychology of behavior
in the development of
wellness strategies. She has

conducted numerous seminars for the National Eating Disorders Association and is actively pursuing a PhD degree in holistic nutrition.

> We can look forward to a talk by Chancellor Marye Anne Fox on December 3, 2009



On November 5
LOUIS G. SPISTO,
CEO and Director
of the Old Globe
Theatre in San Diego
will be joining us
for Sounding Board.
He has led The Old
Globe since October
2002. During his
tenure, Spisto spearheaded the return
of the Shakespeare

Repertory Season and brought to the Globe several new musicals, including the critically-acclaimed Twyla Tharp/Bob Dylan musical, The Times They Are A-Changin'. He has produced over 75 plays and musicals and has managed the Globe's Capital Campaign to raise \$75 million by the Theatre's 75th anniversary in 2010. A strong advocate of arts education, Spisto initiated several new programs including an innovative cross-border project and a new play development program and several new initiatives in Southeastern San Diego. He also launched a free matinee series which brings thousands of students to the Globe's productions. He holds a Masters degree from the University of Wisconsin in Arts Administration and a Bachelors of Business Administration from the University of Notre Dame.

Attention: Sounding Board Attendees!

In order to get the room for the lectures without cost we had to promise that the people who attend the talks will purchase their lunch (all you can eat and drink, including dessert, for \$12.50 for guests and \$8 for Faculty Club members!! Coffee and iced tea is provided in the meeting room) at the Faculty Club. The lunch should only be eaten in the meeting room, not in the dining room, please. The speaker is introduced at about 12:20 and talks for about 20 to 25 minutes. A discussion period follows. Interruptions with questions or statements during the talk are allowed, even welcome—it's very informal. Sounding Board is usually over by 1:00-1:15 p.m.

News from Membership:

Please make a note of the following changes in your direc-

Berit Lankhorst, information withheld by request

Ann Orloff, annsorloff@san.rr.com

Edith Nierenberg, enierenberg@gmail.com Marianne Burkenroad cell: 858/922-0933

Elizabeth Barrett-Conner work phone: 858/534-0511 Mariette Kobrak, 3427 Tony Drive, San Diego 92122

Jean Weidner, omit work phone

Joanne Powers, Home: 858/756-2059; cell: 858/353-7231.

email: dunloe98@yahoo.com

Therese Tanalski, email terygrey@san.rr.com

Coyla Wilson, email wilsoncbcj@att.net

Mary Hanson cell 858/229-9459 Linda Scott Home: 858/455-5721 Clare Friedman Home: 858/454-4433

Barbara Markowitz email: hmarkowitz1@san.rr.com

Mary Corrigan, email: mkcorrigan@san.rr.com

Irene Biro, her6@aol.com

Olivia Dorman, oliviaenid@gmail.com Susan Chadwell work 858-534-6820 Maura Harvey cell 415-662-6959 Pat Libby Home 858-453-0554 Pat Masters Cell 858-354-1287 Malkit Miura mmiura@netzero.net Rochelle Rosen Cell 858-337-4234 Murray Rosenblatt mrosenblatt@ucsd.edu Charles Spooner riverreach@centurytel.net Kazuko Tsuchiya home 408-532-0476

We Have Three New Sustaining Members

Sue Appelbaum Kathe Oesterreicher James Bunch

Ilse Warschawski left more than \$1 million to support the Moores UCSD Cancer Center and the department of mathematics. She was 98 at the time of her death. Ilse Warschawski has left more than \$1 million in her trust to the University of California, San Diego, in honor of her late husband and founder of the university's department of mathematics, Stefan (Steve) Warschawski. According to Ilse's wishes, the gift is split between the department of mathematics and the Moores UCSD Cancer Center.

Ilse remained active in Oceanids, a campus organization which welcomes new faculty, staff, spouses and visitors to UC San Diego, and funds fellowships and undergraduate awards recognizing scholarship and service. Ilse was honored as the "Oceanid of the Year" in 1984. She also established a fund in honor of her husband to give stipends to graduate students, which help attract outstanding candidates. Submitted by Jade Griffin

IMPORTANT TO ALL COMPUTER USERS

After reading the article "How To Protect Your Address Book" in the Summer Oceanids News issue, Joanne Meredith did some research and found out that this simply does not always work. Viruses don't necessarily traverse address books from top to bottom and attempt to mail themselves to every entry in an infected system's address book, all in one message: rather, they may start at the bottom of an address book, or they may randomly select entries from an address book, or they may harvest addresses from all sorts of other files resident on the infected computer.

