

Oceanids



Your portal to the UC San Diego community

UCSD OCEANIDS BI-MONTHLY NEWSLETTER

Vol. XLVIII No. 2

Dec.-January '09-10

COME CELEBRATE THE SEASON

2009 Holiday Party

UC San Diego International Center

December 5

4-7 pm

Entertainment, food, wine! Meet with old and new friends. Wear your holiday apparel or ethnic clothing.

Oceanids, friends and adult family members invited.

Please bring an appetizer to share. Wine and beverages will be provided.

Donations to the Student-run Free Clinic accepted (make check out to USCD Foundation, memo: UCSD Student-run Free Clinic). The opportunity raffle winner will also be selected this evening and the winner will go home with a beautiful quilt.

For information, call Barbara Bank: 858 484-4597

OCEANIDS CREW 2009-2010



OCEANIDS NEWS

is the newsletter of Oceanids, a UCSD campus organization. Published bi-monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 15th OF THE MONTH FOR THE NEXT ISSUE.

Address all submissions to:
Oceanids News
International Center 0049
9500 Gilman Drive
La Jolla, CA 92093-0049

PLEASE NOTE
The Post Office does not forward OCEANIDS NEWS. Please notify membership chairs of any change of address. Membership and/or subscriptions are \$35 per year

OCEANIDS ONLINE

<http://orpheus.ucsd.edu/oceanids/>

E-MAIL

oceanids@ucsd.edu

and also email:

renright@ucsd.edu

mwoonew@gmail.com

BOARD OF DIRECTORS

(note: all phone numbers are area code 858 unless otherwise noted)

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	& Lucie Walther.....755-8060
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Refreshment Reminder	Liz Bonkowsky.....458-0879
Sunshine Committee	Bernie Sisco..... 481-1310
Sounding Board	Keitha A. Libman
Friday Café	NEEDED
Holiday Party	NEEDED
Theatre Fundraiser	Molli Wagner..... 720-1185
Book Share	Barbara Starkey.....453-0779

BOARD MEETINGS: first Thursday every month

Oceanids Pavilion, International Center

Coffee and refreshments: 9:15 am, meeting starts at 9:45 am

PRESIDENT'S MESSAGE

Let me start by saying how thrilled I was to see so many of you at our fall luncheon, which was so wonderfully prepared and organized by our first vice-presidents. It was not only the food, the lively conversations, and the smile on your faces, which made me happy. Oh no, it was also the almost never-ending presentation of the different interest group leaders. Some are even chairing several groups! Is there anything we don't offer?! So much choice! A VERY BIG THANK YOU TO ALL OF YOU WHO MADE THE FALL LUNCHEON SUCH A TREMENDOUS SUCCESS.



I hope many of you will join us at our Holiday party at the International Center – December 5, 2009 from 4 p.m. to 7 p.m. Bring a little appetizer, if you feel like it.

I wish you all the best for the coming year, enjoy the festive season, and don't forget to lend a hand where a hand is needed.

Irene K. Larrimore

*Of all the things that are offered by wisdom
To ensure happiness through the whole life,
By far the most important is having friends.*

(Epicurus 341-271 BC)

Oceanids has an e-mail mailing list!

The purpose of the listserv or email distribution list is to allow our President, Board members, Interest Group chairs or anyone else with an important announcement to contact our membership.

Also, the Oceanids news will be sent electronically as a PDF-file which you can read online or print out.

If you have questions, have an announcement for Oceanids, or are a new subscriber, please email the listserv administrator, Judy Vacquier, at jvacq@sbcglobal.net

Also, anyone who would like to make corrections to the directory and/or to our database (from which we obtain the addresses for 'Oceanids news' mailings), please e-mail Judy.

CHECK OUT OUR WEBSITE AT:

<http://orpheus.ucsd.edu/oceanids/>

LA JOLLA MONEYBOOKS - \$25

Available at the Holiday Party !!!

For each La Jolla Moneybook sold OCEANIDS will receive \$12.50 this year. In addition to adding to our service awards fund, the value of each coupon in the Moneybook has increased this year.

Our favorite 2-for-1 coupons on meals are included from such places as:

- The Cottage (D)
- Jeff's Burgers (D)
- Roppongi (L)
- China Chef (L)
- Café Lavande (D or L)
- Bistro Pazzo
- Thai Pan Cuisine (D or L)
- 28 restaurants in all

There are 10 coffee, yogurt or ice cream shop coupons. Also 7 of the coupons are from the Bird Rock area this year.

Maxine Bloor

LAST CHANCE !!!!

UC San Diego Oceanids Opportunity Drawing

Board member Mary Woo has generously donated "Serene Bamboo", an 80" x 80" cotton quilt in cotton batik fabrics created by Mary Woo for the benefit of the Oceanids General Projects Fund. We hope to raise enough money to cover the cost of a new computer.

The drawing will be held at the Oceanids Holiday Party, December 5, 2009. Tickets are \$5.00 each or six for \$25.00. This is not tax-deductible. To purchase tickets please contact your interest group chair or Barbara Bank at 858-484-4597, or bbank@ucsd.edu



Ruth Leavenworth Antler Fejer
September 19, 1905 – November 2, 2009

Ruth Fejer had been a member of Oceanids for 40 years. In 1968, she married Jules Fejer, a Professor of Electric and Computer Engineering at UCSD. By her first husband, Harry Antler, Ruth had her daughter, Miriam Antler Sievers and son Nathaniel Antler. Jules Fejer predeceased Ruth in 2002.

Ruth was an art major in college, and later, in the 1950's, she earned her MA in painting and drawing from SDSU. After her retirement from teaching in the San Diego Schools in 1968, traveling and living abroad with Jules gave Ruth great pleasure.

In 1977 we were living in Lindau, Germany and she and Jules lived in Gottingen, Germany as our husbands were working at the Max Planck Institut fur Aeronomie in Lindau. The four of us had wonderful times walking in the German forests (They had met on a Sierra Club hike.) and eating in ancient castles with modern restaurants. Jules was a native of Budapest, and Ruth appreciated the European way of life. A daring skier, Jules had adventure-loving Ruth skiing in Switzerland at age 65; they traveled everywhere.

The Fejer home in La Jolla was always a warm, gracious place where Ruth and Jules entertained frequently with dinner parties. The Fejers were very generous with their hospitality.

“Joy” is a word that describes Ruth. She was a member of the Oceanids’ Book Group and Gracious Aging. We will miss a rare and beautiful woman, who was always smiling and laughing.

Mary McIlwain

Book share

Remember that the Book Share basket is in the Ellen Revelle Pavilion. You can borrow any book in the basket, read it, and then return it.

Please welcome new Oceanids members :

(Due to privacy restrictions, personal information is not available online)

Julia Cardoso
Stephanie Freeman
Nadia Frigeri,
Esther Moscona

Y gæqo g'dcentvj gug'b go dgtuκ

Anderson, Lynn
Baouendi, Helene

The following have changes in the directory:

Mayer, Jean
Bernstein, Joan
Binney, Dru
Libman, Keitha
Miura, Malkit
Morera, Martha
Rosenblatt, Murray
Spooner, Charles
Stowell, Emily
Weaver, Shirley
Wills, Liz Fong

- **NEW Interest Group: (NOTE time and date change in December.)**
- **Drawing and Painting Around San Diego:**
- We will meet the fourth Thursday at 9:30 am at the corner of Dunaway Drive and Glenwick Drive in La Jolla to carpool to our location. If you live in North County and want to carpool from there, contact Liz Winant at lwinant@ucsd.edu. We will draw, paint or photograph from about 10 to 12, then have lunch (some cars may stay for lunch, others may return by 12:30). Bring your art materials, something to sit on, sun protection, water and a sack lunch or lunch money. RSVP to Judy Vacquier at jvacq@sbcglobal.net or 858-459-7834. All levels are welcome. No instruction provided, but hopefully some inspiration and encouragement will be plentiful! If there is enough interest, we may also start a weekend group. See calendar for date of outing.

HOW NOT TO GET OLD WHEN YOU'RE AGING

Just when you've reached that blessed stage in life when you no longer have to leap out of bed mornings to retrieve a child's matching shoe from under a dresser, or locate a sheet of homework the disappearance of which is blamed on the dog's demolition instinct, just when you can linger in bed -----that's when you feel like last week's banana. This is now the time you must c-r-e-e-p out of bed SINGING. Any old bit of a tune will do. Can't remember any? Keep a list of oldies by your bedside in CAPITAL letters so you can read them without your bifocals. You may have been a staunch Glee Club-er, no matter if you now only croak the song - who's to hear you in your room?

“It was just one of those things,
Just one of those crazy, crazy flings
A flight to the moon
On gossamer wings....”.