The best advice for countering viruses has always amounted to investing in good anti-virus software and using the product regularly to scan for infected files. Second best is a caution against running executable files sent in e-mail.

Thank you, Joanne

OCEANIDS IS OPEN TO ALL WHO ARE INTERESTED IN UCSD • Print your name as you would like it to appear in the OCEANIDS DIRECTORY. Check here if you don't want to be listed: ___ •Name: _ _Spouse's Name:_ Address: __ City, State, Zip: _____ Type of Membership: _____ Home Phone: _____ Work Phone: ____ Cell #: ANNUAL MEMBERSHIP: \$35; SUSTAINING: \$250 & LIFE MEMBERSHIP: \$500 • All gifts, memorials and dues are tax deductible when made payable to "UC San Diego Foundation".

Please write the purpose on the "Memo" line.

Send check(s) \mathcal{E} completed form to:

OCEANIDS, INTERNATIONAL CENTER 0049, 9500 GILMAN DR., LA JOLLA, CA 92093-0049

IN MEMORIAM

With great sadness, I would like to let you know that Sally Kroll passed away on Tuesday, May 19, after a brief stay in the hospital. I did visit her on Friday, May 8, to talk about the university's chamber series which she and her late husband Norman supported since its beginning many many years ago.

Kim Signoret-Paar Sally had been Oceanids president 1979-1980 and was involved in several interest groups.

She will be missed.

Goldie Baron Rothenberg, a member of Oceanids for many years, passed away recently at age 87. She was a Spanish tutor to many Oceanids and will be remembered for her warmth, friendliness and love of life. She had studied romance languages and taught Spanish and French in primary school. Goldie was the bilingual coordinator for New York City schools. She married Arnold who literally was the boy next door and had a warm and loving marriage until Arnold died about 10 years ago. She had a busy day teaching private lessons in Spanish the day before she died.

Oceanids are mourning the death of Ady Rosenblatt on June 4, 2009. Ady died peacefully at the In-Patient Unit of San Diego Hospice.

Ady arrived at UC San Diego in 1964 together with her husband Murray who is Professor Emeritus of Mathematics. Ady was a committed social worker. She was Co-President of the Oceanids in 2004-05, and a recipient of the Maxine E. White Outstanding Service Award. She was also an active member of the Oceanids Board and just a wonderful warm and loving peerson.

Long-time Oceanids member and honorary chairperson in 1961-1964 Sybil York lost her husband Herb on May 19. He was 87.

Herbert York served as the first Chancellor of the University of California in San Diego from 1961-1964, and also stepped in as Acting Chancellor from 1970-1972.

Herb York was not only a leader of UC San Diego, he also was a world leader and had a global impact. He was a teacher and a diplomat, serving as a mentor to students and an advisor to presidents. During a career that spanned more than 60 years, Herb was a world-renowned nuclear physicist who helped develop the atomic bomb as a young researcher. However, he later became a champion of arms control and social responsibility, and an ambassador for peace. We will forever be grateful for his leadership and vision.

All members of the UCSD community who knew him, are sad about the loss of Sam Hinton, who died on September 10 at an assisted-living facility in Northern California. He was 92. Pioneer folk singer Sam Hinton loved to do many things, and he did them all in spite of the fact that few people had ever heard of a folk-singing zoologist/illustrator/ writer/lecturer.

Whether it was performing at school assemblies and concerts, recording music, illustrating marine life or serving as director of the Scripps Aquarium and UCSD's director of outreach to local schools, Mr. Hinton shared his love of folklore and science. He was truly a San Diego "Civic Treasure".

Long-time Oceanid Betty Shor lost her husband George G. Shor, Jr., professor emeritus of geophysics at Scripps Institution of Oceanography at UC San Diego, on July 3. He died at his home in La Jolla, from complications following several strokes. He was 86 years old. Shor's career included helping develop the nation's consortium of research ships operated by oceanographic institutions and participating in the creation of the California Sea Grant program. See also Betty's article on page 4.

POET'S CORNER

In darkness I hear no more cooing dove I should go to watch seagulls.

"I used to have a penny walk." I lifted my head and focused eyes on the horizon softly.