I remember flicking through my hymnal once and coming to the phrase: “Make a joyful noise unto the Lord”. Don't. That phrase always makes me so glad I'm not God and not having to field all the endless begging by humans: success in an unexplained war, end of the high fever for a child with measles, a gold medal win in the Olympics, etc. I would hate to have to deal with that endless begging, even if always preceded by heaps of praise and songs to wondrous me.

Don't get me wrong. A person needs the occasional push and praise for how well the challenge of aging is met. So here at last is a list of do's and don'ts:

1) Laugh out LOUD and guttural-y. Everything is funny, very funny. Don't lose your sense of humor; believe me, almost everything is funny. I suggest laughing at yourself. Avoid laughing at others, unless it's a clown whose business needs loud reassuring laughs.

List of things to laugh at:

- a) your hair falling out (bald people have always been funny) especially with a toupee. But men have not cornered the market here. Wigs can be very fetching. Go for it.
- b) not hearing exactly what people are saying when they give you long-winded advice. (Actually this is a case of feeling lucky)
- c) wobbly legs and slow brain function. What's to laugh? Not EVERYTHING is funny.

2) Never but NEVER ask an aging bore how she or he feels, unless you can simultaneously do your neck stretching exercises: left to right and up and down. A good one here is to raise your torso and eyebrows (in shock and commiseration). When you've been dismissed here you need to make a mental note to scratch this shocking behavior on your to do list.

3) Save all your own complaints for your doctor in writing. He will think you're crazy and put it in a folder with your name on it.

4) Next a slight contradiction: keep up all your social contacts but remember the warning re: “and how are you, my dear?”

5) Eat hearty (ugh), but DO IT and always praise the food preparer, even if it means patting yourself on the back. It's a stretch, but good exercise; the patting, I mean.

6) Teeth? Going to skip that one. Repeat: not everything is funny.

To be continued as soon as this writer acquires more knowledge. In her 93rd year she is still working at it.

Elibet Marshall

SOUNDING BOARD

EVERY 1ST THURSDAY AT 12 NOON.....

Oceanids and friends of the university meet at the Faculty Club, convene in a specially designated room to eat lunch and listen to fascinating speakers. You can be sure of a lively discussion!

Chancellor Fox will be our sounding board speaker on Dec. 3
at the Faculty Club Lounge for UC San Diego Oceanids.
"UC San Diego at 50: Achieving the Extraordinary."

Marye Anne Fox, the seventh Chancellor of the University of California, San Diego, is a nationally known chemist and academic leader. Appointed Chancellor of UC San Diego in April 2004, Fox also holds the title of distinguished professor of chemistry and has received honorary degrees from 12 institutions in the United States and abroad. She is an elected member of the National Academy of Sciences. Previously, she was chancellor and distinguished professor of chemistry at North Carolina State University, and she has held several posts at the University of Texas-Austin. She received her B.S. degree from Notre Dame College, a master's from Cleveland State University, and a Ph.D. from Dartmouth College. Fox is married to chemistry professor James K. Whitesell; she is the mother of five sons and grandmother of eight grandsons and one granddaughter.

Molli Wagner

Attention: Sounding Board Attendees!

In order to get the room for the lectures without cost we had to promise that the people who attend the talks will purchase their lunch (all you can eat and drink, including dessert, for \$12.50 for guests and \$8 for Faculty Club members!! Coffee and iced tea are provided in the meeting room) at the Faculty Club. The lunch should only be eaten in the meeting room, not in the dining room, please. The speaker is introduced at about 12:20 and talks for about 20 to 25 minutes. A discussion period follows. Interruptions with questions or statements during the talk are allowed, even welcome-- it's very informal. Sounding Board is usually over by 1:00-1:15 p.m.



OCEANIDS IS OPEN TO ALL WHO ARE INTERESTED IN UCSD

Print your name as you would like it to appear in the OCEANIDS DIRECTORY. Check here if you don't want to be listed: _____

Name: _____ Spouse's Name: _____

Address: _____

City, State, Zip: _____ Type of Membership: _____

Home Phone: _____ Work Phone: _____

Cell #: _____ Email: _____

ANNUAL MEMBERSHIP: \$35; SUSTAINING: \$250 & LIFE MEMBERSHIP: \$500

All gifts, memorials and dues are **tax deductible** when made payable to "UC San Diego Foundation".