A wide new world not noticed before sprang up around me. Go ahead, old kid, I said. With your speed, gently. One firm step forward, at a time. With raised toes, Not to stumble. There's not more petty thought, Whether to pick up, or not to pick up a penny on the road. Mihoko Vacquier

OCEANIDS' INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are meeting the many varied needs of UCSD families, also those new to the UCSD campus and the community. If you have questions, please contact Mary Hanson. 456-1304, Interest Group Coordinator. If five or more Oceanids wish to start a new group, please let her know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us by calling Judy Vacquier (858) 459-7834 or by submitting the application form in this issue.

Since the newsletter is posted on the Oceanids website we will, for security reasons, not publish addresses. Please call the contact for the necessary information. If you do not want your telephone number in the newsletter, please let the editor know.

All ABOARD

Contact: Barbara Bank at (858) 484-4597 or barbara@sdna1.ucsd.edu All Aboard is on track for fun. We take a train trip each quarter to a destination of interest to the members. The next trip will be to the Bowers Museum in Santa Ana on Thursday, October 22. We will meet at the Solana Beach Amtrak Station and take the 8:44 am train to Santa Ana, arriving 9:58. From the Amtrak Station we can walk the 1.5 miles to the museum, or catch a bus.

The exhibits at the Bowers in October are:

"The Baroque World of Fernando Botero", and "Latin American Masters from the FEMSA Collection."

Please contact Barbara Bank at bbank@ucsd.edu or phone 858-484-4597 if you plan to join us.

Next meeting: October 22 or 29 (call contact).

AVI SET BIRDERS

Contacts: Sidney Bagley (858) 455-1477, Lou Bowles (858) 755-7102, or Joany Mosher (858) 454-0017

Our birding group meets promptly at 8am the second Monday of each month during the academic year. The La Jolla group will meet at the corner of Dunaway Dr. and Glenwick Pl. in La Jolla. The North County birders will meet at the home of Lou Bowles, in Del Mar. We will carpool from these locations to sites around the county. Members will be called.

Next outings: October 12 and November 9.

BOOK GROUP

Contact : Tobe Barban Rothaus (858) 551-8083 or Janet Goff (760) 753-3472

We meet on the second Tuesday of every month at 9:30am for chatting; 10:00 for discussion.

Date/Title and Author/Host/Discussion Leader

October 13: "The Ambassadors" by Henry James/Barbara Penn/ John Halperin

November 10: "Gilead" by Marilynne Robinson/Marianne Burkenroad; 858 454 5931/Coyla Wilson

Next meetings: October 13 and November 10.

CAFÉ ESPAÑOL

Contact: Judy Vacquier (858) 459-7834 or jvacq@sbcglobal.net
This conversation group is designed for fluent Spanish speakers
who wish to keep up their Spanish and learn new vocabulary. We
meet the first Wednesday of the month. One hour of conversation
and one hour of reading aloud and group discussion. La próxima
reunión de Café Español será el miercoles, 7 de octubre, 1:30-3:30, en
la casa de Roswitha Enright. Favor de contestar a Beate Menzel, 619401-1557, jrblmenzel@sbcglobal.net. La reunión en noviembre será
el miercoles, 4 de noviembre, 1:30-3:30 en la casa de Marianne
Burkenroad. Favor de contestar a Marianne, 858-454-5931, maburk1@
yahoo.com si puede venir.

Next meetings: October 7 and November 4.

CAFÉ FRANÇAIS

Contacts: Lucie Walther (858) 755-8060; Patricia Stone (858) 454-5949 Le prochain cafe francais aura lieu le 14 octobre chez Anne Caprioglio, a 13:00 heures, tel, (858)454-6227. Veuillez lui faire savoir si vous avez l'intention d'assister a cette rencontre qui sera la premiere de notre nouvelle saison. Malheureusement, nous n'avons pas encore d'hotesse pour le mois de novembre parce que les projets de cet automne ont changes au dernier moment.

Next meetings: October 14.

CINEMA SOIRÉE

Contact: Roswitha Enright (858) 459-7375

The group meets at a designated home on the **second Sunday** of each month (all year long) at 7:00pm for socializing; movie discussion starts at 7:30pm sharp. Light refreshments will be served. For more information call Roswitha.

Next meetings: October 11 and November 8.

DAY BRIDGE

Contact: Beate Menzel (610) 401-1557 or jrblmenzel@sbcglobal.net We meet the first and third Tuesdays of the month all year long at various members' homes. We start at 10am and usually end at 3pm. Everyone brings her/his own lunch. The hostess will provide drinks. Call for information.

Next meetings: October 6+20, November 3+17.