Please write the purpose on the "Memo" line.

Send check(s) & completed form to:

OCEANIDS, INTERNATIONAL CENTER 0049, 9500 GILMAN DR., LA JOLLA, CA 92093-0049

On washing and drying clothes the old-fashioned way by Odette Filloux

Now that the venerable *New York Times* has recently printed an article dealing among other things with some of the risks you might encounter today in the U.S.A. when hanging your laundry on a line in your own back yard**, I feel that I must divulge for our modest publication this outdated practice of mine, which up to now I had felt somewhat embarrassed to admit, namely my commonplace use of the clothespin and the clothesline.

For people like me, usually foreign-born and in my case in a country where the sun was most of the time shining hot and the wind blowing steady, it remained a habit, difficult to shake off. Yet when I began thinking about this topic, what came to my mind is a memory related to it but in a tangential way. You might find it fun to read its account.

But first let me alleviate your fears by insisting that I do not intend here to bore you with the fashionable stance of praising clothesline hanging for the noble cause of saving on gas, electricity, longevity of the garment, etc...even if I would love to do so! No, this will not be our “conversation” to use a term so much in vogue today that finding it on this page will make this writing instantly up to date. Again, even if I do realize, as pointed out in the aforementioned *New York Times*, that hanging laundry “draws in all these questions about individual rights, private property, class, aesthetics, the environment” and that further more practicing clothesline drying in California in the twenty-first century if it has some drawbacks, has mostly pleasant consequences like being outdoors in the open air, while looking at plants and birds, with no rumbling noise, physically engaged and... but I am rambling on too long and I had promised to not bore you with particulars, so here to the story:

When I was 8 or 9 years old, my parents punished me for a rather important offense by grounding me at home while the whole family was to go on a fun outing. This being totally unusual and I had felt somewhat deserved, I had to accept the verdict. Yet it was Laundry Day and the person who was in charge of it, a certain Madame C. whom I knew well, would see to it that I would keep out of mischief and that nothing bad would happen to me. We lived in an apartment house in town, and each month, each tenant was assigned a few days for laundry purposes. All buildings in this Mediterranean climate were roofed with accessible terraces which in our case were equipped with special quarters, “buanderies” in French, or laundry rooms. Being all day with the lady in charge I observed for the first time first hand the formidable ritual that it all involved. -First, there was the sorting of the clothes (white and color) and after a prewashing using the famous bars of “Savon de Marseille” (Marseille soap) made with olive oil in the city bearing this name, they were left to soak for at least one hour or so. This was done in huge cement tank-like tubs, of which one side was inclined and corrugated and as such used for washing. After the soaking, the clothes were hand wrung and then rinsed, at least two or three times. Madame C. was a powerful woman who handled all this monumental amount of clothes with apparent ease and gusto. She would then fill the “lessiveuses” or boilers with a defined amount of water. Those were big cylindrical containers made of galvanized iron, equipped with a central pipe going from the bottom and ending at the top in a sprinkler-like fashion. They were heated in our case by gas. The washing powder was measured and added to the water and the clothes distributed loosely around the pipe, were held by a grid above the water. When the water in the boilers had reached the right temperature, it would rise up into the central pipe and be sprinkled over the clothes over and over again. A steam of vapor would then permeate the room and you felt all along like an accomplice in some kind of magical ceremony which lasted for a long time and appeared to me to have no end. When finally the clothes were extracted dripping wet and heavy you tried breathing a sigh of relief before they were again laboriously hand wrung and rinsed several times until the last rinse was totally clear. -For the white wash it further ended with a special treatment in another tub where the laundry was blued. Silently for myself I would name this color “bleu d’outremer” or “ultramarine blue” and I would find it so much in tune with our locale both by its tint reflecting our sea and then by its name (our country being defined always as a “territoire d’outremer”, which happens in French to mean both “an overseas” and “an ultramarine territory”), that I kept looking at it in wonder as the lump of the blue substance was being diluted in the water and the clothes were soaked into it. When they were pulled out of this tub, I had never seen a white as white as the resplendent one proudly exhibited by Madame C. You can easily understand how and why in those days, not only was the washerwoman treated with respect, but also were the clothes themselves treated with reverence by everyone who had performed or witnessed such procedures. It all required of the person in charge so much strength, effort, work and know how!