DRAWING AND PAINTING AROUND SAN DIEGO

Contact: Judy Vacquier (858) 459-7834 or jvacq@sbcglobal.net Bring your art materials, something to sit on, sun protection, water and a sack lunch or lunch money. RSVP to Judy Vacquier at jvacq@sbcglobal.net or 858-459-7834. All levels are welcome. Thursday, October 22nd, we will carpool to Spanish Village in Balboa Park.

Next meetings: October 22, call contact about Nov.. (SEE PAGE 5)

EVENING BRIDGE

Contact: Barbara Bank at (858) 484-4597 or barbara@sdna1.ucsd.edu The couples Evening Bridge Interest Group meets at 7:30pm on the **fourth Saturday** of the month all year long at one of our members' homes. If you wish to play on a regular basis, or just occasionally, please contact Barbara Bank.

Next meetings: October 24 and November 28 (Call contact)

GERMAN KAFFEEKLATSCH

Contact: Roswitha Enright 858 459-7375 (renright@ucsd.edu)
This group is for beginners and experienced German speakers alike.
Guaranteed no pressure. Just come on the 3rd Tuesday at 4 pm and have a good time. Only German spoken. If you want to join, please call Roswitha.

Next meetings: October 20 and November 17.

GOURMET GROUP

Contact: Susan Starr (858) 455-1630 or susanstarr1@ucsd.edu This is a group for those who like to try cooking new things. Our next meeting will be Sunday evening, October 25, hosted by Jean Kleinfeld and Diana Vines. The theme is French Provencal. If you'd like to join us, call Susan, or email:susanstarr1@gmail.com Next meeting: October 25

Report from the Gracious Aging group: SOUNDING BOARD

Growing old is mandatory:

поміна пр із оброзіт

GRACIOUS AGING

Contact: Yvonne C. Brown (858) 459-3698 This group has an age requirement. You must have lived 80 years to participate! We meet on the first Monday of the month from 11am-2pm at the Quaker House in La Jolla to discuss a variety of subjects. Bring your own apple (lunch). Call Yvonne for details.

Next meeting: October 5 and November 2.

HIKING IN AND AROUND SAN DIEGO COUNTY

Contact: Roswitha Enright (858) 459-7375, renright@ucsd.edu We meet at 8:30am on the second Saturday of each month (October to May or June) at the La Jolla Village Shopping Center parking lot and carpool to the starting point of the hike. Bring a lunch, plenty of fluids, sturdy shoes and sun protection! Friends and family are invited. Call the week before the hike if you would like to come. Next hike: October 10 and November 14.

MOVEABLE FEAST I

Contact: Liz Fong Wills (858) 454-6858; lizfongwills@yahoo.com This dining-out group is currently at capacity but we are taking a wait list.

Next meeting: contact Liz Fong Wills

MOVEABLE FEAST II

Contact: Shirley Babior (619) 542-0536 or Babior@earthlink.net or Mary Cutchin (858) 459-8074 or marycutchin@yahoo.com This group meets (usually) on the third Sunday of each month for drinks at a member's house. From there we carpool to the restaurant. Contact Shirley Babior or Mary Cutchin for information and reservations.

Next meeting: Call contact.

MUSEUM GROUP alternating with GARDENING CLUB

Contact: Barbara Starkey (858) 453-0779; bstarkey@ucsd.edu for Museum; Mary Lynn Hyde 858-488-9283 or mlhyde@san.rr.com for Garden Club

Garden Club - Wednesday October 21. We will tour the Cuyamaca Water Conservation Garden at 1:30pm on Wednesday afternoon October 21st. We'll see living examples of waterwise turf & ground covers, native plants, meadows and more. To read about the many garden exhibits go to http://www.thegarden.org/gardensExhibits.html Meet at the Mission Bay Information Center parking lot (Clairmont Dr exit) to carpool and depart promptly at 1pm. Anticipated return about 3:30pm. RSVP Mary Lynn Hyde mlhyde@san.rr.com or 858-488-9283.

Next meeting: October 21.

PHOTO DIGERATI

Contact: Jane Takahashi (858) 638 7822

We meet on the second and fourth Tuesday from 1 to 4 pm each month. 1st meeting is at the Pavilion, 2nd will involve outdoor picture taking. This is for all who are interested in learning more about digital photography. For more information call Jane. Next meetings: October 13+27, November 10+24.

PIANO AND CHAMBER SOIRÉE

Contact: Judy Vacquier (858) 459 -7834 or jvacq@sbcglobal.net The October Soiree will be at the home of Katie Fulhorst, Sunday, October 25th, at 4:00 pm. RSVP 858-274-1482, kfulhorst@yahoo. com. In November, we will meet at the home of Carol Manifold, Sunday, November 22nd, at 7:00 pm. RSVP 858-456-7259, manifold@pobox.com.

Next meetings: October 25 and November 22.

Contact: Keitha A. Libman; klibman@ucsd.edu See page 6 for information. Next meetings: October 1 and November 5.

STAMP GROUP

Contact: Betty Shor (858) 453-0334 orbshor@sio.ucsd.edu We do not meet on a regular basis, but welcome other collectors to join our informal exchange.

Next meeting: contact Betty Shor

WALKING GROUP

Contact: Judy Vacquier (858) 459-7834 or jvacq@sbcglobal.net This interest group encourages fitness and friendship by walking with other Oceanids in your neighborhood. You decide the time and route. Contact Judy Vacquier at jvacq@sbcglobal.net or 858 459 7834 for a list of walkers in your neighborhood. Areas: North La Jolla/UCSD, Mt Soledad/South La Jolla, Del Mar, University City, Pacific Beach, North County, Poway, Mission Hills, and El Cajon.

WEDNESDAY COFFEE

Contact: Renate Berthold (858) 720-9276 or Georgina Sham (858) 459-1336

Come join our social group of Oceanids, newcomers, postdocs, students, and their children for refreshments at the International Center every Wednesday, 10am-12 noon during the academic year. You'll make friends and learn strange and wonderful American customs.

Visit the Kitchen Exchange where newcomers can rent kitchen, household, and baby equipment for a small fee.

WINE TASTING I

Contact: Pat Kampmann (858) 454-1856

Exploring the taste sensations of a new wine or an old vintage, this group meets the third Friday monthly. Members rotate as hosts. However, this group is currently at capacity. For questions, contact Pat Kampmann.

Next meetings: October 16 and November 20.

WINE TASTING II

Contact: Barbara Scholz (858) 350-6014 or bscholz@hotmail.com We meet monthly. Members rotate as hosts. The cost for wine and food is shared among the people attending (approximately \$8.00 per person).

Next meeting: call contact.

Contact: Pat Kampmann (858) 454-1856

This long-time investment group allows one to learn and earn on one's own. We meet at the Oceanids Pavilion on the 4th Tuesday of the month all year long from 1:30pm-3:30pm.

Next meetings: October 27 and November 24.

Contact: Bev Douglas (858) 453-4938 WITS II uses the principles of NAIC to study and evaluate companies for stock purchases. We meet on the 4th Wednesday of the month, from 3:30 to 5:00. Please visit to see if you would like to join. Next meetings: October 28, (location TBA) and November 25.

OCTOBER 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				BOARD Meeting		
				Sounding Board		
				1	2	3
	Gracious Aging	Day Bridge	Café Español KitX Wed. Coffee			Hiking
4	5	6	FALL BRUNCH 7	8	9	10
	Avi Set	Photo- Digerati	Café Français	0	9	10
Cinema Soireé	Cinema Soireé Birders	-	KitX		Wine Tasting I	
44	10	Book Group	Wed. Coffee	4.5	1.0	4=
11	12	Group 13	14	15	16	17_
		Day Bridge	Gardening Club	Drawing/painting	CHANCELL ORG	
		Kaffeeklatsch	KitX Wed. Coffee		CHANCELLOR'S RUN	Evening Bridge
18	19	20	21	22	23	24
Piano and Chamber Soireé Gourmet		Photo Digerati WITS I	KitX Wed. Coffee	All Aboard		
Group 25	26	27	WITS II 28	29	30	31

NOVEMBER 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Gracious Aging	Day Bridge	Café Español KitX Wed. Coffee 4	BOARD MEETING Sounding Board	6	7
Cinema Soireé	Avi Set Birders	Photo- Digerati Book Group	KitX Wed. Coffee			Hiking
8	9	10	11	12	13	14
		Day Bridge Kaffeeklatsch	KitX Wed. Coffee		Wine Tasting I	
15	16	17	18	19	20	21
Piano and Chamber Soireé	Photo Digerati 23	Photo Digerati WITS I 24	KitX Wed. Coffee WITS II	Drawing/painting		Evening Bridge 28
29	30					

WELCOME NEWCOMERS!

UCSD Oceanids International Center 9500 Gilman Drive La Jolla, CA 92093-0049

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