When came the time to hang them on the lines that crisscrossed the terrace, looking at them ballooning in the wind, it was easy to imagine why the gods had no doubt been invoked by each one of us for sun and clement weather! Madame C. had tried all along to involve me in the whole process and I had helped hand her the clothespins, and carry the baskets from here to there, and when all was finished, we finally rested for a while together on top of the world, way up near the sky. I had felt all day part of an important endeavor, a sort of performance in which each act had to be carried out well and seriously for the accomplishment of the next one, and where the responsibility was at once in your hands and yet strangely in some other ones when it came to its conclusion with the drying on the terrace. Madame C. would say, lifting up her eyes, “A la grace de Dieu” which was maybe a little too grandiose a phrase but which in a manner allowed us to remain way up there together with the blowing wind and the shining sun.

Now, when I see my grandchildren change clothes three or four times a day, while I know that thanks to washing machine and dryer it’s all made possible and easy, I am still wondering where is real progress to be found since there are now three times more clothes to wash and dry on any given day than there were long ago; besides there is no Madame C. on hand to fortuitously teach them why these clothes should be treated with restraint and care!

** As reported in the N.Y.T., “in Verona, Miss., one man shot and killed another last year because he was tired of telling the man to stop hanging his laundry outside”!

OCEANIDS' INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are meeting the many varied needs of UCSD families, also those new to the UCSD campus and the community. If you have questions, please contact Mary Hanson. (858 456-1304), Interest Group Coordinator. If five or more Oceanids wish to start a new group, please let her know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us by calling Judy Vacquier (858) 459-7834 or by submitting the application form in this issue.

Since the newsletter is posted on the Oceanids website we will, for security reasons, not publish addresses. Please call the contact for the necessary information. If you do not want your telephone number in the newsletter, please let the editor know.

ALL ABOARD

Contact: Barbara Bank at (858) 484-4597 or barbara@sdna1.ucsd.edu

All Aboard will have a third trip to the Bowers Museum on Tuesday Dec. 8 to accommodate those who were unable to go in October. We will meet at the Solana Beach Amtrak Station at 8:30 A.M. and take the 8:44 AM train to Santa Ana, arriving at 9:58. From the Amtrak Station we can walk the 1.5 miles to the museum, or catch a bus. We will return from Santa Ana on the 2:50 train. The round trip Amtrak train fare is \$32 Adult, \$27.20 Senior, or \$21.10 per person for a group of five travelers.

The exhibits at the Bowers in October are: "The Baroque World of Fernando Botero" and "Latin American Masters from the FEMSA Collection." Their website is <<Bowers.org>>.

Please contact Barbara Bank if you plan to join us.

Next meeting: December 8

AVI SET BIRDERS

Contacts: Sidney Bagley (858) 455-1477, Lou Bowles (858) 755-7102, or Joany Mosher (858) 454-0017

Our birding group meets promptly at 8am the second Monday of each month **during the academic year**. The La Jolla group will meet at the corner of Dunaway Dr. and Glenwick Pl. in La Jolla. The North County birders will meet at the home of Lou Bowles, in Del Mar. We will carpool from these locations to sites around the county. Members will be called.

Next outings: December 14 and January 11.

BOOK GROUP

Contact : Tobe Barban Rothaus (858) 551-8083 or Janet Goff (760) 753-3472

We meet the second Tuesday of every month at 9:30 AM for chatting; 10:00 for our book discussion. We welcome all readers; please join us.

Date/Title and Author/Host/Discussion Leader

December 8/Out Stealing Horses by Per Petterson/Barbara Nemiroff/Barbara Penn

January 12/The Cannibal Galaxy by Cynthia Ozick/Ruth Stern/Charlotte Mamorsky

Next meetings: December 8 and January 12.

CAFÉ ESPAÑOL

Contact: Judy Vacquier (858) 459-7834 or jvacq@sbcglobal.net

This conversation group is designed for fluent Spanish speakers who wish to keep up their Spanish and learn new vocabulary. We meet the first Wednesday of the month. One hour of conversation and one hour of reading aloud and group discussion. La próxima reunión de Café Español será el miércoles, 2 de diciembre, 1:30-3:30, en la casa de Judy Vacquier. Favor de contestar a Judy 858-459-7834, jvacq@sbcglobal.net. La reunión en enero será el miércoles, 6 de enero, 1:30-3:30. Favor de llamar a Judy Vacquier para obtener la dirección (858-459-7834, jvacq@sbcglobal.net).

Next meetings: December 2 and January 6.

CAFÉ FRANÇAIS

Contacts: Lucie Walther (858) 755-8060 ; Patricia Stone (858) 454-5949

Le prochain cafe francais aura lieu le 9 decembre a 13:00 heures chez Mary Hanson, 7056 Caminito Valverde, La Jolla, CA 92037. Son numero de telephone est: 858-456-1304. Veuillez lui faire savoir si vous avez l'intention d'assister a cette rencontre. Nous n'avons pas encore trouve d'hotesse pour le mois de janvier et nous vous ferons savoir par e-mail ou on se retrouvera le 10 janvier 2010!

Next meetings: December 9.

CINEMA SOIRÉE

Contact: Roswitha Enright (858) 459-7375

The group meets at a designated home on the **second Sunday** of each month (all year long) at 7:00pm for socializing; movie discussion starts at 7:30pm sharp. Light refreshments will be served. For more information call Roswitha.

Next meetings: December 13 and January 10.

DAY BRIDGE

Contact: Beate Menzel (610) 401-1557 or jrbmlmenzel@sbcglobal.net

We meet the **first and third Tuesdays** of the month all year long at various members' homes. We start at 10am and usually end at 3pm. Everyone brings her/his own lunch. The hostess will provide drinks. Call for information.

Next meetings: December 1+15 and January 5+19.

DRAWING AND PAINTING AROUND SAN DIEGO

Contact: Judy Vacquier (858) 459-7834 or jvacq@sbcglobal.net

Bring your art materials, something to sit on, sun protection, water and a sack lunch or lunch money. RSVP to Judy Vacquier at jvacq@sbcglobal.net or 858-459-7834. All levels are welcome. On Thursday, December 17th, we will carpool to the San Diego Embarcadero or meet in front of the Star of India at 10 am. On Thursday, January 28th, we will carpool to Old Town or meet in front of the Visitor's Center at 10 am.

NOTE: time and date change for December.

Next meetings: December 17 and January 28 (SEE PAGE 4).

EVENING BRIDGE

Contact: Barbara Bank at (858) 484-4597 or barbara@sdna1.ucsd.edu

The couples Evening Bridge Interest Group meets at 7:30pm on the **fourth Saturday** of the month all year long at one of our members' homes. If you wish to play on a regular basis, or just occasionally, please contact Barbara Bank.

Next meetings: For December: Call contact, January 23.

GERMAN KAFFEEKLATSCH

Contact: Roswitha Enright 858 459-7375 (renright@ucsd.edu)

This group is for beginners and experienced German speakers alike. Guaranteed no pressure. Just come on the **3rd Tuesday at 4 pm** and have a good time. Only German spoken. If you want to join, please call Roswitha.

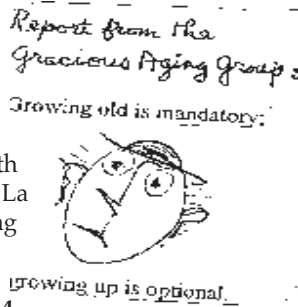
Next meetings: December 15 and January 19.

GOURMET GROUP

Contact: Susan Starr (858) 455-1630 or susanstarr1@ucsd.edu
This is a group for those who like to try cooking new things. Our next meeting will be Saturday evening, December 12. Our theme is Northern Italian. If you'd like to join us at this or a future meeting, call Susan, or email: susanstarr1@gmail.com
Next meeting: December 12.

GRACIOUS AGING

Contact: Yvonne C. Brown (858) 459-3698
This group has an age requirement. You must have lived 80 years to participate! We meet on the first Monday of the month from 11am- 2pm at the Quaker House in La Jolla to discuss a variety of subjects. Bring your own apple (lunch). Call Yvonne for details.
Next meeting: December 7 and January 4.



HIKING IN AND AROUND SAN DIEGO COUNTY

Contact: Roswitha Enright (858) 459-7375, renright@ucsd.edu
We meet at 8:30am on the second Saturday of each month (October to May or June) at the La Jolla Village Shopping Center parking lot and carpool to the starting point of the hike. Bring a lunch, plenty of fluids, sturdy shoes and sun protection! Friends and family are invited. Call the week before the hike if you would like to come.
Next hike: December 12 and January 9.

MOVEABLE FEAST I

Contact: Liz Fong Wills (858) 454-6858; lizfongwills@yahoo.com
This dining-out group is currently at capacity but we are taking a wait list.
Next meeting: contact Liz Fong Wills

MOVEABLE FEAST II

Contact: Shirley Babior (619) 542-0536 or Babior@earthlink.net or Mary Cutchin (858) 459-8074 or marycutchin@yahoo.com
This group meets (usually) on the third Sunday of each month for drinks at a member's house. From there we carpool to the restaurant. Contact Shirley Babior or Mary Cutchin for information and reservations.
Next meeting: Call contact.

MUSEUM GROUP alternating with GARDENING CLUB

Contact: Barbara Starkey (858) 453-0779; bstarkey@ucsd.edu for Museum; Mary Lynn Hyde 858-488-9283 or mlhyde@san.rr.com for Garden Club

Museum Group: Call Chair.

PHOTO DIGERATI

Contact: Jane Takahashi (858) 638 7822
We meet on the second and fourth Tuesday from 1 to 4 pm each month. 1st meeting is at the Pavilion, 2nd will involve outdoor picture-taking. This is for all who are interested in learning more about digital photography. For more information call Jane.
Next meetings: December 8+22 and January 12+26.

PIANO AND CHAMBER SOIRÉE

Contact: Judy Vacquier (858) 459 -7834 or jvacq@sbcglobal.net
The December Soiree will be at the home of Polina Sisman, Sunday, December 27th, at 7:00 pm. Please RSVP to Polina at 858-274-0239 or polinasisman@hotmail.com or <mailto:polinasisman@hotmail.com>. In January, we will meet at the home of Mary Hanson, Sunday, January 24th, at TBD. RSVP to Mary at 858-456-4304 or mhanson@san.rr.com and to find out the time.
Next meetings: December 27 and January 24.

SOUNDING BOARD

Contact: Keitha A. Libman ; klibman@ucsd.edu
See page 6 for information.
Next meetings: December 3. NO SOUND. BOARD IN JANUARY

STAMP GROUP

Contact: Betty Shor (858) 453-0334 orbshor@sio.ucsd.edu
We do not meet on a regular basis, but welcome other collectors to join our informal exchange.
Next meeting: contact Betty Shor

WALKING GROUP

Contact: Judy Vacquier (858) 459-7834 or jvacq@sbcglobal.net
This interest group encourages fitness and friendship by walking with other Oceanids in your neighborhood. You decide the time and route. Contact Judy Vacquier at jvacq@sbcglobal.net or 858 459 7834 for a list of walkers in your neighborhood. Areas: North La Jolla/UCSD, Mt. Soledad/South La Jolla, Del Mar, University City, Pacific Beach, North County, Poway, Mission Hills, and El Cajon.

WEDNESDAY COFFEE

Contact: Renate Berthold (858) 720-9276 or Georgina Sham (858) 459-1336
Come join our social group of Oceanids, newcomers, postdocs, students, and their children for refreshments at the International Center every Wednesday, 10am-12 noon during the academic year. You'll make friends and learn strange and wonderful American customs.
Visit the Kitchen Exchange where newcomers can rent kitchen, household, and baby equipment for a small fee.

WINE TASTING I

Contact: Pat Kampmann (858) 454-1856
Exploring the taste sensations of a new wine or an old vintage, this group meets the third Friday monthly. Members rotate as hosts. However, this group is currently at capacity. For questions, contact Pat Kampmann.
Next meetings: December 18 and January 15.

WINE TASTING II

Contact: Barbara Scholz (858) 350-6014 or bscholz@hotmail.com
We meet monthly. Members rotate as hosts. The cost for wine and food is shared among the people attending (approximately \$8.00 per person).
Next meeting: call contact.

WITS I

Contact: Pat Kampmann (858) 454-1856
This long-time investment group allows one to learn and earn on one's own. We meet at the Oceanids Pavilion on the 4th Tuesday of the month all year long from 1:30pm-3:30pm.
Next meetings: December 22 and January 26.

WITS II

Contact: Bev Douglas (858) 453-4938
WITS II uses the principles of NAIC to study and evaluate companies for stock purchases. We meet on the 4th Wednesday of the month, from 3:30 to 5:00. Please visit to see if you would like to join.
Next meetings: NO meeting in December, next: January 27.



Scarlet Larkspur with seed pods, photo taken in the Torrey Pines Extension.

The scarlet larkspur lifts candleabra to sky to hail passers-by

Maryruth Cox

KEEP THE DATE ---FEBRUARY 18, 2010

You do not want to miss our Theatre Party !!!

We will have snacks and drinks before the performance of

THE REVENGER'S TRAGEDY

BY THOMAS MIDDLETON
(16th century playwright and poet)

The play will be directed by Christopher Ashley of the La Jolla Playhouse.

Hans Paar in memory of Netty & Rob Paar; Judith P. Vacquier in memory of Ellen Revelle, Marilyn Howe and Adylin Rosenblatt; Mihoko Vacquier; Judith Wesling; Elizabeth Winant; WITS1 in memory of Sally Kroll and Adylin Rosenblatt;

Gifts to Oceanids Undergraduate Service Awards Fund:

Elizabeth Connor; Jean Eppley; Gail Fliesbach; Jay and Mary Hanson; Serafeim and Marion Masouredis; R.D. and Teresa Norris; Suzanne Peltason; Kim Signoret-Paar and Hans Paar in memory of Netty & Rob Paar; Faustina Solis; Theodore and Therese Tanalski; Judith Wesling.

Gifts to Oceanids General Projects Fund:

George and Sarilee Anderson; James and Louise Arnold; Rita L. Atkinson; Martha Dennis; Marion Dixon; Roswitha Enright; Zelda Goodman; Enid Hinds; Steve Rossi and Mary Lynn Hyde; Gabby Kuperman; James and Ann Lemke; Edith Nierenberg; Helen M. Ranney; Barbara Saltman; Kim Signoret-Paar and Hans Paar; Elaine Watson; Mary Watson.

All gifts and memorials are tax deductible when made payable to "UC San Diego Foundation". Please write the purpose on the "Memo" line.

Kim Signoret-Paar and Liz Winant,
Financial Secretaries.

Thanks to our generous donors who have made gifts to Oceanids UC San Diego Foundation Funds. This calendar year Oceanids has given four Graduate Fellowships, six Undergraduate Service Awards, financial support for the Inaugural Ph.D. Careers Conference, and sponsorship of the Chancellor's Challenge 5K Walk/Run.

Sustaining Membership 20 years - \$250:
Suzanne Applebaum; James Bunch; Kathe Oesterreicher

Gifts to Oceanids Memorial Fellowship Fund:
Penny Adler; Penny Alexander; Colin and Maxine Bloor in memory of Ellen Revelle, Sally R. Kroll and Adylin Rosenblatt; D. Ann Fanestil; Jean and Odette Filloux; Mariette Kobrak; Ellen Lehman; David A. Liberman; Pauline Nachbar in memory of Marilyn Howe; Edith Nierenberg; Hamish and Denise Redford; Christa McReynolds in memory of Marilyn Howe; Murray Rosenblatt in memory of Adylin Rosenblatt; Robert and Barbara Starkey in memory of Ellen Revelle and Adylin Rosenblatt; Kim Signoret-Paar and

DECEMBER 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Day Bridge 1	KitX Wed. Coffee Café Español 2	BOARD MEETING Sounding Board 3	4	HOLIDAY PARTY 5
6	Gracious Aging 7	All Aboard Photo Book Digerati Group 8	KitX Wed. Coffee Café Francais 9	10	11	Hiking Gourmet Group 12
Cinema Soireé 13	Avi Set Birders 14	Day Bridge Kaffeeklatsch 15	KitX Wed. Coffee 16	Drawing/painting 17	Wine Tasting I 18	19
20	21	Photo Digerati WITS I 22	KitX Wed. Coffee 23	24	25	Evening Bridge 26
Piano and Chamber Soireé 27	28	29	KitX Wed. Coffee 30	31		

JANUARY 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 2
3	Gracious Aging 4	Day Bridge 5	KitX Wed. Coffee Café Español 6	BOARD MEETING 7	8	Hiking 9
Cinema Soireé 10	Avi Set Birders 11	Book Group Photo- Digerati 12	KitX Wed. Coffee 13	14	Wine Tasting I 15	16
17	18	Day Bridge Kaffeeklatsch 19	KitX Wed. Coffee 20	21	22	Evening Bridge 23
24 Piano and Chamber Soireé	25	WITS I Photo- Digerati 26	WITS II 27	Drawing/painting 28	29	30
31						

WELCOME NEWCOMERS!

**UCSD Oceanids
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La Jolla, CA 92093-0049**

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AND WELFARE OF THE UNIVERSITY OF CALIFORNIA